

2019 EX2 Adventures Fall Backyard Burn Trail Running Series

Race #1 Lake Fairfax - October 6, 2019

Age Group Results

5 Mile Results (Actual Distance 5.1 Miles)

F 19-U

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	140	Emma	Whaley	8	Alexandria VA	1:08:24	50
2	110	Mira	Shah	13	Elkridge MD	1:14:12	41

F 20-29

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	52	Judith	Hooymans	27	Alexandria VA	0:45:34	50
2	80	Sabrina	Miller	25	Falls Church VA	0:53:56	41
3	135	Natalie	Wallace	26	Washington DC	1:01:01	35
4	41	Emily	Griswold	27	Takoma Park MD	1:03:37	30
5	97	Lauren	Phelps	29	Rockville MD	1:08:23	26
6	37	Elizabeth	Gill	27	Takoma Park MD	1:22:26	23

F 30-39

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	119	Dawn	Stevenson	34	Arlington VA	0:43:21	50
2	106	Jessica	Schmitz	37	Springfield VA	0:45:39	41
3	11	Laura	Berlin	36	Falls Church VA	0:48:28	35
4	138	Jamie	Weikle	39	Alexandria VA	0:49:25	30
5	100	Nicki	Post	38	Alexandria VA	0:50:59	26
6	85	Virginia	Moore	31	Washington DC	0:51:19	23
7	265	Rachel	Hodel	32	Washington DC	0:51:22	20
8	32	Bethany	Fisher	33	Alexandria VA	0:52:41	17
9	10	Lauren	Becker	37	Washington DC	0:52:45	15
10	57	Samantha	Kennard	36	Dover DE	0:53:56	13
11	4	Emily	Armitage	35	Vienna VA	0:54:17	11
12	92	Jenica	Patterson	38	Alexandria VA	0:54:50	9
13	95	Gabby	Petersen	38	Washington DC	0:55:05	8
14	15	Megan	Carney	37	Arlington VA	0:55:10	7
15	40	Paige	Greenberg	31	Washington DC	0:55:36	6
16	264	Kelly	Reeder-Laffrety	30	Fredericksburg VA	0:56:12	5
17	70	Angela	Mannix	30	Arlington VA	0:56:13	4
18	24	Megan	Culp	34	Arlington VA	0:56:40	3
19	21	Jamie	Colon	36	Alexandria VA	0:57:11	2
20	129	Nikki	Twiname	38	Falls Church VA	0:57:21	1
21	53	Tereza	Horejsova	39	Alexandria VA	0:57:36	
22	75	Jennifer	Mcgough	35	Washington DC	0:57:51	
23	12	Fanny	Boy	38	Bethesda MD	0:58:05	

24	59	Lia	Kerwin	36	Alexandria VA	0:58:19	
25	27	Kate	Eberle	31	Washington DC	0:59:15	
26	117	Kari	Steinberg	39	Alexandria VA	1:00:43	
27	143	Madeleine	Wisecup	33	Woodbridge VA	1:00:46	
27	149	Sara	Young	30	Leesburg VA	1:00:46	
29	19	Jessica	Champion	39	Woodbridge VA	1:01:45	
30	81	Taryl	Millison	38	Alexandria VA	1:02:00	
31	69	Lara	Maksymonko	38	Arlington VA	1:02:18	
32	130	Claire	Valdivia	31	Silver spring MD	1:02:23	
33	146	Claudia	Wright	34	springfield VA	1:04:31	
34	65	Clara	Lau	38	Arlington VA	1:05:12	
35	137	Jennifer	Weidman	36	Arlington VA	1:05:23	
36	145	Elizabeth	Wolfe	35	Washington DC	1:05:56	
37	98	Susan	Pilley	35	Oakton VA	1:06:24	
38	88	Casey	Nair	37	Alexandria VA	1:06:57	
39	99	Shelley	Pleva	37	Springfield VA	1:07:09	
40	128	Sarah	Trusty	35	Sterling VA	1:07:34	
41	132	Kelly	Wagner	35	Haymarket VA	1:13:02	
42	120	Jessica	Stewart	32	Fredericksburg VA	1:15:29	
43	8	Tammy	Banh	32	Stafford VA	1:19:39	
44	93	Rachel	Patterson	31	Stafford VA	1:19:50	
45	50	Julie	Hintz	34	Quantico VA	1:19:59	
46	14	Veronika	Buonaugurio	34	Washington DC	1:21:13	

