

2019 EX2 Adventures Fall Backyard Burn Trail Running Series
Race #2 Riverbend Park - October 20, 2019
Age Group Results

5 Mile Results

F 19-U

Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	307	Emily	Gill	16	Burke VA	0:57:06	50
2	323	Brynn	Hunter	11	Sterling VA	1:10:37	41
3	348	Cait	Mclean	6	Washington DC	1:22:33	35

F 20-29

Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	318	Judith	Hooymans	27	Alexandria VA	0:44:28	50
2	352	Sabrina	Miller	25	Falls Church VA	0:49:08	41
3	340	Katie	Liming	28	Washington DC	0:52:37	35
4	295	Sarah	Doubleday	28	Sterling VA	0:55:08	30
5	308	Emily	Griswold	27	Takoma Park MD	1:02:15	26
6	306	Elizabeth	Gill	27	Takoma Park MD	1:16:40	23

F 30-39

Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	299	Miranda	Forte	34	Rockville MD	0:42:17	50
2	275	Erica	Blom	37	Washington DC	0:42:38	41
3	270	Kelly	Barry	34	Oakton VA	0:43:18	35
4	407	Jamie	Weikle	39	Alexandria VA	0:48:47	30
5	272	Lauren	Becker	37	Washington DC	0:49:13	26
6	366	Nicki	Post	38	Alexandria VA	0:49:23	23
7	267	Emily	Armitage	35	Vienna VA	0:49:32	20
8	329	Kelly	Keegan	33	Arlington VA	0:52:17	17
9	311	Elizabeth	Handwerk Kurt	39	Fairfax VA	0:52:54	15
10	362	Irena	Pavlin	39	Annandale VA	0:54:05	13
11	341	Sarah	Lorch	30	Arlington VA	0:54:09	11
12	276	Jennifer	Blum	35	Alexandria VA	0:54:12	9
13	331	Samantha	Kennard	36	Dover DE	0:55:11	8
14	319	Tereza	Horejsova	39	Alexandria VA	0:55:21	7
15	399	Claire	Valdivia	31	Silver Spring MD	0:56:12	6
16	294	Carter	Denny	37	Washington DC	0:57:08	5
17	379	Muna	Shikaki	39	Washington DC	0:57:10	4
18	412	Claudia	Wright	34	springfield VA	1:01:59	3
19	284	Jessica	Champion	39	Woodbridge VA	1:02:00	2
20	364	Susan	Pilley	35	Oakton VA	1:04:58	1
21	398	Sarah	Trusty	35	Sterling VA	1:05:45	
22	361	Elga	Ozols	37	Alexandria VA	1:08:03	

23	387	Jessica	Stewart	32	Fredericksburg VA	1:12:32	
24	278	Veronika	Buonaugurio	34	Washington DC	1:19:12	
25	279	Emilie	Burnette	36	Arlington VA	1:23:03	

F 40-49							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	293	Janina	De Guzman	49	Washington DC	0:40:24	50
2	321	Tracie	Hough	41	Alexandria VA	0:48:03	41
3	305	JC	Gibbons	47	Reston VA	0:48:39	35
4	389	Nyssa	Straatveit	42	Alexandria VA	0:49:40	30
5	289	Amy	Corso	41	Vienna VA	0:49:59	26
6	371	Darcy	Rios	41	Montclair VA	0:50:33	23
7	393	Lisa	Sweetland	42	Annandale VA	0:51:47	20
8	404	Jennifer	Walker	44	Oakton VA	0:52:36	17
9	410	Maureen	Williams	40	Springfield VA	0:52:53	15
10	316	Kathleen	Hinman	47	Alexandria VA	0:55:33	13
11	383	Jill	Stacey	46	Washington DC	0:56:22	11
12	271	Dina	Beatty	45	Silver Spring MD	0:56:25	9
13	303	Jennifer	Fuerch	40	Arlington VA	0:56:47	8
14	281	Cynthia	Carpenter	40	Washington DC	0:56:48	7
15	265	Marcella	Amaya	44	Woodbridge VA	0:58:25	6
16	310	Sarah	Halgas	44	Ashburn VA	0:59:40	5
17	300	Kate	Francis	41	Washington DC	1:00:05	4
18	384	Michelle	Stanley	40	Springfield VA	1:00:08	3
19	269	Lindsay	Ballard	40	Greenbelt MD	1:00:11	2
20	287	Amelia	Cohn	42	Alexandria VA	1:01:37	1
21	547	Kelly	Bacon	41	Reston VA	1:02:11	
22	277	Amy	Bowman	43	Fairfax VA	1:02:23	
23	363	Doron	Petersan	46	Washington DC	1:04:19	
24	360	Denae	Newman	45	Sterling VA	1:05:47	
25	396	Carrie	Traverso	40	Washington DC	1:06:07	
26	397	Anne	Trotter	44	Chantilly VA	1:07:01	
27	324	Natascha	Hunter	44	Sterling VA	1:10:32	
28	290	Teresa	Crawford	44	Washington DC	1:12:41	
29	349	Carmen	Mclean	43	Washington DC	1:22:34	
30	402	Vandana	Vinay	45	Ashburn VA	1:57:44	
31	327	Neelam	Janardhan	42	Ashburn VA	1:57:46	

