

2019 EX2 Adventures Fall Backyard Burn Trail Running Series
Race #3 Hemlock Overlook - November 10, 2019
Age Group Results

5 Mile Results (Actual Distance 5.2 Miles)

F 19-U

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	146	Emma	Whaley	8	Alexandria VA	1:03:49	50
2	5	Aslanian	Aslanian	15	Alexandria VA	1:05:18	41

F 20-29

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	67	Judith	Hooymans	27	Alexandria VA	0:47:08	50
2	90	Sabrina	Miller	25	Falls Church VA	0:54:11	41
3	154	Jessica	Wong	29	Alexandria VA	0:54:26	35
4	55	Emily	Griswold	27	Takoma Park MD	1:08:01	30
5	14	Schuyler	Blee	27	Washington DC	1:09:11	26
6	54	Elizabeth	Gill	27	Takoma Park MD	1:25:18	23
7	20	Stephanie	Brownley	27	Herndon VA	1:25:37	20
8	70	Stephanie	Hutson	27	Stafford VA	1:27:03	17

F 30-39

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	46	Miranda	Forte	34	Rockville MD	0:44:26	50
2	15	Erica	Blom	37	Washington DC	0:45:38	41
3	91	Robin	Millican	33	Alexandria VA	0:49:19	35
4	286	Rachel	Hodel	32	Washington DC	0:51:00	30
5	4	Emily	Armitage	35	Vienna VA	0:51:09	26
6	277	Jennifer	Drogus	34	Arlington VA	0:51:22	23
7	106	Nicki	Post	38	Alexandria VA	0:52:49	20
8	143	Jamie	Weikle	39	Alexandria VA	0:53:37	17
9	11	Lauren	Becker	37	Washington DC	0:53:46	15
10	97	Christene	Nichols	35	Burke VA	0:54:38	13
11	45	Bethany	Fisher	33	Alexandria VA	0:56:37	11
12	68	Tereza	Horejsova	39	Alexandria VA	0:58:05	9
13	117	Muna	Shikaki	39	Washington DC	0:58:16	8
14	74	Jennifer	Kelleher	38	Springfield VA	0:58:36	7
15	124	Alison	Stoecklin	39	Fairfax VA	0:59:49	6
16	6	Jessica	Babington	39	Oak Hill VA	1:00:50	5
17	136	Nikki	Twinaime	38	Falls Church VA	1:00:58	4
18	40	Jillian	Enoch	34	Springfield VA	1:01:00	3
19	59	Kimberly	Herring	38	Arlington VA	1:01:01	2
20	84	Lara	Maksymonko	38	Arlington VA	1:02:54	1

21	96	Kat	Ngo	39	Springfield VA	1:03:17	
22	152	Madeleine	Wisecup	33	Woodbridge VA	1:03:33	
23	92	Taryl	Millison	38	Alexandria VA	1:05:01	
24	79	Clara	Lau	38	Arlington VA	1:07:01	
25	25	Jessica	Champion	39	Woodbridge VA	1:07:14	
26	142	Jennifer	Weidman	36	Arlington VA	1:07:47	
27	157	Sara	Young	30	Leesburg VA	1:08:37	
28	86	Whitney	Martz	36	Burke VA	1:08:49	
29	130	Irene	Thomas	37	Arlington VA	1:09:29	
30	134	Sarah	Trusty	35	Sterling VA	1:10:37	
31	150	Emily	Wiley	32	Alexandria VA	1:11:38	
32	77	Rebecca	Kimport	38	Washington DC	1:11:50	
33	99	Erin	Owens	31	Washington DC	1:15:10	
34	285	Bethany	Banks	31	Washington DC	1:15:11	
35	123	Jessica	Stewart	32	Fredericksburg VA	1:17:00	
36	10	Danielle	Becker	37	Fairfax VA	1:17:25	
37	51	Maren	Gazulis	37	Herndon VA	1:17:42	
38	100	Rachel	Patterson	31	Stafford VA	1:27:03	
39	64	Julie	Hintz	34	Quantico VA	1:27:16	
40	21	Veronika	Buonaugurio	34	Washington DC	1:27:34	

