

## 2018 EX2 Adventures Fall Backyard Burn Trail Running Series

### Race #1 Pohick Bay Regional Park - September 16, 2018

#### Overall Results

5 Mile Results (Actual Distance 5.7 Miles)							
Place	Bib #	First name	Last Name	Age	Age Group	Hometown	Time
1	111	David	Magida	32	M 30-39	Washington DC	0:45:44
2	146	Adam	Borbidge	39	M 30-39	South Riding VA	0:50:47
3	78	Kevin	Belanger	33	M 30-39	Washington DC	0:51:08
4	27	Megan	Hoogland	29	F 20-29	Fairfax VA	0:51:59
5	67	Anna	Tupy	29	F 20-29	Washington DC	0:52:15
6	85	Matthew	Cleveland	30	M 30-39	Potomac Falls VA	0:52:21
7	152	Joseph	Pelz	33	M 30-39	McLean VA	0:53:39
8	88	David	Cowan	26	M 20-29	Arlington VA	0:54:03
9	129	Jan	Smilek	51	M 50-59	Leesburg VA	0:54:30
10	114	Gareth	Morgan	37	M 30-39	Washington DC	0:54:42
10	137	James	Wagner	45	M 40-49	Washington DC	0:54:42
12	117	Chris	Noland	46	M 40-49	Sterling VA	0:54:43
13	132	Richard	Stevens	55	M 50-59	Crownsville MD	0:54:46
14	139	Todd	Whaley	47	M 40-49	Alexandria VA	0:54:50
15	94	Jay	Ferland	48	M 40-49	Chantilly VA	0:55:02
16	100	Alistair	Hastings	41	M 40-49	Reston VA	0:55:29
17	124	Christopher	Raub	36	M 30-39	Bethesda MD	0:55:43
18	153	Wendy	Kanter	27	F 20-29	Ellicott City MD	0:56:00
19	130	Chris	Stenersen	31	M 30-39	Arlington VA	0:56:08
20	133	Ryan	Stronczer	34	M 30-39	Arlington VA	0:56:26
21	19	Miranda	Forte	33	F 30-39	Rockville MD	0:56:29
22	55	Jessica	Schmitz	36	F 30-39	Springfield VA	0:56:32
23	116	Josh	Nichols	34	M 30-39	Burke VA	0:56:57
24	147	Josh	Will	41	M 40-49	Woodbridge VA	0:57:05
25	101	Brent	Hill	48	M 40-49	Alexandria VA	0:57:14
26	148	William	Wiemers	37	M 30-39	Kensington MD	0:57:35
27	158	Peter	Grayson	41	M 40-49	Chevy Chase MD	0:57:58
28	155	Jake	Phillips	41	M 40-49	Chevy Chase MD	0:57:59
29	123	Paul	Rapavi	61	M 60+	Springfield VA	0:58:03
30	142	Mia	Hammersley	25	F 20-29	Washington DC	0:58:05
31	136	Michael	Vega	40	M 40-49	Ashburn VA	0:58:09
32	156	Erin	Tollini	45	F 40-49	McLean VA	0:58:19
33	110	Christopher	Magee	39	M 30-39	Manassas VA	0:58:21
34	87	Tyrone	Cook	52	M 50-59	Alexandria VA	0:58:28
35	35	Amy	Luyster	44	F 40-49	Fairfax Station VA	0:58:36