F 40-49							
Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	139	Jenny	Wells	44	Annandale VA	0:47:34	50
2	90	Kim	Obrien	47	Potomac Falls VA	0:47:45	41
3	55	Tracie	Hough	41	Alexandria VA	0:51:02	35
4	121	Nyssa	Straatveit	42	Alexandria VA	0:52:06	30
5	61	Crystal	Kominar	41	Alexandria VA	0:52:35	26
6	103	Darcy	Rios	41	Montclair VA	0:52:42	23
7	18	Tara	Chait	40	Bethesda MD	0:53:39	20
7	86	Ashley	Morgan	41	Bethesda MD	0:53:39	20
9	48	Maia	Heyck-Merlin	42	Bethesda MD	0:53:40	15
10	115	Jill	Stacey	46	Washington DC	0:54:14	13
11	131	Liana	Vu	42	Oakton VA	0:54:15	11
12	56	Beth	Ingalls	45	Alexandria VA	0:54:32	9
13	133	Jennifer	Walker	44	Oakton VA	0:55:59	8
14	64	Elizabeth	Larson	40	Centreville VA	0:57:04	7
15	142	Maureen	Williams	40	Springfield VA	0:57:06	6
16	49	Kathleen	Hinman	47	Alexandria VA	0:57:20	5
17	9	Dina	Beatty	45	Silver Spring MD	0:57:28	4
18	258	Grace	Solares	41	Arlington VA	0:58:40	3
19	73	Amy	Mcfee	47	Alexandria VA	0:59:47	2

20	116	Michelle	Stanley	40	Springfield VA	1:00:01	1
21	89	Monica	Neukomm	40	Arlington VA	1:00:21	
22	31	Taryn	Fimiani	43	Vienna VA	1:00:27	
23	82	Stephanie	Mitchell	44	Arlington VA	1:00:29	
24	33	Kate	Francis	41	Washington DC	1:00:32	
25	63	Amiira	Lanterman	49	Bentonville VA	1:00:44	
26	42	Sarah	Halgas	44	Ashburn VA	1:01:32	
27	257	Jill	Rodriguez	45	McLean VA	1:01:55	
28	62	Katie	Kula	43	Purcellville VA	1:02:15	
29	91	Aryn	Parker	40	Fairfax VA	1:02:22	
30	125	Vanessa	Thacker	41	Sterling VA	1:02:36	
31	7	Lindsay	Ballard	40	Greenbelt MD	1:03:11	
32	38	Gina	Glover	44	Menasha WI	1:03:27	
33	127	Anne	Trotter	44	Chantilly VA	1:03:45	
34	107	Natasha	Schuh-Nuhfer	40	Sterling VA	1:04:19	
35	262	Kelly	Bacon	41	Reston VA	1:04:24	
36	22	Jill	Corderman	44	Fairfax VA	1:05:52	
37	1	Nicole	Abramova	43	Oakton VA	1:06:29	
38	83	Sara	Mitcho	41	Fairfax Station VA	1:06:48	
39	5	Ann	Atalla	46	Bethesda MD	1:07:12	
40	67	Keri	Lewis	45	Virginia VA	1:08:26	
41	118	Julie	Sternberg	42	Washington DC	1:08:57	
42	108	Amanda	Scoughton	42	Hanover PA	1:09:07	
43	16	Katherine	Carr	42	Washington DC	1:09:31	
44	126	Carrie	Traverso	40	Washington DC	1:09:37	
45	104	Kelly	Russell	47	Alexandria VA	1:12:11	
46	2	Jane	Alonso	45	Washington DC	1:12:16	
47	113	Melanie	Sims	41	Alexnadria VA	1:13:29	
48	111	Parul	Shah	44	Elkridge MD	1:15:26	
49	68	Sarah	Maguire	40	Washington DC	1:20:18	

