

EX2 Adventures Spring Backyard Burn Trail Running Series
Race #3 at Lake Fairfax
Start List as of April 8, 2019

Last Name	First Name	Distance	Age	Hometown
Andrews	William	5 Mile	48	Alexandria VA
Armitage	Beth	5 Mile	27	Vienna VA
Armitage	Emily	5 Mile	34	Vienna VA
Ashton	Lynette	5 Mile	52	Swan Point MD
Ballard	Lindsay	5 Mile	39	Greenbelt MD
Bansal	Arun	5 Mile	51	Chantilly VA
Bardach	Ronald	5 Mile	61	Vienna VA
Barksdale	Marshall	5 Mile	40	Washington DC
Bartolotto	Jim	5 Mile	53	Woodbridge VA
Baumann	Andrew	5 Mile	31	Washington DC
Beavers	Ben	5 Mile	34	Fairfax VA
Beavers	Caeden	5 Mile	15	Burke VA
Becker	Lauren	5 Mile	36	Washington DC
Benedict	Ron	5 Mile	40	Arlington VA
Berlin	Laura	5 Mile	36	Falls Church VA
Bertram	James	5 Mile	12	Fredericksburg VA
Billinghurst	Mark	5 Mile	57	Arlington VA
Block	Charlotte	5 Mile	45	Washington DC
Bocam	Ken	5 Mile	53	Potomac MD
Bradshaw	Julia	5 Mile	26	Washington DC
Brinley	Darold	5 Mile	53	Herndon VA
Buchter	Glenn	5 Mile	55	Alexandria VA
Burger	Bethany	5 Mile	42	Alexandria VA
Burks	Britni	5 Mile	33	Stafford VA
Butler	Jeff	5 Mile	32	Washington DC
Carney	Megan	5 Mile	37	Arlington VA
Carroll	Britaini	5 Mile	43	Washington DC
Clavadetscher	Emily	5 Mile	25	Herndon VA
Clermont	Stephen	5 Mile	48	Burke VA
Colbert	Rolanda	5 Mile	47	Fairfax VA
Combs	Dan	5 Mile	47	Vienna VA
Conley	Robert	5 Mile	54	Reston VA
Cooper	Daniel	5 Mile	33	Falls Church VA
Cowan	David	5 Mile	26	Arlington VA
Dade	Janine	5 Mile	47	Annandale VA
Dee	J	5 Mile	47	Annandale VA
Devlin-Gill	Stephanie	5 Mile	40	Rockville MD
Diamond	Stephanie	5 Mile	43	Vienna VA
Dick	Evan	5 Mile	15	Bristow VA
Dick	Leslie	5 Mile	44	Bristow VA

Donheffner	Kristen	5 Mile	31	Washington DC
Donnell	William	5 Mile	47	Annandale VA
Doss	Shane	5 Mile	33	Springfield VA
Dubia	Denise	5 Mile	50	Falls Church VA
Duprey	Judy	5 Mile	43	Reston VA
Durbin	Paul	5 Mile	54	Washington DC
Edmond	Tyler	5 Mile	25	Baltimore MD
Escribano	Claudia	5 Mile	58	Sterling VA
Ewing	Mark	5 Mile	59	Silver Spring MD
Ferland	Cael	5 Mile	13	Chantilly VA
Ferland	Jay	5 Mile	49	Chantilly VA
Ferrara	Jacob	5 Mile	35	Woodbridge VA
Fick	David	5 Mile	42	Fairfax VA
Foret	Ryan	5 Mile	27	Takoma Park MD
Forte	Miranda	5 Mile	33	Rockville MD
Francis	Kate	5 Mile	40	Washington DC
Freres	Anita	5 Mile	54	Vienna VA
Fullen	Dana	5 Mile	36	Manassas VA
Gimbel	Katya	5 Mile	35	Arlington VA
Glanz	Liz	5 Mile	52	Springfield VA
Gobeille	Todd	5 Mile	47	Herndon VA
Goodman	Noah	5 Mile	41	Vienna VA
Gooze	David	5 Mile	30	Washington DC
Gray	Tyler	5 Mile	35	Washington DC
Griswold	Emily	5 Mile	27	Takoma Park MD
Hardwick	Audrey	5 Mile	32	Dumfries VA
Hartless	Zachary	5 Mile	29	Herndon VA
Hastings	Alistair	5 Mile	42	Reston VA
Hayward	Pete	5 Mile	53	Vienna VA
Hedke	Lucia	5 Mile	43	Bethesda MD
Hedke	Tim	5 Mile	43	Bethesda MD
Hense	Michelle	5 Mile	32	Washington DC
Hession	Stefanie	5 Mile	51	Fairfax VA
Hilliard	Nicole	5 Mile	38	Burke VA
Hittinger	Leigh	5 Mile	38	Gaithersburg MD
Hoffheins	Robb	5 Mile	45	Leesburg VA
Hoogland	Megan	5 Mile	29	Fairfax VA
Horstmann	Laurie	5 Mile	59	Centreville VA
Howard	James	5 Mile	58	Alexandria VA
Howard	Lori	5 Mile	51	Alexandria VA
Introcaso	Lynn	5 Mile	55	Alexandria VA
Jackman	Christopher	5 Mile	53	Vienna VA
Jelks	David	5 Mile	52	Accokeek MD
Johansson	Stefan	5 Mile	52	Vienna VA
Johnson	Jennifer	5 Mile	46	Bethesda MD

