

2018 EX2 Adventures Fall Backyard Burn Trail Running Series

Race #2 Lake Fairfax Regional Park - October 14, 2018

Overall Results

5 Mile Results							
Place	Bib #	First Name	Last Name	Age	Age Group	Hometown	Time
1	313	David	Magida	32	M 30-39	Washington DC	0:33:08
2	267	Brad	Byrnes	38	M 30-39	Alexandria VA	0:35:12
3	271	Matthew	Cleveland	30	M 30-39	Potomac Falls VA	0:37:38
4	262	Kevin	Belanger	33	M 30-39	Washington DC	0:37:40
5	342	James	Wagner	45	M 40-49	Washington DC	0:37:41
6	247	Anna	Tupy	29	F 20-29	Washington DC	0:38:05
7	289	Alistair	Hastings	41	M 40-49	Reston VA	0:38:39
8	321	Chris	Noland	46	M 40-49	Sterling VA	0:39:19
9	334	Jan	Smilek	51	M 50-59	Leesburg VA	0:40:05
10	288	Graham	Grove	41	M 40-49	Washington DC	0:40:29
11	320	Josh	Nichols	34	M 30-39	Burke VA	0:40:32
12	328	Christopher	Raub	36	M 30-39	Bethesda MD	0:40:35
13	336	Ryan	Stronczer	34	M 30-39	Arlington VA	0:41:13
14	296	Aaron	Jeanguenat	38	M 30-39	Springfield VA	0:41:36
15	341	Michael	Vega	40	M 40-49	Ashburn VA	0:41:58
16	339	Peter	Tyliszczak	29	M 20-29	Washington DC	0:42:11
17	294	Bennett	Hunter	18	M 19-U	McLean VA	0:42:12
18	317	Carson	Monroe	25	M 20-29	Arlington VA	0:42:17
19	275	Fernando	De La Cerda	48	M 40-49	El Paso TX	0:42:22
20	266	Nathan	Bruns	26	M 20-29	Arlington VA	0:42:31
21	278	Jay	Ferland	48	M 40-49	Chantilly VA	0:42:46
22	363	David	Baggett	48	M 40-49	Woodbridge VA	0:42:55
23	183	Anita	Freres	53	F 50-59	Vienna VA	0:43:03
24	332	David	Shove-Brown	45	M 40-49	Potomac MD	0:43:07
25	263	Mark	Billinghurst	57	M 50-59	Arlington VA	0:43:24
26	235	Stephanie	Schmidt	25	F 20-29	Fairfax VA	0:43:26
27	366	Allan	Ng	40	M 40-49	Arlington VA	0:43:57
28	347	Brandan	Lown	32	M 30-39	Lorton VA	0:44:01
29	285	Alex	Gonski	33	M 30-39	Reston VA	0:44:07
30	181	Miranda	Forte	33	F 30-39	Rockville MD	0:44:16
31	325	Noel	Pesce	43	M 40-49	Rockville MD	0:44:29
32	269	Chris	Clements	35	M 30-39	Fairfax VA	0:44:30
33	297	Stefan	Johansson	51	M 50-59	Vienna VA	0:44:39
34	295	Chris	Hunter	52	M 50-59	McLean VA	0:44:46
35	351	Allie	Goldstein	31	F 30-39	Washington DC	0:45:07