F 50-59

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	34	Anita	Freres	54	VIENNA VA	0:44:32	50
2	144	Amy	Woitach	51	Potomac MD	0:53:42	41
3	45	Tabitha	Hendershot	51	Arlington VA	0:56:16	35
4	147	Pamela	Yao	59	Ellicott City MD	0:56:18	30
5	148	Susan	Yenyo	51	Springfield VA	0:57:12	26
6	54	Laurie	Horstmann	59	Centreville VA	0:58:50	23
7	136	Heather	Weaver	51	Bethesda MD	1:00:10	20
8	71	Pamela	Massey	51	Fairfax VA	1:01:00	17
9	60	Joy	Koeppen	53	Fairfax VA	1:08:19	15
10	47	Stefanie	Hession	51	Fairfax VA	1:08:37	13
11	30	Claudia	Escribano	58	Sterling VA	1:09:02	11
12	114	Emily	Smith	56	Annandale VA	1:11:32	9

13	72	Melinda	Matheny	55	Burke VA	1:14:39	8
14	84	Monique	Montague	52	Silver Spring MD	1:17:09	7
15	20	Cory	Churches	50	Washington DC	1:17:13	6
16	26	Denise	Dubia	50	Falls Church VA	1:23:15	5
17	87	Anne	Nagy	53	Reston VA	1:23:16	4

F 60+							
Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	77	Lisa	Mcknight	62	Fairfax Station VA	0:55:19	50
2	76	Hiroko	Mckinney	60	Chantilly VA	0:56:27	41
3	28	Karin	Edison	61	Vienna VA	1:09:13	35

M 19-U							
Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	182	Jackson	Frankel	16	McLean VA	0:38:16	50
2	193	Mitchell	Gurney	14	South Riding VA	0:52:10	41
3	177	Cael	Ferland	14	Chantilly VA	0:52:57	35
4	213	Will	Koeppen	15	Fairfax VA	0:55:30	30
5	260	Tobias	Damico-Lassman	11	Alexandria VA	0:57:10	26
6	243	Cooper	Stacey		Washington DC	0:58:00	23

M 20-29							
Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	259	Evan	Kent	25	Falls Church VA	0:34:42	50
2	201	Blaize	Johnson	27	Arlington VA	0:38:31	41

M 30-39							
Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	168	Matthew	Cleveland	31	Potomac Falls VA	0:37:34	50
2	225	Josh	Nichols	35	Burke VA	0:40:35	41
3	173	Shane	Doss	34	Springfield VA	0:41:09	35
4	164	Scott	Camillo	38	Silver Spring MD	0:42:39	30
5	186	Alex	Gonski	34	Reston VA	0:42:55	26
6	251	Tim	Vandewalle	39	Alexandria VA	0:45:25	23
7	250	David	Towberman	39	Washington DC	0:47:30	20
8	228	Andrew	Olesen	34	Arlington VA	0:48:00	17
9	246	Matthew	Taglieri	33	Alexandria VA	0:50:08	15
10	199	John	Hocker	33	Alexandria VA	0:50:52	13
11	220	Anthony	Mansell	31	Washington DC	0:51:38	11
11	189	Mitko	Grigorov	36	Washington DC	0:51:38	9
13	237	John	Roller	30	Rockville MD	0:54:05	8
14	206	Edward	Joyce	39	Fort Belvoir VA	0:55:26	7
15	157	Brandon	Bodnar	36	Alexandria VA	0:56:20	6
16	191	Navindra	Gunawardena	37	Alexandria VA	0:57:57	5

17	150	Andrew	Back	31	Silver Spring MD	1:02:23	4
----	-----	--------	------	----	------------------	---------	---