Jones	Brian	5 Mile	46	Dumfries VA
Keim	Greg	5 Mile	58	Fairfax VA
Keller	Thomas	5 Mile	56	Centreville VA
Kelly	John	5 Mile	40	Woodbridge VA
Kennard	Samantha	5 Mile	35	Washington DC
Kesselman	Scott	5 Mile	29	Alexandria VA
Kirk	Carly	5 Mile	32	Arlington VA
Klembara	Melissa	5 Mile	40	Washington DC
Kuckelman	Doug	5 Mile	41	Potomac MD
Laun	Pattie	5 Mile	61	Ellicott City MD
Leggieri	Rebecca	5 Mile	51	Manassas VA
Long	Mike	5 Mile	43	Sterling VA
Ludwig	Bob	5 Mile	56	Washington DC
Ludwig	Monica	5 Mile	55	Washington DC
Lusk	Patrick	5 Mile	64	Fairfax VA
Lyle	Glen	5 Mile	48	Oak Hill VA
Maese	Aydan	5 Mile	9	Arlington VA
Maese	Mateo	5 Mile	7	Arlington VA
Maese	Tracy	5 Mile	39	Arlington VA
Maksymonko	Lara	5 Mile	37	Springfield VA
Manson	George	5 Mile	36	Alexandria VA
Mckendrick	Kyle	5 Mile	31	Chantilly VA
Mcleod	Mckenzie	5 Mile	37	Woodbridge VA
Merchant	Dea	5 Mile	51	Fairfax VA
Miller	Arianna	5 Mile	27	Alexandria VA
Mire	Kelsey	5 Mile	30	Lake Ridge VA
Morales	Odimar	5 Mile	43	Arlington VA
Morrison	Jennifer	5 Mile	51	Herndon VA
Murdock	Stephanie	5 Mile	50	Washington DC
Murray	Patrick	5 Mile	39	Woodbridge VA
Nagy	Anne	5 Mile	52	Reston VA
Neukomm	Monica	5 Mile	39	arlington VA
Newman	Denae	5 Mile	45	Sterling VA
Newsom	Leonard	5 Mile	49	Largo MD
Niblett	Vicky	5 Mile	41	Stafford VA
Nichols	Joshua	5 Mile	34	Burke VA
O'Connell	Maria	5 Mile	44	Centreville VA
Olesen	Andrew	5 Mile	34	Arlington VA
Palmer	Kathryn	5 Mile	32	Springfield VA
Palmer	Scott	5 Mile	33	Springfield VA
Parker	Robert	5 Mile	57	Washington DC
Perez	Catherene	5 Mile	35	Vienna VA
Pesce	Noel	5 Mile	43	Rockville MD
Phelps	Tracy	5 Mile	45	Warrenton VA
Pisarenkov	Tony	5 Mile	45	Alexandria VA

