

**2019 EX2 Adventures Blue Crab Bolt Trail Running Series**  
**Race #1 Seneca Creek State Park - June 22, 2019**  
**Overall Results**

<b>5K Results (Actual Distance 5.2K)</b>							
<b>Place</b>	<b>Bib #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Age Group</b>	<b>City</b>	<b>Time</b>
1	373	Nicholas	Fogel	29	M 20-29	Washington DC	0:20:56
2	402	Evan	Miller	30	M 30-39	Arlington VA	0:22:25
3	410	Jefferson	Ruiz	22	M 20-29	Silver Spring MD	0:23:05
4	376	Tom	Gaines	36	M 30-39	Alexandria VA	0:23:25
5	407	Christopher	Robinson	45	M 40-49	Arlington VA	0:23:40
6	396	PJ	Magpantay	41	M 40-49	Clarksburg MD	0:25:43
7	416	William	Wiemers	38	M 30-39	Kensington MD	0:26:10
8	372	Ryan	Fainor	21	M 20-29	Allentown PA	0:26:22
9	394	Marc	Luchtefeld	14	M 19-U	Germantown MD	0:27:18
10	379	Brandon	Guzzone	44	M 40-49	Rockville MD	0:27:29
11	415	Antonio	Velez	27	M 20-29	Silver Spring MD	0:28:12
12	397	David	Majors	32	M 30-39	Arlington VA	0:28:16
13	361	Evan	Bonapace	11	M 19-U	Boyd's MD	0:28:21
14	357	Mark	Billinghurst	57	M 50-59	Arlington VA	0:28:27
15	374	Ryan	Foret	27	M 20-29	Takoma Park MD	0:28:30
16	366	Jack	Cline	48	M 40-49	Gaithersburg MD	0:28:56
17	367	Jack	Coursey	39	M 30-39	Rockville MD	0:29:21
18	409	Brian	Rubens	40	M 40-49	Clarksville MD	0:29:27
19	360	Charles	Bonapace	51	M 50-59	Boyd's MD	0:29:34
20	380	Alfred	Haugen	42	M 40-49	Arlington VA	0:29:59
21	399	Thomas	Mcmanuels	46	M 40-49	Columbia MD	0:30:04
22	398	Brian	Mckenzie	33	M 30-39	Alexandria VA	0:30:07
23	406	Paul	Rapavi	61	M 60+	Springfield VA	0:30:11
24	358	Greg	Blatt	37	M 30-39	Baltimore MD	0:30:35
25	420	Megan	Wahl	38	F 30-39	Silver Spring MD	0:30:50
26	320	Jessica	Gerard	48	F 40-49	Centerville GA	0:30:55
27	335	Kristina	Maze	49	F 40-49	Washington DC	0:30:59
28	331	Holli	Loomans-Kropp	32	F 30-39	Gaithersburg MD	0:31:00
29	311	Anna	Bonapace	13	F 19-U	Boyd's MD	0:31:27
30	368	Robert	Cousins	31	M 30-39	Rockville MD	0:31:37
31	425	Jeremy	Shutters	16	M 19-U	Kittanning PA	0:32:10
32	393	Christopher	Luchtefeld	44	M 40-49	Germantown MD	0:32:17
33	329	Emma	Knox	40	F 40-49	Middletown MD	0:32:27
34	351	Jenny	Taylor	27	F 20-29	Ashburn VA	0:32:29
35	308	Stacey	Arnold	47	F 40-49	Rockville MD	0:33:01
36	403	Derrick	Nursej	39	M 30-39	Arlington VA	0:33:03
37	315	Alice	Cook	20	F 20-29	Gaithersburg MD	0:33:15
38	411	Gregg	Serenbetz	47	M 40-49	Alexandria VA	0:33:30

39	336	Maureen	Mckenzie	34	F 30-39	Alexandria VA	0:33:58
40	389	Adam	Kobler	38	M 30-39	Washington DC	0:33:59
41	369	Robert	Creek	51	M 50-59	Laurel MD	0:34:01