F 40-49

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	144	Jenny	Wells	44	Annandale VA	0:49:53	50
2	12	Darcey	Bennett	44	Arlington VA	0:51:44	41
3	53	Jc	Gibbons	47	Reston VA	0:51:57	35
4	69	Tracie	Hough	41	Alexandria VA	0:52:56	30
5	129	Lisa	Sweetland	42	Annandale VA	0:53:43	26
6	107	Darcy	Rios	41	Montclair VA	0:53:49	23
7	125	Nyssa	Straatveit	42	Alexandria VA	0:55:23	20
8	151	Maureen	Williams	40	Springfield VA	0:55:24	17
9	78	Crystal	Kominar	41	alexandria VA	0:55:28	15
10	140	Jennifer	Walker	44	Oakton VA	0:55:39	13
11	44	Katherine	Fincher	43	Burke VA	0:55:56	11
12	71	Andrea	Jensen	46	Arlington VA	0:56:38	9
13	30	Julia	Corby	43	Springfield VA	0:57:44	8
14	63	Kathleen	Hinman	47	Alexandria VA	0:58:30	7
15	22	Cynthia	Carpenter	40	Washington DC	0:58:37	6
16	50	Jennifer	Fuerch	40	Arlington VA	0:58:38	5
17	121	Jill	Stacey	46	Washington DC	1:00:51	4
18	17	Amy	Bowman	43	Fairfax VA	1:00:55	3
19	8	Melissa	Bailey	43	Springfield VA	1:00:56	2
20	282	Lauren	Laitin	41	Washington DC	1:00:58	1
21	26	Laura	Christadore	42	Burke VA	1:00:59	
22	279	Kelly	Waud	42	Washington DC	1:01:19	

23	148	Marketa	Widmer	45	Alexandria VA	1:01:28	
24	81	Keri	Lewis	45	Virginia VA	1:03:50	
25	122	Michelle	Stanley	40	Springfield VA	1:04:14	
26	137	Jocelyn	Urgese	45	Fairfax Station VA	1:04:23	
27	98	Robin	Ochoa	43	Lorton VA	1:05:13	
28	35	Sarah	Danberg	42	Reston VA	1:05:37	
29	73	Tory	Karg	41	Burke VA	1:05:51	
30	56	Sarah	Halgas	44	Ashburn VA	1:06:06	
31	31	Jill	Corderman	44	Fairfax VA	1:08:33	
32	93	Stephanie	Mitchell	44	Arlington VA	1:08:42	
32	115	Amanda	Scoughton	42	Hanover PA	1:08:42	
34	42	Taryn	Fimiani	43	Vienna VA	1:08:52	
34	60	Hillary	Hertler	48	Washington DC	1:08:52	
36	108	Megan	Roessing	42	Arlington VA	1:09:00	
36	29	Jennifer	Connor	44	Arlington VA	1:09:00	
38	39	Jamie	Dobson	43	Manassas VA	1:09:18	
39	28	Amelia	Cohn	42	Alexandria VA	1:09:36	
40	13	Blaire	Bhojwani	49	Leesburg VA	1:10:35	
41	34	Erin	Curry	47	Fairfax VA	1:11:41	
42	103	Meredith	Phillips	41	Washington DC	1:11:48	
43	147	Wendye	Whatsitoya	41	reston VA	1:12:01	
44	128	Deanne	Swan	49	Springfield VA	1:12:14	
45	114	April	Schwartz	41	Fairfax VA	1:13:02	
46	113	Natasha	Schuh-Nuhfer	40	Sterling VA	1:13:19	
47	132	Carrie	Traverso	40	Washington DC	1:13:24	
48	131	Ariana	Tkachuk	41	Ashburn VA	1:13:25	
49	33	Teresa	Crawford	44	Washington DC	1:15:35	
50	23	Katherine	Carr	42	Washington DC	1:18:43	
51	1	Jane	Alonso	45	Washington DC	1:22:33	
52	83	Sarah	Maguire	40	Washington DC	1:31:19	