F 50-59							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	301	Anita	Freres	54	Vienna VA	0:43:28	50
2	314	Beverly	Hess	54	Arlington VA	0:49:41	41
3	322	Lisa	Hughes	52	Reston VA	0:53:59	35
4	380	Kim	Shoop	57	Reston VA	0:54:04	30
5	546	Cathy	Hovis	50	Falls Church VA	0:57:22	26

6	406	Heather	Weaver	51	Bethesda MD	0:59:23	23
7	356	Jennifer	Morrison	52	Herndon VA	1:02:14	20
8	315	Stefanie	Hession	51	Fairfax VA	1:02:42	17
9	400	Karin	Varblow	52	McLean VA	1:05:52	15
10	298	Claudia	Escribano	58	Sterling VA	1:06:10	13
11	346	Melinda	Matheny	55	Burke VA	1:13:54	11
12	350	Dea	Merchant	52	Fairfax VA	1:18:37	9
13	297	Denise	Dubia	50	Falls Church VA	1:18:39	8
14	357	Anne	Nagy	53	Reston VA	1:18:41	7

F 60+							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	347	Lisa	Mcknight	62	Fairfax Station VA	0:52:35	50

M 19-U							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	441	Cael	Ferland	14	Chantilly VA	0:49:06	50
2	498	Cooper	Stacey	10	Washington DC	0:56:22	41
3	478	Coen	McClean	9	Washington DC	1:08:06	35
3	457	Gavin	Hunter	15	Sterling VA	1:08:06	35

M 20-29							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	467	Evan	Kent	25	Falls Church VA	0:34:28	50
2	460	Blaize	Johnson	27	Arlington VA	0:37:24	41
3	435	David	Cowan	27	Arlington VA	0:37:58	35
4	479	Oliver	Melvin	25	Arlington VA	0:40:46	30
5	465	David	Keegan	29	Arlington VA	0:49:48	26

M 30-39							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	433	Matthew	Cleveland	31	Potomac Falls VA	0:37:11	50
2	439	Shane	Doss	34	Springfield VA	0:39:36	41
3	485	Josh	Nichols	35	Burke VA	0:39:43	35
4	468	Kevin	Koernig	36	Arlington VA	0:39:47	30
5	428	Scott	Camillo	38	Silver Spring MD	0:40:44	26
6	488	Ivan	Padial	38	Washington DC	0:41:17	23
7	423	Greg	Blatt	37	Baltimore MD	0:50:25	20
8	455	Michael	Hawks	38	Baltimore MD	0:50:28	17
9	463	Edward	Joyce	39	Fort Belvoir VA	0:53:22	15
10	541	Joseph	Williams	35	Rockville MD	0:55:59	13
11	415	Andrew	Back	31	Silver Spring MD	0:56:13	11