36	326	Steve	Ramsdell	52	M 50-59	Burke VA	0:45:08
37	350	David	Giambarresi	33	M 30-39	Arlington VA	0:45:31
38	164	Kelly	Barry	33	F 30-39	Oakton VA	0:45:38
39	223	Jean	Nehring	42	F 40-49	Vienna VA	0:45:42
40	239	Shelese	Smith	45	F 40-49	Alexandria VA	0:45:43
41	284	Todd	Gobeille	47	M 40-49	Herndon VA	0:45:47
42	327	Paul	Rapavi	61	M 60+	Springfield VA	0:45:51
43	171	Britni	Burks	33	F 30-39	Stafford VA	0:46:18
43	218	Leilani	Morton	43	F 40-49	Chantilly VA	0:46:18
45	173	Katie	Casper	31	F 30-39	Alexandria VA	0:46:22
46	304	Justin	Kurz	34	M 30-39	Falls Church VA	0:46:50
47	355	Casey	Yenyo	17	F 19-U	Springfield VA	0:47:25
48	184	Jc	Gibbons	46	F 40-49	Reston VA	0:47:39
49	277	Cael	Ferland	13	M 19-U	Chantilly VA	0:47:41
50	167	Caryn	Benisch	30	F 30-39	Washington DC	0:48:32
51	357	Tobias	Damico-Lassman	10	M 19-U	Alexandria VA	0:48:35
52	331	Harald	Scheirich	51	M 50-59	Washington DC	0:48:36
53	333	Rick	Smethers	68	M 60+	Reston VA	0:48:37
54	272	Tyrone	Cook	52	M 50-59	Alexandria VA	0:48:55
55	359	Kent	Lassman	44	M 40-49	Alexandria VA	0:49:10
56	170	Julia	Bradshaw	26	F 20-29	Washington DC	0:49:15
57	165	Lauren	Becker	36	F 30-39	Washington DC	0:49:18
58	305	Eric	Larsen	46	M 40-49	Falls Church VA	0:49:23
59	261	Marshall	Barksdale	39	M 30-39	Washington DC	0:49:26
60	337	Thomas	Teifke	53	M 50-59	Arlington VA	0:49:40
61	166	Amber	Bell	39	F 30-39	Washington DC	0:49:43
62	203	Carly	Kirk	32	F 30-39	Arlington VA	0:49:50
63	214	Corinne	Militz	34	F 30-39	Washington DC	0:49:58
64	231	Nicki	Post	37	F 30-39	Alexandria VA	0:50:14
65	309	Patrick	Lusk	64	M 60+	Fairfax VA	0:50:17
66	354	Mia	Hemmersley	25	F 20-29	Washington DC	0:50:22
67	255	Jessica	Wong	27	F 20-29	Alexandria VA	0:50:28
68	276	Brian	Denny	38	M 30-39	Reston VA	0:51:03
69	232	Michelle	Ramsdell	51	F 50-59	Burke VA	0:51:16
70	233	Alissa	Ray	34	F 30-39	Herndon VA	0:51:27
71	279	David	Fick	42	M 40-49	Fairfax VA	0:51:30
72	283	Brad	Gilman	60	M 60+	Vienna VA	0:51:43
73	312	Christopher	Magee	39	M 30-39	Manassas VA	0:51:58
74	260	Ronald	Bardach	60	M 60+	Vienna VA	0:52:10
75	360	Sam	Kennard	35	F 30-39	Washington DC	0:52:13
76	195	Alice	Hisamoto	57	F 50-59	Herndon VA	0:52:22
77	268	Matthew	Chase	38	M 30-39	Fort Belvoir VA	0:52:26