36	149	Harald	Scheirich	51	M 50-59	Washington DC	0:58:43
37	135	Stephen	Thompson	45	M 40-49	Washington DC	0:58:44
38	131	Aaron	Stetter	40	M 40-49	Washington DC	0:58:45
39	20	Anita	Freres	53	F 50-59	Vienna VA	0:58:48
40	76	David	Baggett	48	M 40-49	Woodbridge VA	0:58:52
41	92	Robert	Devito	59	M 50-59	Centreville VA	0:58:57
42	59	Shelese	Smith	45	F 40-49	Alexandria VA	0:58:59
43	90	Desmond	Damico-Lassman	11	M 19-U	Alexandria VA	0:59:03
44	107	Patrick	Lusk	64	M 60+	Fairfax VA	0:59:12
45	105	Doug	Kuckelman	40	M 40-49	Potomac MD	0:59:14
45	128	David	Shove-Brown	45	M 40-49	Potomac MD	0:59:14
47	145	Marshall	Barksdale	39	M 30-39	Washington DC	0:59:15
48	34	Valerie	Lincy	43	F 40-49	Washington DC	0:59:21
49	74	Pamela	Yao	58	F 50-59	Ellicott City MD	0:59:24
50	54	Eliza	Savage	53	F 50-59	Alexandria VA	0:59:32
51	99	Graham	Grove	41	M 40-49	Washington DC	0:59:41
52	9	Britni	Burks	33	F 30-39	Stafford VA	0:59:58
53	96	Ryan	Foret	26	M 20-29	Takoma Park MD	1:00:15
54	112	David	Majors	31	M 30-39	Arlington VA	1:00:26
55	97	Todd	Gobeille	47	M 40-49	Herndon VA	1:00:28
56	143	Amber	Bell	39	F 30-39	Washington DC	1:00:41
57	98	Noah	Goodman	41	M 40-49	Vienna VA	1:00:59
58	86	Brandon	Cogswell	39	M 30-39	Arlington VA	1:01:03
59	140	Scott	Wright	38	M 30-39	South Riding VA	1:01:05
60	24	Heather	Hanks	35	F 30-39	Centreville VA	1:01:19
61	4	Lauren	Becker	36	F 30-39	Washington DC	1:01:29
62	103	Stefan	Johansson	51	M 50-59	Vienna VA	1:01:36
63	113	George	Manson	36	M 30-39	Alexandria VA	1:01:47
64	45	Carrie	Nicholson	34	F 30-39	Baltimore MD	1:01:57
65	151	David	Giambarresi	33	M 30-39	Arlington VA	1:02:04
66	77	Ronald	Bardach	60	M 60+	Vienna VA	1:02:06
67	134	Thomas	Teifke	53	M 50-59	Arlington VA	1:02:34
68	121	Robert	Padgett	38	M 30-39	McLean VA	1:02:48
69	154	Mary	Slater	47	F 40-49	Silver Spring MD	1:02:56
70	122	Steve	Ramsdell	52	M 50-59	Burke VA	1:03:01
71	7	Julia	Bradshaw	26	F 20-29	Washington DC	1:03:24
72	61	Erin	Staver	24	F 20-29	Arlington VA	1:03:27
73	51	Nicki	Post	37	F 30-39	Alexandria VA	1:03:32
74	72	Jessica	Wong	27	F 20-29	Alexandria VA	1:03:34
75	28	Laurie	Horstmann	58	F 50-59	centreville VA	1:03:53
76	157	Ran	Magalong	31	M 30-39	Fairfax VA	1:03:55
77	91	Tobias	Damico-Lassman	10	M 19-U	Alexandria VA	1:04:07