42	408	John	Roller	30	M 30-39	Rockville MD	0:34:08
43	419	Katie	Windlan	39	F 30-39	Silver Spring MD	0:34:23
44	378	Ben	Graves	35	M 30-39	Alexandria VA	0:34:54
45	430	Audrey	Blake	11	F 19-U	Kensington MD	0:34:57
46	429	Carl	Blake	47	M 40-49	Kensington MD	0:35:02
47	314	Barbara	Chong	48	F 40-49	Boyd's MD	0:35:37
48	354	Susan	Yenyo	51	F 50-59	Springfield VA	0:36:05
49	388	Drew	Kistler	50	M 50-59	Boyd's MD	0:36:16
50	424	Greg	Greismon	60	M 60+	Elkridge MD	0:36:42
51	318	Kate	Dowling	56	F 50-59	Washington DC	0:36:45
52	405	Heath	Peterson	43	M 40-49	Reston VA	0:36:55
53	340	Molly	Nixon	36	F 30-39	Washington DC	0:37:34
54	426	Erin	Sutton	41	F 40-49	Arlington VA	0:38:12
55	347	Romana	Rychlikova	52	F 50-59	Alexandria VA	0:38:14
56	359	Brandon	Bodnar	36	M 30-39	Ankeny IA	0:38:18
57	326	Veronica	Kerr	54	F 50-59	Derwood MD	0:38:21
58	346	Stephanie	Robinson	45	F 40-49	Arlington VA	0:38:30
59	381	Maccabi	Hollis	11	M 19-U	Bethesda MD	0:38:37
60	428	Jennifer	Johnson	46	F 40-49	Bethesda MD	0:38:47
61	431	Katherine	Godesky	41	F 40-49	Arlington VA	0:39:17
62	400	David	Michehl	47	M 40-49	Vienna VA	0:39:18
63	391	Ryan	Kula	44	M 40-49	Purcellville VA	0:39:21
64	423	Kelli	Swift	34	F 30-39	Frederick MD	0:39:43
65	427	Simon	Limage	42	M 40-49	Washington DC	0:40:11
65	355	Michael	Belinkie	42	M 40-49	Arlington VA	0:40:11
67	370	Jack	Eisenberg	64	M 60+	Rockville MD	0:40:16
68	386	Ronald	Keech	64	M 60+	Rockville MD	0:40:18
69	324	Rachel	Guzzone	36	F 30-39	Rockville MD	0:40:33
70	328	Siri Lakshmi	Khalsa	10	F 19-U	Reston VA	0:41:03
70	387	Sat Nam	Khalsa	45	M 40-49	Reston VA	0:41:03
72	323	Emily	Griswold	27	F 20-29	Takoma Park MD	0:41:05
73	390	Steven	Kraft	34	M 30-39	Gaithersburg MD	0:41:09
74	313	Paola	Canelos	43	F 40-49	Gaithersburg MD	0:41:10
75	392	Fredric	Leffler	64	M 60+	Columbia MD	0:41:12
76	319	Natasha	Ezerski	43	F 40-49	Bowie MD	0:41:28
77	316	Latoya	Cross	36	F 30-39	Bowie MD	0:41:30
78	412	Camden	Serra	8	M 19-U	Olney MD	0:41:57
79	341	Tracy	Nursey	40	F 40-49	Arlington VA	0:42:00
80	371	Timothy	Elder	52	M 50-59	Arlington VA	0:42:14
81	385	Nicholas	Jorgensen	15	M 19-U	Frederick MD	0:42:30
82	327	Ananda	Khalsa	13	F 19-U	Reston VA	0:42:50
83	309	Brianne	Barrow Little	40	F 40-49	washington DC	0:42:57

84	364	Mike	Carey	63	M 60+	Spencerville MD	0:42:58
85	310	Erin	Birgfeld	47	F 40-49	Washington DC	0:43:02
86	339	Suman	Nayak	43	F 40-49	Frederick MD	0:43:06
87	418	Dima	Yakovets	15	M 19-U	Derwood MD	0:44:31
88	395	Martin	Machado	37	M 30-39	Germantown MD	0:44:45
89	414	John	Thomas	74	M 70+	Lexington VA	0:45:50