78	338	Michael	Tencate	51	M 50-59	Oakton VA	0:52:35
79	299	Derrek	Jones	53	M 50-59	Washington DC	0:52:55
80	365	Noelle	Ng	36	F 30-39	Arlington VA	0:53:00
81	319	Leonard	Newsom	49	M 40-49	Largo MD	0:53:02
82	200	Beth	Ingalls	44	F 40-49	Alexandria VA	0:53:03
83	302	Jay	Kennedy	46	M 40-49	McLean VA	0:53:05
84	229	Aj	Pearlman	37	F 30-39	Washington DC	0:53:36
85	264	Ken	Bocam	52	M 50-59	Potomac MD	0:54:19
86	172	Megan	Carney	36	F 30-39	Arlington VA	0:54:30
86	356	Julie	Santos	42	F 40-49	Arlington VA	0:54:30
88	251	Jennifer	Walker	43	F 40-49	Oakton VA	0:54:31
89	193	Tabitha	Hendershot	49	F 40-49	Arlington VA	0:54:42
90	221	Kristen	Murphy	45	F 40-49	Ashburn VA	0:54:56
91	228	Tina	Parquette	46	F 40-49	Herndon VA	0:55:00
92	237	Tiffany-Rose	Sikorski	34	F 30-39	Sterling VA	0:55:02
93	345	Garry	Young	55	M 50-59	Arlington VA	0:55:05
94	310	Aydan	Maese	8	M 19-U	Arlington VA	0:55:15
95	210	Tracy	Maese	38	F 30-39	Arlington VA	0:55:16
95	330	Matthew	Ringier	43	M 40-49	Vienna CA	0:55:16
97	257	Susan	Yenyo	50	F 50-59	Springfield VA	0:55:31
98	352	Michael	Nicholson	36	M 30-39	Alexandria VA	0:55:40
99	300	Brian	Kainec	40	M 40-49	Great Falls VA	0:56:23
100	307	Mike	Long	42	M 40-49	Sterling VA	0:56:24
101	259	Karl	Allwerdt	46	M 40-49	Woodbridge VA	0:56:25
102	177	Cassia	Denton	30	F 30-39	Washington DC	0:56:27
103	211	Gloria	Maier	36	F 30-39	Washington DC	0:56:28
104	246	Anne	Trotter	43	F 40-49	Chantilly VA	0:56:42
105	236	Muna	Shikaki	38	F 30-39	Washington DC	0:56:44
106	176	Mary Beth	Corrigan	57	F 50-59	Alexandria VA	0:56:57
107	240	Michelle	Stanley	39	F 30-39	Springfield VA	0:57:23
108	226	Erin	Norman	35	F 30-39	Oakton VA	0:57:34
109	253	Heather	Weaver	50	F 50-59	Bethesda MD	0:57:40
110	292	Jim	Howard	57	M 50-59	Alexandria VA	0:57:46
111	161	Marissa	Anderson	35	F 30-39	Sterling VA	0:58:15
112	217	Jennifer	Morrison	51	F 50-59	herndon VA	0:58:19
113	291	Christopher	Hirt	43	M 40-49	Baytown TX	0:58:21
114	216	Ruth	Miller	44	F 40-49	Burke VA	0:58:23
115	224	Denae	Newman	44	F 40-49	Sterling VA	0:58:27
116	192	Sarah	Halgas	43	F 40-49	Ashburn VA	0:58:29
117	306	Brian	Legan	52	M 50-59	Leesburg VA	0:58:32
118	353	Sarah	Nardella	33	F 30-39	Washington DC	0:58:41
119	208	Melody	Liao	31	F 30-39	Washington DC	0:58:48