77	115	Alexander	Newman	11	M 19-U	Stafford VA	1:04:07
79	93	Cael	Ferland	13	M 19-U	Chantilly VA	1:04:15
80	53	Michelle	Ramsdell	51	F 50-59	Burke VA	1:04:19
81	141	Garry	Young	55	M 50-59	Arlington VA	1:04:27
82	68	Jocelyn	Urgese	44	F 40-49	Fairfax Station VA	1:04:35
83	63	Khalilah	Thomas	40	F 40-49	Arlington VA	1:05:55
84	66	Anne	Trotter	43	F 40-49	Chantilly VA	1:06:00
85	144	Sarah	Nardella	33	F 30-39	Washington	1:06:13
86	30	Beth	Ingalls	44	F 40-49	Alexandria VA	1:06:27
87	40	Ruth	Miller	44	F 40-49	Burke VA	1:06:29
88	119	Mason	Omiatek	13	M 19-U	Alexandria VA	1:06:31
88	126	Matthew	Ringier	43	M 40-49	Vienna CA	1:06:31
90	120	Robert	Omiatek	44	M 40-49	Alexandria VA	1:06:32
91	75	Susan	Yenyo	50	F 50-59	Springfield VA	1:06:37
92	21	Dana	Fullen	35	F 30-39	Manassas VA	1:06:39
93	13	Mary Beth	Corrigan	57	F 50-59	Alexandria VA	1:07:01
94	56	Julie	Sharkey	30	F 30-39	Washington DC	1:07:06
95	2	Marcella	Amaya	43	F 40-49	Woodbridge VA	1:07:14
96	108	Aydan	Maese	8	M 19-U	Arlington VA	1:07:35
97	82	Daniel	Carlson	44	M 40-49	Alexandria VA	1:07:38
98	5	Charlotte	Block	45	F 40-49	Washington DC	1:07:51
99	15	Josephine	Damico-Lassman	11	F 19-U	Alexandria VA	1:08:09
99	79	Ken	Bocam	52	M 50-59	Potomac MD	1:08:09
101	95	David	Fick	42	M 40-49	Fairfax VA	1:08:19
102	60	Michelle	Stanley	39	F 30-39	Springfield VA	1:08:29
103	57	Tiffany-Rose	Sikorski	34	F 30-39	Sterling VA	1:08:50
104	109	Mateo	Maese	6	M 19-U	Arlington VA	1:09:02
105	36	Tracy	Maese	38	F 30-39	Arlington VA	1:09:04
106	89	Gage	Dabin	22	M 20-29	Lorton VA	1:09:35
107	46	Melanie	Parinello	44	F 40-49	Locust Grove VA	1:09:45
108	50	Esther	Platt	37	F 30-39	Fort Belvoir VA	1:10:13
109	31	Carly	Kirk	32	F 30-39	Arlington VA	1:10:19
110	37	Gloria	Maier	36	F 30-39	Washington DC	1:10:38
111	150	Melody	Liao	31	F 30-39	Washington DC	1:10:45
112	102	Jim	Howard	57	M 50-59	Alexandria VA	1:10:52
113	49	Cassandra	Pinaire	25	F 20-29	Arlington VA	1:11:00
114	47	Julie	Peasley	43	F 40-49	Springfield VA	1:11:07
115	84	Stephen	Clermont	47	M 40-49	Burke VA	1:11:50
116	38	Lara	Maksymonko	37	F 30-39	Washington DC	1:11:51
117	62	Jen	Strohecker	42	F 40-49	Springfield VA	1:11:52
118	52	Jane	Rabinovitch	45	F 40-49	Reston VA	1:12:19
119	10	Megan	Carney	36	F 30-39	Arlington VA	1:12:39

120	138	Heath	Wells	49	M 40-49	Alexandria VA	1:12:58
121	73	Jennifer G	Wylie	42	F 40-49	Alexandria VA	1:13:00
122	23	Emily	Griswold	26	F 20-29	Takoma Park MD	1:13:01
123	42	Rachael	Moxley	31	F 30-39	Alexandria VA	1:13:02
124	70	Sandi	Warner	39	F 30-39	Arlington VA	1:13:05
125	104	Tim	Kirkner	56	M 50-59	Rockville MD	1:13:38
126	41	Megan	Montgomery	34	F 30-39	Annandale VA	1:13:45
127	6	Jen	Boland	42	F 40-49	Arlington VA	1:14:14
128	48	Mary	Pickering	50	F 50-59	Arlington VA	1:14:57
129	29	Lori	Howard	51	F 50-59	Alexandria VA	1:17:18
130	83	Robert	Chapell	46	M 40-49	Alexandria VA	1:17:55
131	32	Bernadette	Lack	38	F 30-39	Stafford VA	1:18:41
132	12	Sage Sueminn	Cho	27	F 20-29	Arlington VA	1:18:59
133	125	David	Ravetti	49	M 40-49	Springfield VA	1:21:06
134	64	Holli	Tippl	57	F 50-59	Centreville VA	1:22:17
135	17	Karin	Edison	60	F 60+	Vienna VA	1:22:56
135	18	Claudia	Escribano	57	F 50-59	Sterling VA	1:22:56
137	1	Jane	Alonso	44	F 40-49	Washington DC	1:23:58
138	16	Ellyn	Dasher	46	F 40-49	Springfield VA	1:24:30
139	39	Julie	Mcdowell	45	F 40-49	Washington DC	1:26:59
140	26	Nicole	Hilliard	38	F 30-39	Burke VA	1:34:09
140	44	Vicky	Niblett	41	F 40-49	Stafford VA	1:34:09
DNF	127	Jimmy	Ross	41	M 40-49	Alexandria VA	Injury