F 50-59							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	48	Anita	Freres	54	Vienna VA	0:48:31	50
2	61	Beverly	Hess	54	Arlington VA	0:53:10	41
3	153	Amy	Woitach	51	Potomac MD	0:56:13	35
4	156	Susan	Yenyo	51	Springfield VA	1:00:10	30
5	32	Mary Beth	Corrigan	58	Alexandria VA	1:03:24	26
6	118	Alix	Shutello	50	Vienna VA	1:05:44	23
7	82	Monica	Ludwig	55	Washington DC	1:07:36	20
8	18	Deb	Brown	55	Timonium MD	1:07:51	17
9	94	Jennifer	Morrison	52	Herndon VA	1:10:19	15
10	139	Karin	Varblow	52	McLean VA	1:11:51	13
11	62	Stefanie	Hession	51	Fairfax VA	1:12:03	11
12	16	Margaret	Bolen	53	Manssas VA	1:12:35	9

13	2	Ann	Andrews	56	Annapolis MD	1:13:14	8
14	80	Tammi	Lawler	50	Alexandria VA	1:13:19	7
15	52	Grace	Gede	55	Reisterstown MD	1:14:24	6
16	120	Emily	Smith	56	Annadale VA	1:18:20	5
17	27	Cory	Churches	50	Washington DC	1:18:48	4
18	88	Melinda	Matheny	55	Burke VA	1:27:46	3
DNF	41	Claudia	Escribano	58	Sterling VA	DNF	

F 60+							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	89	Lisa	Mcknight	62	Fairfax Station VA	1:00:31	50

M 19-U							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	190	Kyle	Dehoust	15	Reston VA	0:40:34	50
2	194	Logan	Ellwein	12	Falls Church VA	0:50:51	41
3	198	Cael	Ferland	14	Chantilly VA	0:51:04	35
4	263	Cooper	Stacey	10	Washington DC	1:00:52	30

M 20-29							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	227	Evan	Kent	25	Falls Church VA	0:37:24	50
2	184	David	Cowan	27	Arlington VA	0:41:18	41
3	241	Oliver	Melvin	25	Arlington VA	0:42:25	35
4	248	Kyle	Northrop	29	Washington DC	0:50:32	30
5	273	James	Waltz	28	Arlington VA	1:00:55	26
6	213	Seth	Hein	24	Fairfax VA	1:07:37	23
7	280	Jahan	Johal	25	Washington DC	1:09:05	20
8	215	Tyler	Hensley	26	Herndon VA	1:25:27	17

M 30-39							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	208	David	Gooze	31	Washington DC	0:39:09	50
2	182	Matthew	Cleveland	31	Sterling VA	0:40:43	41
3	246	Josh	Nichols	35	Burke VA	0:42:30	35
4	283	Jim	Duncan	37	Washington DC	0:44:12	30
5	239	Daren	Mcculley	36	Washington DC	0:44:21	26
6	176	Scott	Camillo	38	Silver Spring MD	0:44:46	23
7	192	Shane	Doss	34	Springfield VA	0:44:58	20
8	269	Tim	Vandewalle	39	Alexandria VA	0:47:59	17
9	261	Thomas	Seeley	35	Manassas VA	0:48:31	15
10	209	Mitko	Grigorov	36	Washington DC	0:51:00	13
11	249	Andrew	Olesen	34	Arlington VA	0:51:53	11
12	271	Allen	Wagner	37	Haymarket VA	0:53:18	9