90	404	Matt	Penniman	35	M 30-39	Highland MD	0:45:52
90	342	Cari	Penniman	35	F 30-39	Highland MD	0:45:52
92	384	Lucian	Jorgensen	11	M 19-U	Frederick MD	0:46:31
92	383	John	Jorgensen	54	M 50-59	Frederick MD	0:46:31
94	413	Tommy	Tepper	52	M 50-59	Rockville MD	0:47:25
95	332	Raquel	Machado	33	F 30-39	Germantown MD	0:48:59
96	356	George	Bernier	55	M 50-59	Alexandria VA	0:49:54
97	345	Tara	Reed	36	F 30-39	Waldorf MD	0:52:04
98	352	Claire	Tepper	9	F 19-U	Rockville MD	0:52:06
99	344	Maria	Puga	50	F 50-59	Chevy Chase MD	0:52:19
100	350	Veronica	Supinger	8	F 19-U	Springfield VA	0:53:05
100	349	Jamie	Supinger	32	F 30-39	Springfield VA	0:53:05
102	322	Elizabeth	Gill	27	F 20-29	Takoma Park MD	0:53:35
103	338	Agnes	Moyeno	48	F 40-49	Beltsville MD	0:54:16
104	421	Ben	Owens	6	M 19-U	Alexandria VA	0:55:41
105	422	Julie	Parks	41	F 40-49	Alexandria VA	0:55:45
106	417	Alan	Wycherley	76	M 70+	Annapolis MD	0:58:11
107	432	Natalie	Birner	49	F 19-U	Woodbine MD	1:00:05
108	321	Julietta	Gil	9	F 19-U	Arlington VA	1:04:18
109	377	Edgar	Gil Rico	46	M 40-49	Arlington VA	1:04:25
110	330	Joanne	Lee	45	F 40-49	Columbia MD	1:07:01
111	325	Kathy	Hennes	66	F 60+	Annapolis MD	1:08:23
112	353	Jennifer	Tepper	41	F 40-49	Rockville MD	1:16:38

**10K Results (Actual Distance 10.4K)**

Place	Bib #	First Name	Last Name	Age	Age Group	City	Time
1	777	Travis	Wray	33	M 30-39	Alexandria VA	0:43:30
2	766	Benn	Thomas	39	M 30-39	Arlington VA	0:44:05
3	724	Philipp	Naegele	36	M 30-39	Rockville MD	0:44:16
4	756	Brady	Smith	21	M 20-29	Mt Airy MD	0:45:05
5	776	Austin	Wray	31	M 30-39	Washington DC	0:45:55
6	773	James	Wagner	46	M 40-49	Washington DC	0:46:12
7	743	Travis	Rudge	40	M 40-49	Centreville VA	0:46:17
8	902	Ranjoah	Gill	37	M 30-39	Rockville MD	0:46:22
9	684	Kyle	Grimsley	31	M 30-39	Springfield VA	0:47:18
10	681	David	Gooze	31	M 30-39	Washington DC	0:48:12
11	710	Jim	Marchesi	38	M 30-39	Towson MD	0:48:30
12	652	Ryan	Bowen	33	M 30-39	Rockville MD	0:48:32
13	718	Jamie	Mills	42	M 40-49	Frederick MD	0:48:39
14	716	Ryan	Mclaughlin	37	M 30-39	Arlington VA	0:48:43
15	893	Brent	Barbee	38	M 30-39	Gaithersburg MD	0:49:00
16	737	Robert	Pondell	31	M 30-39	Rockville MD	0:49:59
17	651	Rob	Bowen	55	M 50-59	Oak Hill VA	0:50:08
18	703	Joshua	Lasky	34	M 30-39	Washington DC	0:50:09
19	761	Francisco	Sucre	54	M 50-59	Chevy Chase MD	0:50:30
20	706	Chris	Levinton	37	M 30-39	Dickerson MD	0:51:00
21	653	Lochlan	Boyle	46	M 40-49	Columbia MD	0:51:16
22	702	Wilco	Lagendyk	53	M 50-59	Vienna VA	0:51:21
23	643	Michael	Alonzo	40	M 40-49	Silver Spring MD	0:51:38