Pompi	Kourtney	5 Mile	41	Arlington VA
Presser	Jennifer	5 Mile	34	Arlington VA
Pugh	Andrew	5 Mile	49	Washington DC
Rapavi	Paul	5 Mile	61	Springfield VA
Ravetti	David	5 Mile	50	Springfield VA
Reed	Keith	5 Mile	64	Vienna VA
Reinauer	Eric	5 Mile	37	Arlington VA
Renner	Corinne	5 Mile	25	Baltimore MD
Ridlehoover	Michelle	5 Mile	47	Manassas VA
Ringier	Matthew	5 Mile	44	Vienna CA
Rodriguez	Barbara	5 Mile	38	Washington DC
Rodriguez	Lydia	5 Mile	47	Chantilly VA
Roessing	Megan	5 Mile	41	Arlington VA
Rosenthal	Sara	5 Mile	31	Washington DC
Savage	Eliza	5 Mile	54	Alexandria VA
Scheirich	Harald	5 Mile	52	Washington DC
Schultz	Leo	5 Mile	45	Woodbridge VA
Serra	Heather	5 Mile	46	Bethesda MD
Shannon	Jessica	5 Mile	33	Washington DC
Shikaki	Muna	5 Mile	39	Washington DC
Shipltett	Katherine	5 Mile	42	Arlington VA
Shove-Brown	David	5 Mile	46	Potomac MD
Sikorski	Tiffany-Rose	5 Mile	35	Sterling VA
Silag	Mike	5 Mile	47	Chantilly VA
Smilek	Jan	5 Mile	52	Leesburg VA
Smith	Emily	5 Mile	56	Annandale VA
Smith	Patty	5 Mile	42	Reston VA
Sneckenberg	Echo	5 Mile	31	arlington VA
Sneckenberg	Robert	5 Mile	31	arlington VA
Spangler	Christine	5 Mile	51	Frederick MD
Stacey	Jill	5 Mile	45	Washington DC
Stanley	Michelle	5 Mile	39	Springfield VA
Staver	Erin	5 Mile	25	Arlington VA
Stavish	Stephanie	5 Mile	45	Arlington VA
Storey	Laura E	5 Mile	47	Herndon VA
Stronczer	Ryan	5 Mile	35	Arlington VA
Sumners	Cameron	5 Mile	14	Fairfax Station VA
Sweetland	Lisa	5 Mile	41	Annandale VA
Teifke	Thomas	5 Mile	53	Arlingron VA
Tencate	Michael	5 Mile	51	Oakton VA
Trusty	Sarah	5 Mile	35	Sterling VA
Tyliszczak	Peter	5 Mile	29	Washington DC
Urgese	Jocelyn	5 Mile	44	Fairfax Station VA
Vickland	Scott	5 Mile	59	Arlington VA
Vogt	Jennifer	5 Mile	37	Arlington VA