M 40-49							
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Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	484	Keith	Nelson	44	Vienna VA	0:38:03	50
2	486	Christopher	Noland	47	Sterling VA	0:38:39	41
3	454	Alistair	Hastings	42	Reston VA	0:39:01	35
4	430	Ray	Champion	45	Woodbridge VA	0:39:10	30
5	537	Michael	Vega	41	Ashburn VA	0:39:28	26
6	450	Graham	Grove	42	Washington DC	0:41:46	23
7	418	Scott	Bernas	45	New Market MD	0:43:15	20
8	456	Brent	Hill	49	Alexandria VA	0:44:22	17
9	545	Michael	Katsaros	43	Potomac MD	0:45:56	15
10	493	Sergio	Rios	41	Montclair VA	0:46:08	13
11	434	Brent	Corby	45	Springfield VA	0:46:31	11
12	492	Matthew	Ringier	44	Vienna VA	0:49:38	9
13	543	Conrad	Windisch	48	Falls Church VA	0:50:08	8
14	442	David	Fick	43	Fairfax VA	0:50:23	7
15	444	Brian	Fox	42	Springfield VA	0:50:31	6
16	449	Noah	Goodman	42	Vienna VA	0:50:41	5
17	440	Adrian	Farquhar	44	Dunn Loring VA	0:51:03	4
18	487	Derrick	Nursey	40	Arlington VA	0:51:45	3
19	496	Erik	Scudder	40	Aldie VA	0:52:07	2
20	497	Brian	Shea	43	Alexandria VA	0:52:18	1
21	429	John	Cassidy	41	Washington DC	0:52:25	
22	459	David	Jiang	44	Washington DC	0:52:33	
23	474	Daniel	Martin	41	Washington DC	0:52:59	
24	437	J	Dee	47	Annadale VA	0:53:09	
25	476	Andrew	Mcglone	45	Edgewater MD	0:54:35	
26	431	Peter	Chirico	48	Vienna VA	0:54:45	
27	469	Bryan	Kurey	43	Arlington VA	0:55:34	
28	461	Brent	Johnson	49	Fairfax VA	0:56:02	
29	535	Brian	Teufel	40	haymarket VA	0:57:00	
30	542	Thomas	Williams	43	Sterling VA	0:59:38	
31	452	David	Habib	45	Hamilton VA	1:04:08	
32	540	William	Wilcox	46	Spotsylvania VA	1:06:21	
33	432	Stephen	Clermont	48	Burke VA	1:07:29	
34	458	Nicholas	Hunter	43	Sterling VA	1:08:07	
35	470	Robin	Lotz	48	Richmond VA	1:10:25	
36	475	Robert	Martin	49	Alexandria VA	1:13:59	
37	544	Ted	Wohn	49	Fairfax VA	1:27:35	

M 50-59

Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	425	Joseph	Boyle	52	Oakton VA	0:43:49	50
2	489	Steve	Ramsdell	53	Burke VA	0:44:58	41
3	422	Mark	Billinghurst	58	arlington VA	0:45:55	35
4	534	Thomas	Teifke	54	Arlington VA	0:46:55	30

5	538	Matthew	Wells	50	Burke VA	0:49:28	26
6	424	Ken	Bocam	53	Potomac MD	0:53:58	23
7	436	Robert	Creek	51	Fort Meade MD	0:55:20	20
8	448	Dean	Gill	50	Burke VA	0:58:26	17
9	491	David	Ravetti	50	Springfield VA	1:03:31	15
10	471	Bob	Ludwig	57	Washington DC	1:04:23	13

M 60+							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	416	Ronald	Bardach	62	Vienna VA	0:47:06	50
2	490	Paul	Rapavi	62	Springfield VA	0:47:10	41
3	472	Lusk	Lusk	65	Fairfax VA	0:50:17	35
4	438	Robert	Devito	60	Centreville VA	0:55:06	30
5	464	Ronald	Keech	65	Rockville MD	1:05:08	26

10 Mile Results							
F 19-U							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	740	Lily	Muhlbaum	15	Bethesda MD	1:30:35	50

F 20-29							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	767	Megan	Truelove	29	Alexandria VA	1:27:38	50
2	745	Sara	Olson	28	Washington DC	1:30:30	41
3	757	Bethany	Schumacher	29	Washington DC	1:30:46	35