24	701	Marco	Lagendyk	16	M 19-U	Vienna VA	0:51:41
25	779	Xian	Zhao	32	M 30-39	Washington DC	0:51:46
26	534	Miranda	Forte	34	F 30-39	Rockville MD	0:52:18
27	755	Jan	Smilek	52	M 50-59	Leesburg VA	0:52:34
28	757	Nathan	Soules	35	M 30-39	Leesburg VA	0:52:46
29	690	Spencer	Hollis	45	M 40-49	Bethesda MD	0:53:09
30	692	Julius	Jeter	35	M 30-39	Washington DC	0:53:19
31	645	Kevin	Baird	29	M 20-29	Silver Spring MD	0:53:20
32	722	William	Moore	40	M 40-49	Bethesda MD	0:53:59
33	900	Bruce	Halpin	62	M 60+	Ashburn VA	0:54:19
34	691	Christopher	Jackman	53	M 50-59	Vienna VA	0:54:53
35	698	Joshua	Kiner	35	M 30-39	Greenbelt MD	0:54:58
36	683	Tyler	Gray	35	M 30-39	Washington DC	0:55:19
37	647	Kellan	Baker	37	M 30-39	Baltimore MD	0:55:25
38	720	Larry	Moffatt	64	M 60+	Mitchell IN	0:55:31
39	648	Caeden	Beavers	15	M 19-U	Burke VA	0:55:33
40	685	Graham	Grove	41	M 40-49	Washington DC	0:55:57
41	768	Stephen	Thompson	46	M 40-49	Washington DC	0:56:08
42	670	Paul	Durbin	54	M 50-59	Austin TX	0:56:22
43	762	Anders	Sundstrom	43	M 40-49	Clarksburg MD	0:56:41

44	528	Penelope	Donkar	35	F 30-39	Washington DC	0:56:49
45	765	Brett	Theeler	41	M 40-49	Gaithersburg MD	0:57:04
46	753	Eric	Sikorski	39	M 30-39	Alexandria VA	0:57:20
47	568	Kathryn	Martin	38	F 30-39	Bethesda MD	0:57:47
48	599	Paola Nasser	Robey	40	F 40-49	Falls Church VA	0:57:57
49	607	Bethany	Schumacher	28	F 20-29	Washington DC	0:58:10
50	569	Michaela	Mccann	33	F 30-39	Potomac MD	0:58:13
51	636	Lucy	Wright	24	F 20-29	Monrovia MD	0:58:27
52	760	Matthew	Stoycos	34	M 30-39	Rockville MD	0:58:30
53	682	Joel	Graham	37	M 30-39	Alexandria VA	0:58:43
54	672	Jay	Ferland	49	M 40-49	Chantilly VA	0:58:45
55	897	Luis	Herrera	57	M 50-59	Bethesda MD	0:59:00
56	679	Rj	Gitter	25	M 20-29	Baltimore MD	0:59:01
57	667	Drew	Cormier	34	M 30-39	Ellicott City MD	0:59:02
58	615	Lara	Silverman	30	F 30-39	Baltimore MD	0:59:06
59	752	David	Shove-Brown	46	M 40-49	Potomac MD	0:59:12
60	733	Noel	Pesce	43	M 40-49	Rockville MD	0:59:19
61	659	Ed	Choy	43	M 40-49	Germantown MD	0:59:21
62	662	Billy	Clem	50	M 50-59	Frederick MD	0:59:22
63	657	Brian	Camarote	46	M 40-49	Falls Church VA	0:59:29
64	730	Oleksiy	Panashchenko	31	M 30-39	Silver Spring MD	0:59:30
65	674	Steve	Frostad	57	M 50-59	Herndon VA	0:59:33
66	712	Brendan	Mccarthy	40	M 40-49	Frederick MD	0:59:38
67	697	Prajwal	Keranahalli	21	M 20-29	Clarksburg MD	0:59:48
68	627	Eliana	Torres	29	F 20-29	Alexandria VA	0:59:57
69	669	Chad	Duhon	41	M 40-49	Gaithersburg MD	1:00:04
70	746	Corey	Schoo	34	M 30-39	Frederick MD	1:00:10
71	736	Bret	Pollack	53	M 50-59	Marriottsville MD	1:00:21