Walker	Jennifer	5 Mile	43	Oakton VA
Walter	Dean	5 Mile	53	McLean VA
Walter	Whit	5 Mile	17	McLean VA
Warner	Naomi	5 Mile	35	Reston VA
Wask	Bret	5 Mile	42	Alexandria VA
Weaver	Bryan	5 Mile	45	Springfield VA
Weaver	Heather	5 Mile	50	Bethesda MD
Weikle	Jamie	5 Mile	38	Alexandria VA
Willard	Marce	5 Mile	53	Purcellville VA
Wong	Jessica	5 Mile	28	Alexandria VA
Woodhull	Richard	5 Mile	34	Washington DC
Yenyo	Sue	5 Mile	51	Springfield VA
Zhang	Michael	5 Mile	28	Arlington VA
Albaugh	Johanna	10 Mile	31	Washington DC
Ayers	Christian	10 Mile	44	Burke VA
Badavi	Mary Ann	10 Mile	27	Washington DC
Baroody	Cindy	10 Mile	50	Lincoln VA
Barton	Daniel	10 Mile	40	Washington DC
Batkins	Sam	10 Mile	36	Springfield VA
Bedlington	Sally	10 Mile	61	Reston VA
Benedict	Gary	10 Mile	37	Sterling VA
Bennett	Darcey	10 Mile	43	Arlington VA
Berkman	Daniel	10 Mile	35	Washington DC
Bertram	Janel	10 Mile	45	Fredericksburg VA
Bewley	Todd	10 Mile	36	Arlington VA
Bhojwani	Blaire	10 Mile	49	Leesburg VA
Bhojwani	Romy	10 Mile	44	Leesburg VA
Brence	Jacqueline	10 Mile	48	Stafford VA
Brennan	James	10 Mile	40	Fairfax VA
Brinley	Stephanie	10 Mile	50	Herndon VA
Brown	Neil	10 Mile	28	Silver Spring MD
Bryce Bell	Libby	10 Mile	60	Baltimore MD
Cannan	Jennifer	10 Mile	41	Alexandria VA
Canter	Chris	10 Mile	40	Arlington VA
Carey	Michael	10 Mile	63	Spencerville MD
Carney	Tiffiney	10 Mile	39	Washington DC
Carr	John	10 Mile	29	Washington DC
Chase	Matthew	10 Mile	38	Fort Belvoir VA
Claes	Jonas	10 Mile	34	Alexandria VA
Clickener	Bryan	10 Mile	42	Fairfax Station VA
Colombo	Nicholas	10 Mile	35	Arlington VA
Constantine	Kristen	10 Mile	30	Brick NJ
Cook	Tyrone	10 Mile	52	Alexandria VA
Crissman	Ashley	10 Mile	31	Woodbridge VA
Dana	Maryann	10 Mile	47	Reston VA

Dehoust	Brady	10 Mile	43	Reston VA
Dolente	Madeline	10 Mile	42	Arlington VA
Dupont	Alexandra	10 Mile	31	Ellicott City MD
Duran	David	10 Mile	39	Bristow VA
Evans	Lee	10 Mile	41	Reston VA
Evenson	Kaniesia	10 Mile	46	Centreville VA
Farquhar	Adrian	10 Mile	43	Vienna VA
Farrow	Irene	10 Mile	35	Washington DC
Farrow	Simon	10 Mile	28	Falls Church VA
Farthing	Sheila	10 Mile	49	Potomac Falls VA
Ferland	Kimberly	10 Mile	51	Chantilly VA
Fitzpatrick	Shawn	10 Mile	52	Oakton VA
Fleming	Adam	10 Mile	44	Baltimore MD
Fleming	Matt	10 Mile	46	Laurel MD
Gangi	Heather	10 Mile	41	Vienna VA
Gilman	Bradley	10 Mile	61	Vienna VA
Gluzman	Sebastian	10 Mile	46	Washington DC
Golden	Kaitlyn	10 Mile	30	Washington DC
Goldstein	Allie	10 Mile	31	Washington DC
Gonski	Alex	10 Mile	34	Reston VA
Gonzales	Gayle	10 Mile	41	Purcellville VA
Gray	Margaret	10 Mile	40	Herndon VA
Gudmundsen	Peter	10 Mile	29	Arlington VA
Hanson	Shelly	10 Mile	50	McLean VA
Helman	Damien	10 Mile	22	Boonsboro MD
Hoffmann	Jennifer	10 Mile	41	falls church VA
Huang	Chu	10 Mile	43	Sterling VA
Hyman	Alexandra	10 Mile	29	Washington DC
Jacobs	Courtney	10 Mile	38	Vienna VA
Jeffers	Alexander	10 Mile	30	Bethesda MD
Jenkins	Laura	10 Mile	35	Reston VA
Johnson	Khali	10 Mile	37	Alexandria VA
Johnson	Kristi	10 Mile	31	Vienna VA
Jones	Luke	10 Mile	41	Baltimore MD
Jordan	Myriah	10 Mile	42	Arlington VA
Karam	Amy	10 Mile	48	Fairfax VA
Kavanaugh	Stephanie	10 Mile	43	Washington DC
Kettish	Anju	10 Mile	49	Leesburg VA
Koob	Terry	10 Mile	52	Virginia Beach VA
Krulikowski	Mark	10 Mile	50	Reston VA
Kurz	Justin	10 Mile	35	Falls Church VA
Labaki	Georges	10 Mile	30	Alexandria VA
Lachance	Brian	10 Mile	35	Springfield VA
Lent	Teresa	10 Mile	57	Arlington VA
Lucas-Judy	Jessica	10 Mile	44	Falls Church VA