13	268	David	Towberman	39	Washington DC	0:53:47	8
14	180	Matthew	Chase	39	Fort Belvoir VA	0:55:01	7
15	218	John	Hocker	33	Alexandria VA	0:55:49	6
16	160	Neil	Barbieri	33	Fairfax VA	0:57:02	5
17	257	Nicholas	Rotteveel	37	Springfield VA	0:57:18	4
18	223	Edward	Joyce	39	Fort Belvoir VA	0:57:31	3
19	219	Andrew	Janeczko	34	Fairfax VA	0:58:00	2
20	230	Guillermo	Letona	37	Falls Church VA	1:01:06	1
21	210	Navindra	Gunawardena	37	Alexandria VA	1:05:10	
22	224	Kevin	Karg	39	Burke VA	1:05:51	
23	272	Meir	Walters	39	Washington DC	1:06:35	
24	259	Jeff	Sciscilo	37	Manassas VA	1:07:06	
25	238	Isaiah	Martinez	39	Fort Belvoir VA	1:10:09	
26	256	Javan	Rothwell	36	Leesburg VA	1:10:24	
27	170	Dave	Brownley	34	Oakton VA	1:25:37	

M 40-49							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	228	Stephen	Ketcham	40	Fairfax Station VA	0:34:09	50
2	191	Joe	Doherty	40	Alexandria VA	0:38:57	41
3	245	Keith	Nelson	44	Vienna VA	0:41:21	35
4	211	Alistair	Hastings	42	Reston VA	0:41:43	30
5	247	Chris	Noland	47	Sterling VA	0:42:11	26
6	178	Ray	Champion	45	Woodbridge VA	0:42:25	23
7	270	Michael	Vega	41	Ashburn VA	0:42:44	20
8	243	William	Moore	41	Bethesda MD	0:44:23	17
9	43	Jason	Fincher	41	Burke VA	0:45:28	15
10	199	Jacob	Ferry	42	Aldie VA	0:46:33	13
11	217	Brent	Hill	49	Alexandria VA	0:47:39	11
12	278	Brian	Waud	44	Washington DC	0:47:42	9
13	168	Chris	Branchetti	42	Warrenton VA	0:48:35	8
14	255	Sergio	Rios	41	Montclair VA	0:49:06	7
15	183	Brent	Corby	45	Springfield VA	0:49:48	6
16	250	Will	Plath	47	Clifton VA	0:50:19	5
17	229	Marc	Laitin	45	Washington DC	0:50:56	4
18	216	Jose Omar	Hernandez	40	Alexandria VA	0:51:50	3
19	206	Nicolas	Gil	40	Springfield VA	0:53:32	2
20	260	Erik	Scudder	40	Aldie VA	0:54:05	1
21	214	Vince	Heishman	49	Centreville VA	0:54:39	
22	276	Conrad	Windisch	48	Falls Church VA	0:54:45	
23	207	Noah	Goodman	42	Vienna VA	0:54:54	
24	203	Greg	Garst	49	Haymarket VA	0:55:31	
25	254	Matthew	Ringier	44	Vienna VA	0:57:00	
26	262	Brian	Shea	43	Alexandria VA	0:57:08	
27	235	Michael	Lynch	41	Arlington VA	0:57:14	

28	221	Brent	Johnson	49	Fairfax VA	0:58:06	
29	193	Joshua	Ellwein	44	Falls Church VA	0:58:15	
30	201	Clay	Fimiani	42	Vienna VA	0:58:34	
31	200	David	Fick	43	Fairfax VA	1:00:22	
32	267	Brian	Teufel	40	haymarket VA	1:01:05	
33	265	Brian	Sweeney	43	Aldie VA	1:01:20	
34	189	J	Dee	47	Annadale VA	1:01:37	
35	181	Peter	Chirico	48	Vienna VA	1:01:46	
36	175	Scott	Cadle	45	Vienna VA	1:02:27	
37	169	Alan	Brewer	47	Washington DC	1:02:43	
38	164	Michael	Belinkie	43	Arlington VA	1:04:01	
39	275	Jason	Wenrich	42	Herndon VA	1:04:03	
40	186	Tony	Cusumano	42	Arlington VA	1:04:23	
41	281	Kirby	Hayes	49	Arlington VA	1:10:39	
42	162	Nate	Bashaw	40	Clifton VA	1:12:37	