72	895	James	Menzies	54	M 50-59	Gaithersburg MD	1:00:34
73	592	Sarah	Pondell	30	F 30-39	Rockville MD	1:00:35
74	579	Amy	Mortimer	54	F 50-59	Arlington VA	1:00:38
75	501	Danye	Aboki	40	F 40-49	Bethesda MD	1:00:42
76	630	Lindsey	Weaver	33	F 30-39	Frederick MD	1:01:05
77	520	Ellen	Cousins	32	F 30-39	Rockville MD	1:01:15
78	739	Robert	Racek	43	M 40-49	Brunswick MD	1:01:48
79	758	Jordan	Southers	33	M 30-39	Frederick MD	1:01:51
80	705	Douglas	Lerch	32	M 30-39	Ashburn VA	1:02:05
81	549	Emily	Hoagland	40	F 40-49	Washington DC	1:02:07
82	896	Marie	Marino	38	F 30-39	Gaithersburg MD	1:02:09
83	555	Laura	Jensen	37	F 30-39	Tucson AZ	1:02:24
84	582	Jen	Norris	48	F 40-49	Alexandria VA	1:02:34
85	676	Michael	Geffel	32	M 30-39	Baltimore MD	1:02:35
86	612	Heather	Shull	37	F 30-39	Burke VA	1:02:36
87	689	Timothy	Higgins	36	M 30-39	Eldersburg MD	1:02:39
88	658	Jason	Cave	48	M 40-49	Vienna VA	1:02:51

89	750	Vincent	Sheehy	60	M 60+	Arlington VA	1:02:53
90	735	Mark	Poblete	33	M 30-39	Fairfax VA	1:03:34
91	614	Stephanie	Sikorski	38	F 30-39	Alexandria VA	1:03:53
92	510	Caitlin	Briere	33	F 30-39	Alexandria VA	1:03:54
93	903	Donald	Conner	38	M 30-39	Clarksburg MD	1:04:05
94	759	Todd	Steel	49	M 40-49	Monrovia MD	1:04:18
95	671	Cael	Ferland	14	M 19-U	Chantilly VA	1:04:39
96	898	Sarah	Farzin	15	F 19-U	Pooseville MD	1:04:42
97	632	Roberta	Whipple	47	F 40-49	Woodbridge VA	1:04:52
98	778	Jeremy	Zehr	37	M 30-39	Rockville MD	1:04:59
99	504	Monika	Bachmann	53	F 50-59	Upper Marlboro MD	1:05:03
100	741	Joshua	Roane	42	M 40-49	Frederick MD	1:05:14
101	731	Enrique	Parra	45	M 40-49	Gaithersburg MD	1:05:19
102	506	Lauren	Becker	37	F 30-39	Washington DC	1:05:23
103	513	Lindsey	Browning	30	F 30-39	Germantown MD	1:05:30
104	677	Ed	Gehres	47	M 40-49	Bethesda MD	1:05:32
105	538	Jc	Gibbons	47	F 40-49	Reston VA	1:05:33
106	744	Shaun	Ryan	49	M 40-49	McLean VA	1:05:40
107	700	Ondrej	Koumal	43	M 40-49	Alexandria VA	1:06:12
108	625	Tabatha	Thompson	44	F 40-49	Washington DC	1:06:47
109	668	Greg	Deller	44	M 40-49	Vienna VA	1:06:51
110	594	Kerry	Quinn	42	F 40-49	Washington DC	1:06:52
111	527	Madeline	Dolente	43	F 40-49	Arlington VA	1:06:56
112	507	Samantha	Bennett	37	F 30-39	Arlington VA	1:06:58
113	763	Nick	Sunseri	36	M 30-39	Alexandria VA	1:06:59
114	694	Elijah	Jones	17	M 19-U	Gaithersburg MD	1:07:04
115	575	Melissa	Mendoza	37	F 30-39	Silver Spring MD	1:07:13
116	769	Jason	Tremblay	39	M 30-39	Washington DC	1:07:15
116	601	Alicia M	Romero Muci	55	F 50-59	Bethesda MD	1:07:15
118	633	Marnie	Whitlock	44	F 40-49	Laurel MD	1:07:16