Lucci	Seth	10 Mile	42	Round Hill VA
Luh	Hollin	10 Mile	38	Bethesda MD
Luyster	Amy	10 Mile	45	Fairfax Station VA
Lynch	Denis	10 Mile	44	Vienna VA
Marley	Laurel	10 Mile	37	Warrenton VA
Martinez	Laura	10 Mile	36	Round Hill VA
Mastrodonato	Kellie	10 Mile	56	Arlington VA
Mattucci	Lynn	10 Mile	62	Arlington VA
Mccalla	Kevin	10 Mile	40	Montclair VA
Mcintosh	Julie	10 Mile	50	Fairfax VA
Mclean	Mark	10 Mile	44	Gainesville VA
Miller	Ruth	10 Mile	44	Burke VA
Morell	Alicia	10 Mile	48	Fairfax VA
Motley	Takisha	10 Mile	40	Washington DC
Nelson	Keith	10 Mile	44	Vienna VA
Norman	Erin	10 Mile	36	Oakton VA
Norris	Jen	10 Mile	48	Arlington VA
Parks	Julie	10 Mile	41	Alexandria VA
Patterson	Geoff	10 Mile	35	Washington DC
Peasley	Julie	10 Mile	43	Springfield VA
Penton	Alisha	10 Mile	30	Remington VA
Petrie	Grant	10 Mile	64	Alexandria AE
Pickering	Mary	10 Mile	50	Arlington VA
Poncetta	Michelle	10 Mile	37	Washington DC
Povlich	Laura	10 Mile	34	Washington DC
Raab	Julie	10 Mile	22	Chevy Chase MD
Reed	Scott	10 Mile	43	Alexandria VA
Reilly	Rachel	10 Mile	35	Reston VA
Rhodes	Joe	10 Mile	44	Fairfax Station VA
Roberts	Daniel	10 Mile	31	Laurel MD
Rudge	Travis	10 Mile	39	Centreville VA
Sarmiento	Dennis	10 Mile	45	Fairfax VA
Satkowiak	Karly	10 Mile	31	Washington DC
Schreibman	Jack	10 Mile	44	Manassas VA
Schumacher	Bethany	10 Mile	28	Washington DC
Scotto	Pj	10 Mile	38	Falls Church VA
Siu	David	10 Mile	45	Arlington VA
Skold	Daniel	10 Mile	35	Takoma Park MD
Slater	Mary	10 Mile	48	Silver Spring MD
Smolskaya	Volha	10 Mile	33	Vienna VA
Spangler	Kathy	10 Mile	44	Fairfax Station VA
Spencer	Jennifer	10 Mile	48	Fairfax VA
Stacey	Mark	10 Mile	46	Washington DC
Starrs	Siobhan	10 Mile	46	Burke VA
Stoecklin	Alison	10 Mile	38	Fairfax VA

Teasdale	Michael	10 Mile	45	McLean VA
Terrie	Larkin	10 Mile	39	Washington DC
Thatcher	Zachary	10 Mile	24	Arlington VA
Thomas	Benn	10 Mile	39	Arlington VA
Thomas	Irene	10 Mile	37	Arlington VA
Thomas	Jennifer	10 Mile	51	Washington DC
Tilsley	Alexandra	10 Mile	28	Washington DC
Tishler	Jeremy	10 Mile	41	Warrenton VA
Tollini	Michael	10 Mile	41	McLean VA
Vaughn	Jon	10 Mile	44	Arlington VA
Vicente	Hector	10 Mile	42	Washington DC
Vines	Katya	10 Mile	51	Washington DC
Wagner	James	10 Mile	46	Washington DC
Walker	Kim	10 Mile	33	Washington DC
Wong	Aleck	10 Mile	43	Potomac Falls VA
Wunderink	Katherine	10 Mile	40	Baltimore MD