### 10 Mile Results (Actual Distance 10.1 Miles)

Place	Bib #	First name	Last Name	Age	Age Group	Hometown	Time
1	596	Wouter	Zwart	28	M 20-29	Tucson AZ	1:19:01
2	587	Benn	Thomas	39	M 30-39	Arlington VA	1:23:07
3	543	Brady	Dehoust	43	M 40-49	Reston VA	1:23:33
4	595	Brian	Schmidt	50	M 50-59	Leesburg VA	1:24:54
5	571	Ryan	Moore	33	M 30-39	Alexandria VA	1:26:09
6	568	James	Magee	40	M 40-49	Springfield VA	1:26:24
7	582	Michael	Smith	35	M 30-39	Springfield VA	1:27:39
8	551	Peter	French	41	M 40-49	Arlington VA	1:29:39
9	546	Michael	Faber	36	M 30-39	Alexandria VA	1:31:10
10	556	Danny	Hayes	42	M 40-49	Washington DC	1:32:56
11	536	Neil	Brown	28	M 20-29	Silver Spring MD	1:33:37
12	544	Samuel	Druetzler	32	M 30-39	Manassas VA	1:34:34
13	532	Sam	Batkins	36	M 30-39	Springfield VA	1:36:36
14	531	Jessica	Yurcheshen	31	F 30-39	Washington DC	1:36:38
15	598	Jorge	Rios	52	M 50-59	Vienna VA	1:36:59

16	557	Kevin	Hensley	56	M 50-59	Washington DC	1:37:11
17	564	Yi-Ting	Liu	36	M 30-39	Richmond VA	1:37:30
18	507	Carolyn	Clark	32	F 30-39	Falls Church VA	1:38:08
19	533	Kevin	Beatty	36	M 30-39	Stafford VA	1:38:10
20	542	Ben	Clark	34	M 30-39	Falls Church VA	1:38:16
21	602	Ryan	Anderson	45	M 40-49	Stafford VA	1:38:31
22	566	Peter	Lynn	53	M 50-59	Annandale VA	1:39:11
23	583	Don	Soranno	50	M 50-59	Fort Belvoir VA	1:39:17
24	574	Keith	Nelson	43	M 40-49	Vienna VA	1:40:03
25	547	Adrian	Farquhar	43	M 40-49	Vienna VA	1:41:54
26	588	Michael	Tollini	41	M 40-49	McLean VA	1:41:58
27	505	Erika	Burns	26	F 20-29	Arlington VA	1:42:00
28	578	Steve	Rowles	50	M 50-59	King George VA	1:43:07
29	584	Mike	Staconis	44	M 40-49	Arlington VA	1:43:08
30	569	Thomas	Mccarthy	39	M 30-39	Warrenton VA	1:43:10
31	549	Patrick	Fogerty	26	M 20-29	Arlington VA	1:43:18
32	541	Jonas	Claes	33	M 30-39	Alexandria VA	1:43:56
33	540	Leon	Chichester	53	M 50-59	Oak Hill VA	1:44:05
34	560	Luke	Jones	40	M 40-49	Baltimore MD	1:45:54
35	501	Darcey	Bennett	43	F 40-49	Arlington VA	1:45:57
36	599	Kirk	Poulsen	55	M 50-59	Lake Ridge VA	1:46:05
37	591	Will	Warner	37	M 30-39	Arlington VA	1:46:14
38	600	Bruce	Benson	49	M 40-49	Woodbridge VA	1:47:26
39	579	Dan	Schwartz	33	M 30-39	Springfield VA	1:47:29
40	581	Paul	Seehafer	59	M 50-59	Garrisonville VA	1:47:32
41	570	Joseph	Minta	34	M 30-39	Alexandria VA	1:48:05
42	580	George	Scott	32	M 30-39	Alexandria VA	1:48:21
43	529	Tabatha	Thompson	44	F 40-49	Washington DC	1:50:24
44	512	Melissa	Handrigan	44	F 40-49	Arlington VA	1:50:44
45	545	David	Duran	39	M 30-39	Bristow VA	1:51:01
46	522	Nicole	Raspa	37	F 30-39	Washington DC	1:51:22
47	510	Syreeta	Fields	32	F 30-39	Fairfax VA	1:51:28
48	577	Mark	Robinson	58	M 50-59	Vienna VA	1:51:35
49	561	Gregory	Keim	57	M 50-59	Fairfax VA	1:52:04
50	603	Alexandra	Gloria	30	F 30-39	Alexandria	1:52:20
51	589	Jari	Tuomala	60	M 60+	Washington DC	1:53:18
52	524	Jennifer	Schick	41	F 40-49	Woodbridge VA	1:54:31
53	592	Bill	Watts	41	M 40-49	Washington DC	1:54:48
54	593	Rebecca	Reesman	31	F 30-39	Arlington VA	1:56:07
55	538	Chris	Canter	39	M 30-39	Arlington VA	1:56:12
56	575	Joseph	Perez	38	M 30-39	Takoma Park MD	1:56:51
57	563	Georges	Labaki	29	M 20-29	Alexandria VA	1:57:12