119	576	Patricia	Mills	13	F 19-U	Frederick MD	1:07:17
120	623	Jennifer	Thomas	51	F 50-59	Washington DC	1:07:30
121	650	Ken	Bocam	53	M 50-59	Potomac MD	1:07:34
122	611	Molly	Shea	40	F 40-49	Prince Frederick MD	1:07:35
123	749	James	Shea	40	M 40-49	Prince Frederick MD	1:07:36
124	638	Cheryl	Young	49	F 40-49	Reston VA	1:07:40
125	516	Robin	Camarote	44	F 40-49	Falls Church VA	1:08:01
126	661	Ben	Clarke	36	M 30-39	Gaithersburg MD	1:08:09
127	693	Khali	Johnson	37	M 30-39	Alexandria VA	1:08:21
128	547	Nicole	Hilleary	19	F 19-U	New Market MD	1:08:45
129	580	Meg	Mosier	42	F 40-49	Kensington MD	1:08:48
130	584	Cate	Nowak	26	F 20-29	Silver Spring MD	1:08:51
131	774	Matt	Walley	44	M 40-49	Tucson AZ	1:09:13
132	596	Allison	Rainey	39	F 30-39	Arlington VA	1:09:15
133	585	Lyudmyla	Panashchenko	33	F 30-39	Silver Spring MD	1:09:32

133	729	Oleg	Panashchenko	56	M 50-59	Silver Spring MD	1:09:32
135	673	Keith	Fischer	35	M 30-39	Baltimore MD	1:09:42
136	713	Christopher	Mcfarlane	51	M 50-59	Alexandria VA	1:09:50
137	663	Michael	Coffey	41	M 40-49	Silver Spring MD	1:10:08
138	535	Dee	Gager	54	F 50-59	New Market MD	1:10:13
138	550	Tereza	Horejsova	39	F 30-39	Alexandria VA	1:10:13
140	590	Sheila	Phillips	58	F 50-59	Falls Church VA	1:10:22
141	678	Jonathan	Gitter	58	M 50-59	Baltimore MD	1:10:40
142	530	Sarah	Elliott	34	F 30-39	Silver Spring MD	1:11:03
143	628	Amy	Varela	28	F 20-29	Frederick MD	1:11:25
144	543	Lea	Haubelt	39	F 30-39	Rockville MD	1:11:51
145	708	Robert	Love	50	M 50-59	Alexandria VA	1:11:56
146	892	Jay	Haley	44	M 40-49	Ft Meade MD	1:11:57
147	675	Andrew	Garrison	28	M 20-29	Annapolis MD	1:11:59
148	524	Stephanie	Devlin-Gill	40	F 40-49	Rockville MD	1:12:13
149	554	Amy	Jansen	49	F 40-49	Woodbine MD	1:12:18
150	711	Nicholas	Matthews	29	M 20-29	Falls Church VA	1:12:20
151	695	Martin	Jones	59	M 50-59	Rockville MD	1:12:36
151	649	Byron	Blunt	48	M 40-49	Rockville MD	1:12:36
153	740	Patrick	Rawson	43	M 40-49	Olney MD	1:12:42
154	523	Marie	Demeulenaere	28	F 20-29	Derwood MD	1:13:14
155	577	Rebecca	Mills	39	F 30-39	Frederick MD	1:13:24
156	526	Stacy	Difranco	39	F 30-39	Hagerstown MD	1:13:40
157	604	Thichakorn	Sawadviphachai	48	F 40-49	Germantown MD	1:13:47
157	563	Pattie	Laun	61	F 60+	Ellicott City MD	1:13:47
157	564	Cristiane	Leite	43	F 40-49	Germantown MD	1:13:47
157	610	Heather	Serra	46	F 40-49	Bethesda MD	1:13:47
161	714	John	Mcglathlin	45	M 40-49	Rockville MD	1:14:00
162	704	Joseph	Lawlor	26	M 20-29	Washington DC	1:14:18
163	709	Varun	Madan	29	M 20-29	Baltimore MD	1:14:22