M 40-49							
Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	226	Chris	Noland	47	Potomac Falls VA	0:41:00	50
2	195	Alistair	Hastings	42	Reston VA	0:41:13	41
3	253	Michael	Vega	41	Ashburn VA	0:41:14	35
4	165	Ray	Champion	45	Woodbridge VA	0:41:22	30
5	223	William	Moore	41	Bethesda MD	0:41:33	26
6	183	Matthew	Frankel	46	McLean VA	0:42:10	23
7	252	Kyriakos	Vassilakos	40	Vienna VA	0:43:49	20
8	211	Gregory	Koenen	47	Vienna VA	0:44:01	17
9	248	Joseph	Testa	49	Arlington VA	0:44:06	15
10	198	Brent	Hill	49	Alexandria VA	0:45:45	13
11	232	Noel	Pesce	44	Rockville MD	0:46:02	11
12	236	Sergio	Rios	41	Montclair VA	0:47:36	9
13	233	Robert	Racek	43	Brunswick MD	0:49:43	8
14	184	Greg	Garst	49	Gainesville VA	0:50:17	7
15	192	Jason	Gurney	45	South Riding VA	0:52:43	6
16	180	Clay	Fimiani	42	Vienna VA	0:53:33	5
17	175	Adrian	Farquhar	44	Dunn Loring VA	0:53:37	4
18	261	Alfredo	Lagos	43	Washington DC	0:54:07	3
19	239	Erik	Scudder	40	Aldie VA	0:54:19	2
20	187	Noah	Goodman	42	Vienna VA	0:54:22	1
21	179	David	Fick	43	Fairfax VA	0:54:27	
22	235	Matthew	Ringier	44	Vienna VA	0:54:28	
23	171	J	Dee	47	Annadale VA	0:55:06	
24	178	Jacob	Ferry	42	Aldie VA	0:55:35	
25	240	Brian	Shea	43	Alexandria VA	0:55:37	
26	202	Brent	Johnson	49	Fairfax VA	0:55:46	
27	245	Brian	Sweeney	43	Aldie VA	0:56:36	
28	249	Brian	Teufel	40	haymarket VA	0:57:05	
29	244	Mark	Stacey	47	Washington DC	0:58:00	
30	194	Robb	Harrington	49	South Riding VA	0:58:28	
31	166	Peter	Chirico	48	Vienna VA	0:59:00	
32	242	Tomas	Solis	43	Washington DC	0:59:18	
33	263	Alexander	Josh	42	Fairfax VA	0:59:21	
34	221	John	Mcglathlin	45	rockville MD	0:59:34	
35	188	Steven	Greskovic	48	Chantilly VA	1:00:02	
36	255	Jason	Wenrich	42	Herndon VA	1:01:26	
37	152	Nate	Bashaw	40	Clifton VA	1:01:48	
38	205	Greg	Jones	48	Ashburn VA	1:02:04	
39	227	Brian	O'Quinn	42	Herndon VA	1:03:18	
39	230	Bryan	Payne	42	Algood TN	1:03:18	
41	215	Ryan	Kula	45	Purcellville VA	1:03:49	

42	167	Stephen	Clermont	48	Burke VA	1:05:25	
43	256	Robin	Lotz	48	Richmond VA	1:11:29	
44	219	James	Mancillas	48	Alexandria VA	1:12:11	
45	203	Brian	Jones	46	Dumfries VA	1:13:48	

M 50-59

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	181	John	Foti	50	Arlington VA	0:45:40	50
2	155	Mark	Billinghurst	58	arlington VA	0:46:53	41
3	161	Glenn	Buchter	55	Alexandria VA	0:48:57	35
4	247	Thomas	Teifke	54	Arlington VA	0:49:32	30
5	214	Thomas	Krall	52	South Riding VA	0:52:19	26
6	254	Matthew	Wells	50	Burke VA	0:53:28	23
7	190	James	Guertin	57	Alexandria VA	0:53:53	20
8	197	Paul	Heinold	50	Alexandria VA	0:55:41	17
9	156	Ken	Bocam	53	Potomac MD	0:55:44	15
10	170	Robert	Creek	51	Forte Meade MD	0:55:46	13
11	176	Jose	Feijo	57	Washington DC	0:58:19	11
12	212	Mark	Koeppen	52	Fairfax VA	0:58:22	9
13	158	Eric	Brammer	55	New York NY	0:58:40	8
14	196	Eric	Hein	57	Fairfax VA	1:02:01	7
15	159	Darold	Brinley	53	Herndon VA	1:06:45	6
16	217	Bob	Ludwig	57	Washington DC	1:12:37	5
17	160	Robert	Brown	53	Vienna VA	1:13:43	4
18	153	George	Bernier	55	Hanover PA	1:16:18	3