M 50-59							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	251	Steve	Ramsdell	53	Burke VA	0:48:18	50
2	284	Joseph	Boyle	52	Oakton VA	0:48:29	41
3	166	Mark	Billinghamurst	58	arlington VA	0:49:18	35
4	266	Thomas	Teifke	54	Arlington VA	0:52:05	30
5	167	Ken	Bocam	53	Potomac MD	1:00:47	26
6	185	Robert	Creek	51	Fort Meade MD	1:02:20	23
7	197	Jose	Feijo	57	Washington DC	1:05:11	20
8	233	Bob	Ludwig	57	Washington DC	1:08:07	17
9	212	Eric	Hein	57	Fairfax VA	1:11:20	15
10	202	Daniel	Flavin	53	Herndon VA	1:12:34	13
11	179	Chiao	Chang	59	Fairfax VA	1:12:38	11
12	165	George	Bernier	55	Hanover PA	1:20:10	9
DNF	253	David	Ravetti	50	Springfield VA	DNF	

M 60+							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	161	Ron	Bardach	62	Vienna VA	0:49:22	50
2	252	Paul	Rapavi	62	Springfield VA	0:52:12	41
3	234	Lusk	Lusk	65	Fairfax VA	0:54:32	35
4	225	Ronald	Keech	65	Rockville MD	1:08:01	30

M 70+							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	237	Charles	Markley	74	Portland OR	1:04:52	50

10 Mile Results (Actual Distance 9.5 Miles)**F 20-29**

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	562	Megan	Truelove	29	Alexandria VA	1:25:08	50
2	537	Diane	Martin	28	Washington DC	1:26:24	41
3	554	Bethany	Schumacher	29	Washington DC	1:29:28	35
4	532	Jenna	Koch	20	Potomac MD	1:30:57	30
5	559	Katie	Smith	29	Falls Church VA	1:47:02	26
6	539	Frances	Meadows	29	Arlington VA	2:16:16	23

F 30-39

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	563	Sheila	Vibert	37	Arlington VA	1:21:57	50
2	510	Marissa	Chiantella	32	Arlington VA	1:27:26	41
3	515	Rachel	Dolan	33	Washington DC	1:29:36	35
4	538	Kathryn	Martin	38	Bethesda MD	1:31:51	30
5	547	Heather	Prochnow	35	Arlington VA	1:36:34	26
6	545	Melody	Peppard	39	Alexandria VA	1:42:40	23
7	558	Melody	Sinclair	35	Centreville VA	1:43:56	20
8	567	Laura	Wortman	35	Baltimore MD	1:46:58	17
9	512	Brittany	Croll	35	Alexandria VA	1:47:09	15
10	504	Caitlin	Briere	33	Alexandria VA	1:52:07	13
11	502	Sara	Betancurt	31	Washington DC	1:52:29	11
12	522	Maritza	Foland	35	Leesburg VA	1:57:05	9
13	534	Jennifer	Laughlin	31	Silver Spring MD	1:57:34	8
14	556	Rene	Shultzaberger	36	Culpeper VA	2:03:15	7
15	511	Daniela	Collaguazo	35	Hyattsville MD	2:06:46	6
16	669	Paola	Quijanl	37	Fairfax VA	2:06:51	5
17	513	Megan	Dejesus	38	Vienna VA	2:13:32	4
18	521	Syreeta	Fields	33	Fairfax VA	2:15:32	3
19	668	Becky	Turco	37	Arlington VA	2:16:16	2
DNF	564	Nikki	Ward	35	Burke VA	0:57:48	