F 30-39							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	711	Marissa	Chiantella	32	Arlington VA	1:27:26	50
2	701	Sara	Adland	35	Washington DC	1:29:18	41
3	735	Kathryn	Martin	38	Bethesda MD	1:33:47	35
4	705	Saskia	Brechenmacher	30	Washington DC	1:41:11	30
5	710	Tiffiney	Carney	39	Washington DC	1:44:08	26
6	706	Caitlin	Briere	33	Alexandria VA	1:48:07	23
7	721	Maritza	Foland	35	Leesburg VA	1:49:52	20
8	761	Paula	Sperry	38	Springfield VA	1:54:57	17
9	716	Kathleen	Donovan	37	Philadelphia PA	1:55:59	15
10	713	Kristen	Constantine	30	Brick NJ	1:57:28	13
10	736	Allie	Marx	38	Arlington VA	1:57:28	13
11	720	Syreetta	Fields	33	Washington DC	2:02:42	

F 40-49							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points

1	744	Tina	Oconnell	41	Washington DC	1:28:15	50
2	758	Rachel	Shirley	42	Harpers Ferry WV	1:32:47	41
3	739	Takisha	Motley	40	Washington DC	1:36:44	35
4	764	Rachel	Temple	42	Alexandria VA	1:41:57	30
5	743	Jen	Norris	48	Alexandria VA	1:42:04	26
6	732	Sarah	Laughlin	40	San Francisco CA	1:45:01	23
7	771	Ruth	Zolock	47	Washington DC	1:55:15	20
8	723	Preethy	George	42	Fairfax VA	1:57:07	17
9	709	Robin	Camarote	44	Falls Church VA	1:59:12	15
10	770	Liane	Zivitski	40	Alexandria VA	2:01:06	13
11	702	Sandra	Ashford	41	Alexandria VA	2:06:43	11
12	754	Carla	Rountree	40	Washington DC	2:06:54	9
13	714	Stephanie	Diamond	43	Falls Church VA	2:09:17	8
14	729	Susan	Kolbay	40	Fairfax VA	2:10:39	7
15	724	Kerensa	Hadley	45	Fairfax VA	2:13:51	6
16	712	Cara	Cicero	44	Alexandria VA	2:18:11	5
17	737	Rachel	Meadows	47	Alexandria VA	2:18:12	4
18	730	Kathleen	Kretzer	44	Alexandria VA	2:18:14	3
19	749	Elissa	Plylar	49	Manassas VA	2:27:04	2
20	727	Stacy	Johns	49	Springfiled VA	2:32:45	1
21	768	Gina	Tufano	47	Sterling VA	2:42:39	
DNF	753	Jill	Rodriguez	45	McLean VA	DNF	
DNF	738	Margaret	Moral	40	Washington DC	DNF	

F 50-59							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	769	Gillian	Walker	53	Springfield VA	1:43:53	50
2	765	Jennifer	Thomas	52	Washington DC	1:45:12	41
3	733	Teresa	Lent	57	Arlington VA	1:56:25	35
4	719	Kimberly	Ferland	52	Chantilly VA	2:01:05	30
5	707	Stephanie	Brinley	50	HERNDON VA	2:03:17	26
6	718	Sheila	Farthing	50	Potomac Falls VA	2:07:47	23
7	763	Laura	Temple	55	Herndon VA	2:20:05	20

M 19-U							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	773	Alexander	Ashford	17	Alexandria VA	2:06:38	0:00:00
DNF	787	Desmond	Damico-Lassman	13	Alexandria VA	DNF	

M 30-39							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	853	Walker	Yane	35	Washington DC	1:08:51	50
2	805	Kyle	Grimsley	31	Springfield VA	1:16:01	41
3	788	Michael	Dean	38	Fairfax VA	1:19:55	35
4	833	Geoff	Patterson	36	Washington DC	1:20:05	30