M 60+

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	151	Ron	Bardach	62	Vienna VA	0:49:54	50
2	218	Patrick	Lusk	65	Fairfax VA	0:52:17	41
3	210	Jim	Kirby	65	Reston VA	0:52:40	35
4	229	James	Palsha	68	Springfield VA	0:55:13	30
5	207	Ronald	Keech	65	Rockville MD	1:00:59	26
6	174	Jack	Eisenberg	64	Rockville MD	1:01:58	23

M 70+

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	200	Dan	Ingegno	74	Shirley NY	0:56:09	50

10 Mile Results**F 20-29**

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	574	Megan	Truelove	29	Alexandria VA	1:27:06	50
2	541	Diane	Martin	28	Washington DC	1:29:03	41
3	518	Elizabeth	Farry	29	Washington DC	1:29:17	35
4	561	Bethany	Schumacher	29	Washington DC	1:32:43	30
5	537	Georgia	Lagoudas	29	Cambridge MA	1:33:28	26
6	573	Eliana	Torres	29	Alexandria VA	1:35:40	23
7	536	Jenna	Koch	20	Potomac MD	1:36:35	20
8	566	Katie	Smith	29	Falls Church VA	1:45:18	17
9	543	Kylie	Mccabe	21	Morris Plains NJ	1:52:29	15
10	508	Amy	Chen Kulesa	28	Somerville MA	2:05:04	13
11	557	Emily	Rosenkoetter	20	Bethesda MD	2:07:11	11

F 30-39

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	523	Mindy	Forsyth	36	Arlington VA	1:21:48	50
2	501	Allison	Baum	30	Washington DC	1:22:49	41
3	509	Marissa	Chiantella	32	Arlington VA	1:26:59	35
4	542	Kathryn	Martin	38	Bethesda MD	1:33:25	30
5	539	Allison	Lennox	31	Springfield VA	1:37:30	26
6	507	Tiffiney	Carney	39	Washington DC	1:43:14	23
7	538	Jennifer	Laughlin	31	Silver Spring MD	1:46:57	20
8	671	Christy	Knight	37	Alexandria VA	1:48:06	17
9	502	Caitlin	Briere	33	Alexandria VA	1:48:59	15
10	670	Syreetta	Fields	33	Fairfax VA	1:56:59	13
11	522	Maritza	Foland	35	Leesburg VA	1:57:44	11
12	549	Sandra	Ospina	39	Arlington VA	1:57:48	9
13	516	Jessica	Druck	35	Vienna VA	1:58:21	8
14	564	Rene	Shultzaberger	36	Culpepper VA	1:59:39	7
15	513	Megan	Dejesus	38	Vienna VA	2:06:27	6
DNF	572	Ren	Thomas	37	Arlington VA	1:05:08	5

F 40-49

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	559	Heather	Schaffer	48	Potomac Falls VA	1:26:29	50
2	562	BJ	Shannon	42	Washington DC	1:28:42	41
3	554	Paola Nasser	Robey	40	Falls Church VA	1:31:31	35
4	563	Rachel	Shirley	42	Harpers Ferry WV	1:35:56	30
5	526	Laura	Gori	41	Oakton VA	1:36:34	26
6	548	Jen	Norris	48	Alexandria VA	1:41:32	23
7	569	Julia	Taylor	48	Arlington VA	1:42:00	20
8	568	Keri Ann	Tatusko	46	Washington DC	1:43:31	17
9	547	Takisha	Motley	40	Washington DC	1:43:39	15