120	290	Eric	Hein	56	M 50-59	Fairfax VA	0:59:12
121	238	Heather	Sine	51	F 50-59	Washington DC	0:59:29
122	364	Larry	Miller	34	M 30-39	Alexandria VA	0:59:32
123	282	Blaine	Froeschl	39	M 30-39	Clifton VA	0:59:58
124	191	Naomi	Gunter	37	F 30-39	Silver Spring MD	1:00:29
125	215	Erin	Miller	37	F 30-39	Fairfax VA	1:01:05
126	358	Josephine	Damico-Lassman	12	F 19-U	Alexandria VA	1:01:09
127	270	Stephen	Clermont	47	M 40-49	Burke VA	1:01:32
128	293	David	Hoyt	41	M 40-49	Leesburg VA	1:01:37
129	361	Kate	Frances	40	F 40-49	Washington DC	1:01:40
130	163	Lindsay	Ballard	39	F 30-39	Greenbelt MD	1:01:45
131	340	James	Upton	43	M 40-49	Washington DC	1:01:49
132	242	Jen	Strohecker	42	F 40-49	Springfield VA	1:01:58
133	168	Susan	Betts	47	F 40-49	Sterling VA	1:02:16
134	185	Theresa	Gonzalez	40	F 40-49	Fairfax VA	1:02:19
135	315	Matthew	Mcivor	43	M 40-49	Vienna VA	1:02:37
136	281	Mark	Fostek	47	M 40-49	Fairfax VA	1:02:52
137	220	Lisa	Mottet	43	F 40-49	Washington DC	1:03:19
138	175	Tara	Clements	33	F 30-39	Chantilly VA	1:03:29
139	244	Monica	Tencate	47	F 40-49	Oakton VA	1:03:36
140	311	Mateo	Maese	6	M 19-U	Arlington VA	1:03:47
141	362	Rogelio	Maese	38	M 30-39	Arlington VA	1:03:48
142	190	Emily	Griswold	26	F 20-29	Takoma Park MD	1:03:54
142	199	Lori	Howard	51	F 50-59	Alexandria VA	1:03:54
144	230	Mary	Pickering	50	F 50-59	Arlington VA	1:04:03
145	265	Darold	Brinley	52	M 50-59	Herndon VA	1:04:06
146	243	Natascha	Syre	45	F 40-49	Alexandria VA	1:04:15
147	178	Laura	Doyle	51	F 50-59	Alexandria VA	1:04:17
148	329	David	Ravetti	49	M 40-49	Springfield VA	1:05:13
149	346	Kerensa	Hadley	44	F 40-49	Fairfax VA	1:05:30
150	258	Matt	Aello	37	M 30-39	Virginia VA	1:06:11
151	254	Kate	Williams	31	F 30-39	Alexandria VA	1:06:15
152	298	Brian	Jones	45	M 40-49	Dumfries VA	1:06:26
153	182	Lily	Frankenfield	49	F 40-49	Leesburg VA	1:07:00
154	349	Barbara	Scott	48	F 40-49	Leesburg VA	1:07:04
155	248	Amy	Upton	41	F 40-49	Washington DC	1:07:54
156	186	Megan	Gowers	35	F 30-39	Sterling VA	1:08:04
156	187	Sarah	Gowers	45	F 40-49	Sterling VA	1:08:04
158	322	Mason	Omiatek	13	M 19-U	Alexandria VA	1:08:30
158	323	Robert	Omiatek	44	M 40-49	Alexandria VA	1:08:30
160	249	Katya	Vines	50	F 50-59	Washington DC	1:08:37
161	204	Caitlin	Kovalkoski	34	F 30-39	Washington DC	1:09:02

162	348	Robert	Brown	52	M 50-59	Vienna VA	1:09:26
163	162	Anne	Andrews	48	F 40-49	Alexandria VA	1:13:13
164	179	Denise	Dubia	49	F 40-49	Falls Church VA	1:15:17
165	213	Dea	Merchant	51	F 50-59	Fairfax VA	1:15:21
166	222	Anne	Nagy	52	F 50-59	Reston VA	1:15:33
167	160	Jane	Alonso	44	F 40-49	Washington DC	1:16:24
168	722	James	Newman	25	M 20-29	College Park MD	1:27:09
169	287	Timothy	Greten	43	M 40-49	Vienna VA	1:27:27
170	189	Cindy	Griswold	62	F 60+	Cocoa FL	1:30:57