F 40-49

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	555	Rachel	Shirley	42	Harpers Ferry WV	1:31:09	50
2	535	Sarah	Laughlin	40	San Francisco CA	1:42:29	41
3	544	Julie	Parks	42	Alexandria VA	1:43:52	35
4	540	Cindy	Meylan	40	Herndon VA	1:44:21	30
5	542	Jen	Norris	48	Alexandria VA	1:45:07	26
6	560	Keri Ann	Tatusko	46	Washington DC	1:49:54	23
7	553	Jennifer	Schick	42	Woodbridge VA	1:53:13	20
8	672	Mytrang	Nguyen	48	Alexandria VA	1:53:18	17
9	529	Robin	Hayes	45	Arlington VA	1:53:27	15
10	507	Robin	Camarote	44	Falls Church VA	1:55:32	13

11	524	Preethy	George	42	Fairfax VA	1:55:49	11
12	568	Ruth	Zolock	47	Washington DC	1:57:02	9
13	667	Anne	Trotter	44	Chantilly VA	2:16:13	8

F 50-59							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	528	Shelly	Hanson	50	Centreville VA	1:41:10	50
2	503	Melanie	Beus	54	Nokesville VA	1:50:07	41
3	536	Teresa	Lent	57	Arlington VA	1:50:12	35
4	561	Jennifer	Thomas	52	Washington DC	1:50:21	30
5	505	Stephanie	Brinley	50	Herndon VA	1:58:24	26
6	520	Kimberly	Ferland	52	Chantilly VA	2:07:09	23
7	519	Sheila	Farthing	50	Potomac Falls VA	2:19:31	20

M 20-29							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	641	Matthew	Sarge	26	Washington DC	1:05:39	50
2	626	Russell	Mulley	29	Alexandria VA	1:15:12	41
3	643	Joshua	Shirazi	24	Rockville MD	1:38:06	35
4	609	Damien	Helman	23	Boonsboro MD	1:40:16	30

M 30-39							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	606	Kyle	Grimsley	31	Springfield VA	1:13:39	50
2	630	Geoff	Patterson	36	Washington DC	1:17:23	41
3	614	Matthew	Hoyt	32	Fairfax VA	1:17:58	35
4	642	Pj	Scotto	38	Falls Church VA	1:19:32	30
5	601	Jason	Gilmore	37	Washington DC	1:21:27	26
6	588	Michael	Dean	38	Fairfax VA	1:21:55	23
7	623	John	Mastapeter	31	Sterling VA	1:23:36	20
8	572	Kevin	Beatty	37	Stafford VA	1:23:55	17
9	624	Andrew	Mclaren	34	Alexandria VA	1:26:41	15
10	604	Alex	Gonski	34	Reston VA	1:28:35	13
11	652	Gabe	Tabak	35	Washington DC	1:33:23	11
12	629	William	Parker	39	Fairfax VA	1:33:31	9
13	663	Adam	Winters	30	Washington DC	1:33:42	8
14	590	Michael	Deloge	38	Washington DC	1:34:17	7
15	594	Michael	Faber	37	Alexandria VA	1:34:31	6
16	605	Tyler	Gray	35	Washington DC	1:35:05	5
17	658	Thomas	Wainwright	35	Arlington VA	1:35:48	4
18	580	John	Broderick	38	Washington DC	1:36:09	3
19	639	Brian	Rivera	38	Ashburn VA	1:38:02	2
20	611	Michael	Hoard	37	Alexandria VA	1:42:56	1
21	613	John	Horn	38	Leesburg VA	1:43:07	

22	612	Hunter	Holloway	30	Raleigh NC	1:51:45	
23	671	Mark	Redding	39	Herndon VA	1:59:33	
24	603	Peter	Goff	38	Alexandria VA	2:01:42	
25	569	Carlos	Aguayo	37	Fairfax VA	2:03:53	
26	631	Caleb	Pittman	32	Austin TX	2:10:01	
DNF	581	Eric	Brown	30	Arlington VA	0:47:36	
DNF	647	Christopher	Smith	34	Chesapeake Beach MD	0:57:24	