10	668	Rachel	Temple	42	Alexandria VA	1:45:49	13
11	510	Megan	Clarke	41	Leesburg VA	1:49:42	11
12	560	Jennifer	Schick	42	Woodbridge VA	1:51:46	9
13	575	Ruth	Zolock	47	Washington DC	1:54:46	8
14	511	Elizabeth	Coleman	42	Washington DC	1:57:48	7
15	525	Preethy	George	42	Fairfax VA	1:57:56	6
16	506	Robin	Camarote	44	Falls Church VA	2:02:36	5
17	556	Winnie	Rodriguez	41	alexandria VA	2:03:27	4
18	529	Kerensa	Hadley	45	Fairfax VA	2:05:28	3
19	565	Monica	Slade	48	Manassas VA	2:10:24	2
20	545	Margaret	Moral	40	Washington DC	2:15:39	1
21	534	Myriah	Jordan	40	Arlington VA	2:19:50	

F 50-59

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	530	Shelly	Hanson	50	Centreville VA	1:30:40	50
2	552	Suzanne	Porter	58	Annandale VA	1:35:17	41
3	546	Amy	Mortimer	54	Arlington VA	1:38:43	35
4	540	Teresa	Lent	57	Arlington VA	1:44:40	30
5	571	Jennifer	Thomas	52	Washington DC	1:47:47	26
6	550	Lisette	Pedre	52	Arlington VA	1:52:10	23
7	528	Darcy	Gruttadaro	58	Arlington VA	1:56:35	20
8	517	Karol	Eller	54	Sterling VA	1:58:19	17
9	672	Cathy	Hovis	50	Falls Church VA	1:58:47	15
10	503	Stephanie	Brinley	50	Herndon VA	2:02:52	13
11	532	Nicola	Jackson	50	Sterling VA	2:09:21	11
12	519	Sheila	Farthing	50	Potomac Falls VA	2:18:20	9
12	520	Kimberly	Ferland	52	Chantilly VA	2:18:20	8
14	570	Laura	Temple	55	Herndon VA	2:22:46	7
DNF	535	Joan	Kelsch	56	Arlington VA	1:01:34	6

F 60+

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	527	Mary	Greer	61	Washington DC	2:12:09	50

M 19-U

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	604	Luke	Flaxman	17	Mclean VA	1:25:38	50

M 20-29

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	636	Russell	Mulley	29	Alexandria VA	1:18:27	50
2	653	Joseph	Spoerl	28	Washington DC	1:20:16	41
3	631	Andrew	Lewis	21	Annapolis MD	1:23:35	35
4	641	Joseph	Palgutt	29	Aldie VA	1:24:01	30

5	619	Damien	Helman	23	Boonsboro MD	1:38:36	26
6	630	Tony	Kulesa	29	Somerville MA	1:58:56	23

M 30-39

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	665	Walker	Yane	35	Washington DC	1:07:15	50
2	650	PJ	Scotto	38	Falls Church VA	1:16:45	41
3	622	Matthew	Hoyt	32	Fairfax VA	1:17:08	35
4	614	Kyle	Grimsley	31	Springfield VA	1:18:16	30
5	643	Geoff	Patterson	36	Washington DC	1:18:20	26
6	588	Nick	Caligiuri	31	Oakton VA	1:20:02	23
7	596	Michael	Dean	38	Fairfax VA	1:20:49	20
8	601	Michael	Faber	37	Alexandria VA	1:23:04	17
9	635	Lance	Mogard	34	Springfield VA	1:24:10	15
10	662	Gabrielle	Wakeman	31	Washington DC	1:25:59	13
11	577	Kevin	Beatty	37	Stafford VA	1:27:46	11
12	612	Tyler	Gray	35	Washington DC	1:29:38	9
13	642	William	Parker	39	Fairfax VA	1:31:14	8
14	583	Eric	Brown	30	Arlington VA	1:31:49	7
15	644	Hector	Perez-Casillas	32	Arlington VA	1:35:34	6
16	576	Jacob	Baum	31	Washington DC	1:36:07	5
17	648	Sean	Rinn	36	Silver Spring MD	1:40:09	4
18	599	Michael	Deloge	38	Washington DC	1:41:54	3
19	639	Scott	Olesen	32	Cambridge MA	1:42:54	2
20	587	Blake	Burket	39	Alexandria VA	1:48:46	1
21	621	Hunter	Holloway	30	Raleigh NC	1:52:21	
22	640	Tim	Olsen	36	Arlington VA	1:52:43	
22	637	Chris	Nitti	35	Washington DC	1:52:43	
24	611	Peter	Goff	38	Alexandria VA	2:00:30	
DNF	652	Sven	Skarie	36	Hyattsville MD	0:53:40	