10 Mile Results

Place	Bib #	First Name	Last Name	Age	Age Group	Hometown	Time
1	720	Wouter	Zwart	28	M 20-29	Tucson AZ	1:06:00
2	713	Benn	Thomas	39	M 30-39	Arlington VA	1:08:50
3	707	Brian	Schmidt	50	M 50-59	Leesburg VA	1:10:35
4	688	Colin	Macfarlane	28	M 20-29	Arlington VA	1:11:48
5	689	James	Magee	40	M 40-49	Springfield VA	1:12:54
6	710	Michael	Smith	35	M 30-39	Springfield VA	1:13:57
7	665	Samuel	Druetzler	32	M 30-39	Manassas VA	1:14:29
8	659	Giancarlo	Cavallo	36	M 30-39	Washington DC	1:14:59
9	699	David	Nicholson	37	M 30-39	Washington DC	1:15:52
10	731	Pablo	Torres	39	M 30-39	Alexandria VA	1:16:47
11	674	Peter	French	41	M 40-49	Arlington VA	1:16:56
12	676	Peter	Gudmundsen	29	M 20-29	Arlington VA	1:17:13
13	706	Stephen	Schaber	39	M 30-39	Washington DC	1:17:26
14	701	Benjamin	Phelps	43	M 40-49	Washington DC	1:18:37
15	657	Adam	Cardenas	35	M 30-39	Arlington VA	1:19:10
16	668	Michael	Faber	36	M 30-39	Alexandria VA	1:19:20
17	726	Steven	Viers	51	M 50-59	Clarksburg MD	1:19:57
18	654	Neil	Brown	28	M 20-29	Silver Spring MD	1:20:06
19	677	Danny	Hayes	42	M 40-49	Washington DC	1:20:34
20	645	Jessica	Yurcheshen	31	F 30-39	Washington DC	1:21:36
21	648	Sam	Batkins	36	M 30-39	Springfield VA	1:22:22
22	649	Kevin	Beatty	36	M 30-39	Ventura VA	1:22:32
23	679	Kevin	Hensley	56	M 50-59	Washington DC	1:22:37
24	704	Hugh	Rodell	48	M 40-49	Reston VA	1:22:44
25	646	Pedro	Acosta	52	M 50-59	Springfield VA	1:23:02
26	671	Patrick	Fogerty	26	M 20-29	Arlington VA	1:23:28
27	632	Shannon	Oneill	37	F 30-39	Cabin John MD	1:24:08
28	686	Georges	Labaki	29	M 20-29	Alexandria VA	1:24:22
29	715	John	Torossian	40	M 40-49	Herndon VA	1:24:43

30	610	Carolyn	Clark	32	F 30-39	Falls Church VA	1:25:25
31	716	Christopher	Tracy	40	M 40-49	washington DC	1:25:29
32	697	Keith	Nelson	43	M 40-49	Vienna VA	1:25:40
33	626	Jen	Lin	31	F 30-39	Brookeville MD	1:26:07
34	681	Louis	Horner	15	M 19-U	Reston VA	1:26:16
35	662	Shawn	Clark	42	M 40-49	Herndon VA	1:26:59
36	690	Paul	Marvar	43	M 40-49	Washington DC	1:27:04
37	661	Ben	Clark	34	M 30-39	Falls Church VA	1:28:03
38	660	Leon	Chichester	53	M 50-59	Oak Hill VA	1:28:06
39	714	Michael	Tollini	41	M 40-49	McLean VA	1:28:11
40	732	Jonathan	Ballagh	41	M 40-49	Reston VA	1:30:30
40	733	Matthew	King	42	M 40-49	Herndon VA	1:30:30
42	669	Adrian	Farquhar	43	M 40-49	Vienna VA	1:31:17
43	708	Dan	Schwartz	33	M 30-39	Springfield VA	1:31:36
43	719	Will	Warner	37	M 30-39	Arlington VA	1:31:36
45	638	Jackson	Rappaport	52	F 50-59	Washington DC	1:35:07
46	623	Jodi	Huston	39	F 30-39	Reston VA	1:35:25
47	635	Natalie	Perilla	31	F 30-39	Annandale VA	1:36:02
47	717	Mike	Trizna	34	M 30-39	Annandale VA	1:36:02
49	693	Joseph	Minta	34	M 30-39	Alexandria VA	1:36:41
50	727	Melissa	Handrigan	44	F 40-49	Falls Church VA	1:38:11
51	735	Desmond	Damico-Lassman	12	M 19-U	Alexandria VA	1:38:54
52	653	Fred	Briden	44	M 40-49	Herndon VA	1:40:21
53	643	Mary	Slater	47	F 40-49	Silver Spring MD	1:40:58
54	619	Margaret	Gray	39	F 30-39	Reston VA	1:41:23
55	729	Terry	Koob	51	M 50-59	Virginia Beach VA	1:41:35
56	644	Christine	Wahle	36	F 30-39	Alexandria VA	1:41:44
57	609	Tiffiney	Carney	38	F 30-39	Washington DC	1:42:05
58	723	Dan	Mock	59	M 50-59	Sterling VA	1:42:17
59	730	Elizabeth	Coleman	41	F 40-49	Washington DC	1:42:35
60	721	Kelann	McDonnell	49	F 40-49	Great Falls VA	1:43:22
61	672	Ron	Fox	61	M 60+	Manassas VA	1:43:30
62	656	Chris	Canter	39	M 30-39	Arlington VA	1:43:46
63	628	Kristine	Marsh	33	F 30-39	Washington DC	1:44:57
64	698	John	Newman	31	M 30-39	Rockville MD	1:45:04
65	627	Janiece	Marquez	32	F 30-39	Washington DC	1:46:07
65	696	Nathan	Nekvasil	37	M 30-39	Washington DC	1:46:07
67	647	Joey	Baird	59	M 50-59	Falls Church VA	1:48:01
68	702	Daniel	Rinaldi	45	M 40-49	Vienna VA	1:48:33
69	612	Karol	Eller	53	F 50-59	Sterling VA	1:48:49
70	631	Ellie	Moran	29	F 20-29	Reston VA	1:49:09
71	734	Russell	Santos	46	M 40-49	Arlington VA	1:49:21