164	732	Dan	Pelton	39	M 30-39	gaithersburg MD	1:14:30
165	548	Kathleen	Hinman	47	F 40-49	Alexandria VA	1:14:39
166	565	Victoria	Lynch	38	F 30-39	Germantown MD	1:15:09
167	608	Kali	Schumitz	38	F 30-39	Elkridge MD	1:15:13
168	770	Mark	Trexler	58	M 50-59	Timonium MD	1:15:15
169	588	Alison	Pepper	41	F 40-49	Potomac MD	1:15:16
170	646	Stephen	Baird	61	M 60+	Harwick PA	1:15:20
171	686	Ramiro	Gutierrez	47	M 40-49	Gaithersburg MD	1:15:25
172	544	Angela	Hayes	49	F 40-49	Odenton MD	1:16:05
173	680	Peter	Goff	38	M 30-39	Alexandria VA	1:16:27
174	591	Michelle	Poncetta	37	F 30-39	Washington DC	1:16:50
175	502	Rebecca	Adelman	38	F 30-39	Baltimore MD	1:16:56
176	618	Rebecca	Sonkiss	46	F 40-49	Alexandria MD	1:17:26
177	540	Mary	Goodie	48	F 40-49	Gaithersburg MD	1:17:30
178	533	Kimberly	Ferland	52	F 50-59	Chantilly VA	1:17:37

179	545	Robin	Hayes	45	F 40-49	Arlington VA	1:17:41
180	514	Kiersten	Bugge	32	F 30-39	Rockville MD	1:17:44
181	621	Jennifer	Thibodeau	45	F 40-49	Winchester VA	1:17:46
182	734	Tony	Pisarenkov	45	M 40-49	Alexandria VA	1:18:13
183	587	Courtnee	Pelton	37	F 30-39	Gaithersburg MD	1:18:16
184	644	Scott	Axtell	34	M 30-39	Germantown MD	1:18:46
185	629	Yifan	Wang	29	F 20-29	Germantown MD	1:18:50
186	508	Helen	Brailey	41	F 40-49	Rockville MD	1:19:33
186	654	Gilbert	Brailey	10	M 19-U	Rockville MD	1:19:33
188	894	Greg	Jamsa	53	M 50-59	North Potomac MD	1:19:34
189	574	Becky	Meisels	36	F 30-39	Skokie IL	1:19:36
189	728	Michael	Oskin	39	M 30-39	Skokie IL	1:19:36
191	775	Jonathan	Wallinger	46	M 40-49	Falls Church VA	1:19:37
192	899	Andy	Carr	56	M 50-59	Milton GA	1:19:38
193	727	Jesse	Oropesa	43	M 40-49	Bethesda MD	1:19:39
193	656	Greg	Brown	48	M 40-49	Alexandria VA	1:19:39
195	624	Andrea	Thompson	50	F 50-59	Union Bridge MD	1:19:59
195	767	Gregory	Thompson	20	M 20-29	Union Bridge MD	1:19:59
197	593	Marisol	Pulliam	63	F 60+	Gaithersburg MD	1:20:10
198	606	Natasha	Schuh-Nuhfer	39	F 30-39	Sterling VA	1:20:23
199	557	Sharon	Jones	58	F 50-59	Gaithersburg MD	1:20:28
200	552	Emily	Howe	44	F 40-49	Ellicott City MD	1:20:47
200	637	Pamela	Yao	59	F 50-59	Ellicott city MD	1:20:47
202	660	Jonathan	Chwirut	35	M 30-39	Sterling VA	1:20:49
203	537	Ashley	George	34	F 30-39	Dunkirk MD	1:21:26
204	546	Kristina	Hidalgo	40	F 40-49	Arlington VA	1:21:28
205	503	Jane	Alonso	44	F 40-49	Washington DC	1:21:59
206	616	Miranda	Sly	23	F 20-29	Frederick MD	1:22:02
207	589	Leslie	Pezzullo	39	F 30-39	Alexandria VA	1:22:26
207	600	Megan	Roessing	42	F 40-49	arlington VA	1:22:26
209	581	Amara Thiri	Myaing	39	F 30-39	Alexandria VA	1:22:31