M 40-49

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	656	Benn	Thomas	40	Arlington VA	1:10:24	50
2	598	Brady	Dehoust	44	Reston VA	1:12:16	41
3	654	Adam	Stolzberg	43	Arlington VA	1:14:59	35
4	667	Darren	Zanon	40	Falls Church VA	1:15:19	30
5	661	James	Wagner	46	Washington DC	1:16:03	26
6	582	James	Brennan	40	Fairfax VA	1:16:24	23
7	605	Bart	Forsyth	41	Arlington VA	1:17:03	20
8	618	Danny	Hayes	43	Washington DC	1:19:04	17
9	632	James	Magee	41	Springfield VA	1:19:14	15
10	613	Jason	Gresh	44	Washington DC	1:21:28	13
11	580	Alain	Boy	48	Bethesda MD	1:26:10	11
12	659	Michael	Tollini	42	McLean VA	1:29:08	9

13	589	JJ	Campbell	44	Mclean VA	1:31:48	8
14	658	Jeremy	Tishler	41	Warrenton VA	1:32:49	7
15	578	Michael	Blasinsky	45	Fairfax VA	1:37:09	6
16	602	Jay	Ferland	49	Chantilly VA	1:38:13	5
17	609	Michael	Ginns	47	Arlington MA	1:38:46	4
18	593	David	Colbert	41	Williamsburg VA	1:42:07	3
19	651	Mike	Silag	47	Chantilly VA	1:42:36	2
20	594	Dan	Combs	47	Vienna VA	1:43:52	1
21	626	Sat Nam	Khalsa	45	Reston VA	1:44:30	
22	669	Kent	Lassman	45	Alexandria VA	1:46:32	
23	585	Aaron	Brundage	46	Reston VA	1:46:58	
23	627	Andy	Koch	40	Vienna VA	1:46:58	
25	600	David	Duran	40	Bristow VA	1:47:25	
26	607	Edward	Gehres	47	Bethesda MD	1:50:02	
27	610	Todd	Gobeille	48	Herndon VA	1:50:18	
28	628	Ondrej	Koumal	43	Alexandria VA	1:51:30	
29	592	Mike	Clarke	43	Leesburg VA	1:53:13	
30	590	Christopher	Canter	40	Arlington VA	1:55:11	
31	645	Tony	Pisarenkov	46	Alexandria VA	2:06:25	
32	647	Robert	Read	43	Washington DC	2:10:42	

M 50-59

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	606	Richard	Frame	50	Alexandria VA	1:13:20	50
2	660	Chuck	Unruh	50	Fairfax VA	1:21:25	41
3	624	Christopher	Jackman	53	Vienna VA	1:25:25	35
4	638	Barry	Nobles	52	Falls Church VA	1:29:15	30
5	617	Jay	Harless	53	Alexandria VA	1:33:12	26
6	633	Jonathan	Massey	56	Bethesda MD	1:37:49	23
7	623	Chris	Hunter	54	McLean VA	1:38:14	20
8	649	Steve	Rowles	51	King George VA	1:41:41	17
9	625	Bill	Judd	50	Gainesville VA	1:47:55	15
10	595	Sam	Coyner	52	Alexandria VA	1:49:15	13
11	584	James	Brown	53	Woodbridge VA	1:49:26	11
12	597	Ray	Defrese	55	Potomac Falls VA	1:50:41	9
13	579	Lee	Bock	53	Vienna VA	1:59:45	8
14	663	Ron	Wiley	51	Nashville TN	2:03:13	7
15	586	William	Burdett	54	Manassas VA	2:10:24	6
16	603	Shawn	Fitzpatrick	52	Oakton VA	2:22:24	5
17	634	Patricia	Mock	53	Sterling VA	2:23:29	4

M 60+

Place	Bib #	First Name	Last Name	Age	City	Time	R1 Points
1	608	Bradley	Gilman	61	Vienna VA	1:55:46	50