72	682	Khali	Johnson	36	M 30-39	Alexandria VA	1:50:01
73	667	David	Duran	39	M 30-39	Bristow VA	1:50:36
74	608	Stephanie	Brinley	49	F 40-49	Herndon VA	1:52:35
75	695	Andres	Nazario	44	M 40-49	Arlington VA	1:54:11
76	673	Jay	Frankenfield	48	M 40-49	Leesburg VA	1:54:19
77	712	Brian	Teufel	39	M 30-39	Haymarket VA	1:54:37
78	650	Lee	Bock	51	M 50-59	Vienna VA	1:56:28
79	616	Dana	Fullen	35	F 30-39	Manassas VA	1:59:20
80	705	Dennis	Sarmiento	45	M 40-49	Fairfax VA	1:59:38
81	694	Rishi	Naik	42	M 40-49	Norcross GA	1:59:53
82	675	Adam	Grotke	50	M 50-59	Ashburn VA	2:02:26
83	613	Sheila	Farthing	49	F 40-49	Potomac Falls VA	2:02:36
83	614	Kimberly	Ferland	51	F 50-59	Chantilly VA	2:02:36
85	725	Katherine	Aikman	38	F 30-39	Alexandria VA	2:03:42
85	680	Kusi	Hornberger	39	M 30-39	Alexandria VA	2:03:42
87	615	Syreeta	Fields	32	F 30-39	Fairfax VA	2:03:53
88	658	Mike	Carey	62	M 60+	Spencerville MD	2:04:13
89	728	Katherine	Strong	38	F 30-39	Dayton OH	2:06:22
90	634	Julie	Peasley	43	F 40-49	Springfield VA	2:13:49
91	724	Patricia	Mock	52	F 50-59	Sterling VA	2:19:17
92	633	Diane	Pancoska	46	F 40-49	Silver Spring MD	2:19:18
93	670	Shawn	Fitzpatrick	51	M 50-59	Oakton VA	2:34:13
DNF	630	Ivory	Miceli	31	F 30-39	Haymarket VA	1:16:32
DNF	651	Adam	Borbidge	39	M 30-39	South Riding VA	0:43:32
DNF	684	Christopher	Karwacki	37	M 30-39	Washington DC	0:48:39