5	823	John	Mastapeter	31	Sterling VA	1:22:16	26
6	791	Michael	Faber	37	Alexandria VA	1:26:17	23
7	824	Evan	Mcglaughlin	36	Washington DC	1:29:16	20
8	777	Eric	Brown	30	Arlington VA	1:30:01	17
9	802	Alex	Gonski	34	Reston VA	1:30:23	15
10	772	Carlos	Aguayo	37	Fairfax VA	1:32:57	13
11	813	Patrick	Kirby	33	Washington DC	1:33:37	11
12	832	William	Parker	39	Fairfax VA	1:36:10	9
13	821	Phillip	Martin	31	Washington DC	1:38:37	8
14	790	Michael	Deloge	38	Washington DC	1:39:27	7
15	780	Rob	Carroll	35	Arlington VA	1:41:04	6
16	807	Michael	Hoard	37	Alexandria VA	1:47:06	5
17	817	Brian	Lachance	36	Springfield VA	1:47:37	4
18	808	Hunter	Holloway	30	Raleigh NC	1:50:45	3
19	829	Ryan	Miller	34	Washington DC	2:00:00	2
20	800	Peter	Goff	38	Alexandria VA	2:02:14	1
DNF	825	Brian	Mckenzie	34	Alexandria VA	DNF	

M 40-49							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	845	Benn	Thomas	40	Arlington VA	1:11:39	50
2	789	Brady	Dehoust	44	Reston VA	1:12:17	41
3	854	Darren	Zanon	40	Falls Church VA	1:14:48	35
4	849	James	Wagner	46	Washington DC	1:15:28	30
5	783	Benjamin	Cohen	43	Chevy Chase MD	1:18:33	26
6	820	James	Magee	41	Springfield VA	1:19:13	23
7	831	Jason	Papacosma	49	Arlington VA	1:26:53	20
8	810	Deepak	Kashyap	46	Fairfax VA	1:27:09	17
9	847	Michael	Tollini	42	McLean VA	1:28:54	15
10	778	J.J.	Campbell	44	McLean VA	1:29:36	13
11	816	Doug	Kuckelman	41	Potomac MD	1:30:03	11
12	841	Mark	Stacey	47	Washington DC	1:31:37	9
13	811	Sat	Khalsa	45	Reston VA	1:32:14	8
14	776	Michael	Boerboom	41	Washington DC	1:32:26	7
15	792	Jay	Ferland	49	Chantilly VA	1:36:36	6
16	838	Mike	Silag	47	Chantilly VA	1:37:49	5
17	786	Dan	Combs	47	Vienna VA	1:39:02	4
18	815	Patrick	Kretzer	49	Alexandria VA	1:39:06	3
19	828	Paul	Meadows	49	Alexandria VA	1:39:10	2
20	846	Jeremy	Tishler	41	Warrenton VA	1:40:16	1
21	799	Todd	Gobeille	48	Herndon VA	1:42:35	
22	785	David	Colbert	41	Williamsburg VA	1:43:17	
23	814	Ondrej	Koumal	43	Alexandria VA	1:44:50	
24	779	Christopher	Canter	40	Arlington VA	1:47:22	
25	840	Christopher	Sperry	44	Springfield VA	1:49:31	

26	794	David	Flanagan	47	Arlington VA	1:59:14	
27	844	Adam	Temple	40	Alexandria VA	2:19:03	
28	782	Tony	Cicero	45	Alexandria VA	2:19:04	
DNF	842	Robert	Steinberger	47	Arnold MD	DNF	
DNF	826	Carson	Mclean	42	Washington DC	DNF	
DNF	835	Robert	Read	43	Washington DC	DNF	
DNF	818	Kent	Lassman	45	Alexandria VA	DNF	

M 50-59							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	795	Richard	Frame	50	Alexandria VA	1:12:46	50
2	798	Thomas	Glass	54	Robbinsville NJ	1:25:06	41
3	848	Richard	Viola	58	Arlington VA	1:25:12	35
4	809	Christopher	Jackman	53	Vienna VA	1:25:53	30
5	796	Eric	Garner	52	Bethesda MD	1:27:25	26
6	852	Dave	Wilson	55	Arlington VA	1:33:15	23
7	812	Sam	Kim	50	Rockville MD	1:59:17	20
DNF	851	Ron	Wiley	51	Nashville TN	DNF	

M 60+							
Place	Bib #	First Name	Last Name	Age	City	Time	R2 Points
1	797	Bradley	Gilman	61	Vienna VA	1:57:10	50