58	597	Richard	Hutson	53	M 50-59	Lorton VA	1:57:19	
59	520	Ellie	Moran	29	F 20-29	Reston VA	1:59:19	
60	573	Andres	Nazario	44	M 40-49	Arlington VA	1:59:26	
61	513	Kathleen	Hinman	46	F 40-49	Alexandria VA	2:00:31	
62	511	Megan	Gandee	32	F 30-39	Lorton VA	2:02:11	
62	552	Charles	Gandee	34	M 30-39	Lorton VA	2:02:11	
64	523	Liz	Saccoccia	26	F 20-29	Washington DC	2:03:24	
65	530	Katherine	Wunderink	39	F 30-39	Baltimore MD	2:07:28	
66	504	Stephanie	Brinley	49	F 40-49	Herndon VA	2:07:53	
67	586	Brian	Teufel	39	M 30-39	Haymarket VA	2:08:27	
68	509	Kimberly	Ferland	51	F 50-59	Chantilly VA	2:09:08	
69	562	Gary	Knipling	74	M 60+	Mason Neck VA	2:10:03	
70	539	Mike	Carey	62	M 60+	Spencerville MD	2:11:51	
71	525	Natasha	Schuh-Nuhfer	38	F 30-39	Sterling VA	2:14:54	
72	559	Kevin	Jones	43	M 40-49	Arlington VA	2:16:00	
73	519	Ivory	Miceli	31	F 30-39	Haymarket VA	2:21:37	
74	553	Brian	Geary	42	M 40-49	Arlington VA	2:21:44	
75	516	Myriah	Jordan	40	F 40-49	Arlington VA	2:30:04	
76	521	Diane	Pancoska	46	F 40-49	Silver Spring MD	2:36:19	
77	515	Joelle	Jansen	36	F 30-39	Alexandria VA	2:46:23	
DNF	502	Sara	Betancurt	30	F 30-39	Arlington VA	1:01:54	*
DNF	503	Ksenia	Boitsova	48	F 40-49	Silver Spring MD	1:07:21	*
DNF	506	Caitlin	Chazen	36	F 30-39	Washington DC	1:06:02	*
DNF	528	Irene	Thomas	36	F 30-39	Washington DC	1:15:18	*
DNF	572	Jay	Mulkerin	49	M 40-49	Gainesville VA	1:07:08	*
DNF	576	Will	Ramsey	32	M 30-39	Alexandria VA	1:06:02	*
DNF	594	Elissa	Rupley	31	F 30-39	Arlington VA	1:19:14	*

Note: 10 mile DNF runners ran single lap 5.7 mile course. Course marking error resulted in some lead 5 and 10 mile runners going off course temporarily.