M 40-49							
Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	653	Benn	Thomas	40	Arlington VA	1:10:38	50
2	589	Brady	Dehoust	44	Reston VA	1:12:52	41
3	665	Darren	Zanon	40	Falls Church VA	1:14:02	35
4	657	James	Wagner	46	Washington DC	1:16:23	30
5	620	James	Magee	41	Springfield VA	1:16:50	26
6	651	James	Studebaker	42	Reston VA	1:17:20	23
7	579	James	Brennan	40	Fairfax VA	1:18:35	20
8	621	Pierre	Martel	47	Fairfax Station VA	1:21:39	17
9	593	Alejandro	Escobar	43	Washington DC	1:21:50	15
10	570	Chris	Ammon	48	Falls Church VA	1:22:35	13
11	661	Brian	Whitesell	40	Arlington VA	1:25:04	11
12	632	Matthew	Pleva	41	Springfield VA	1:26:00	9
13	587	Dan	Combs	47	Vienna VA	1:29:10	8
14	635	John	Reed	47	Herndon VA	1:29:26	7
15	650	Mark	Stacey	47	Washington DC	1:29:58	6
16	595	Jay	Ferland	49	Chantilly VA	1:30:11	5
17	574	Kevin	Bialy	43	Washington DC	1:30:15	4
18	615	David	Humphrey	48	Fairfax VA	1:30:34	3
19	584	Mike	Cariola	48	fairfax VA	1:33:35	2
20	582	JJ	Campbell	44	McLean VA	1:34:25	1
21	633	Aaron	Radtke	44	Alexandria VA	1:35:13	
22	586	David	Colbert	41	Williamsburg VA	1:38:00	
23	654	Jeremy	Tishler	41	Warrenton VA	1:40:20	
24	602	Todd	Gobeille	48	Herndon VA	1:40:25	
25	576	Michael	Blasinsky	45	Fairfax VA	1:42:52	
26	670	Kent	Lassman	45	Alexandria VA	1:43:53	
27	583	Christopher	Canter	40	Arlington VA	1:46:09	
28	619	Ondrej	Koumal	43	Alexandria VA	1:47:04	
29	644	Mike	Silag	47	Chantilly VA	1:47:10	
30	592	David	Duran	40	Bristow VA	1:53:24	
31	637	Alonso	Revilla	48	Springfield VA	1:54:42	
32	640	Curran	Runz	42	Herndon VA	1:57:19	
33	597	Mark	Fostek	48	Fairfax VA	2:17:30	
34	578	Kevin	Braithwaite	46	Capon Bridge VA	2:24:24	
DNF	617	David	Jiang	44	Washington DC	DNF	

M 50-59

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	599	Richard	Frame	50	Alexandria VA	1:14:33	50
2	575	Dennis	Billings	50	Woodbridge VA	1:20:06	41
3	625	Luke	Mills	52	vienna VA	1:25:07	35
4	616	Christopher	Jackman	53	Vienna VA	1:26:22	30
5	646	Jan	Smilek	52	Leesburg VA	1:26:59	26
6	649	Frank	Squillaro	56	Sterling VA	1:29:03	23
7	648	Paul	Souchar	55	Washington DC	1:30:33	20
8	628	Barry	Nobles	52	Falls Church VA	1:31:07	17
9	662	Dave	Wilson	55	Arlington VA	1:35:12	15
10	627	Trevor	Myers	51	Bethesda MD	1:49:29	13
11	618	Bill	Judd	50	Gainesville VA	1:50:05	11
12	596	Mike	Flynn	57	Manassas VA	2:10:01	9

M 60+

Place	Bib #	First Name	Last Name	Age	City	Time	R3 Points
1	600	Bradley	Gilman	61	Vienna VA	1:53:35	50