210	603	Michelle	Ryan	49	F 40-49	Alexandria VA	1:22:37
211	751	Minsoo	Shim	37	M 30-39	Rockville MD	1:22:42
212	726	Brian	O'Quinn	42	M 40-49	Herndon VA	1:23:17
213	745	Orin	Schepps	53	M 50-59	North Bethesda MD	1:23:45
214	641	Brandon	Agro	28	M 20-29	Glen Burnie MD	1:23:55
214	655	Dan	Brown	27	M 20-29	Odenton MD	1:23:55
216	780	Brian	Zimmerman	54	M 50-59	Frederick MD	1:24:15
217	595	Grace	Quiroz	31	F 30-39	Owings Mills MD	1:25:20
218	529	Megan	Dooley	50	F 50-59	Waldorf MD	1:25:34
218	536	Kristen	Gearhart	42	F 40-49	Crofton MD	1:25:34
220	622	Irene	Thomas	37	F 30-39	Arlington VA	1:25:47
221	583	Heidi	Novak	44	F 40-49	Frederick MD	1:25:54
222	664	Alan	Cook	38	M 30-39	Dumfries VA	1:26:22
223	719	Jeffrey	Misner	63	M 60+	Walkersville MD	1:26:46



224	640	Taro	Adachi	56	M 50-59	Baltimore MD	1:27:18
225	561	Katrina	Lamb	57	F 50-59	Gaithersburg MD	1:28:05
226	619	Christine	Stafford	49	F 40-49	Frederick MD	1:28:17
227	771	Tom	Troutman	58	M 50-59	Ijamsville MD	1:28:34
228	609	Amanda	Scoughton	42	F 40-49	Alexandria VA	1:28:44
229	901	Antonio	Rodriguez	55	M 50-59	Potomac MD	1:28:55
230	605	Samantha	Schepps	40	F 40-49	North Bethesda MD	1:29:13
231	620	Devon	Struck	43	F 40-49	Hyattsville MD	1:29:29
232	715	Don	Mclaughlin	49	M 40-49	Sterling VA	1:29:38
233	517	Hai	Chen	53	F 50-59	Elkridge MD	1:30:44
234	738	Joshua	Potts	44	M 40-49	Stafford VA	1:31:01
235	639	Tracy	Zimmerman	43	F 40-49	Arlington VA	1:31:26
236	567	Angela	Mariani	34	F 30-39	Silver Spring MD	1:31:41
237	631	Wendy	Weigant	55	F 50-59	Frederick MD	1:32:46
238	687	David	Hart	50	M 50-59	Pasadena MD	1:33:01
239	598	Heather	Roberts	39	F 30-39	Gaithersburg MD	1:33:04
240	571	Paula	Mckinney	37	F 30-39	Dumfries VA	1:33:05
241	518	Katelyn	Clunk	26	F 20-29	Baltimore MD	1:33:51
242	532	Elizabeth	Faux	34	F 30-39	Baltimore MD	1:33:54
243	560	Mary	Knight	45	F 40-49	Falls Church VA	1:34:15
244	634	Heather	Williams	47	F 40-49	Joppa MD	1:35:13
245	505	Jennifer	Barr	32	F 30-39	Parkville MD	1:36:41
246	509	Joyce	Breger	36	F 30-39	Greenbelt MD	1:37:52
247	699	Douglas	Klayman	55	M 50-59	Potomac MD	1:38:10
248	904	Sarah	Khasawinah	31	F 30-39	Falls Church VA	1:39:16
249	519	Emily	Cook	38	F 30-39	Dumfries VA	1:39:24
250	562	Sandy	Lamparello	47	F 40-49	Gaithersburg MD	1:40:21
251	553	Julie	Jaeger	52	F 50-59	Woodbridge VA	1:41:21
252	570	Julie	Mcdowell	45	F 40-49	Washington DC	1:41:47
253	617	Emily	Smith	57	F 50-59	Annandale VA	1:41:48
254	572	Kathleen	Mcmackin	64	F 60+	Millersville MD	1:49:18
255	541	Kathleen	Hanson	65	F 60+	Annapolis MD	2:01:02