

## 2018 EX2 Adventures Fall Backyard Burn Trail Running Series

### Race #1 Pohick Bay Regional Park - September 16, 2018

#### Age Group Results

#### 5 Mile Results (Actual Distance 5.7 Miles)

##### F 19-U

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	15	Josephine	Damico-Lassman	11	Alexandria VA	1:08:09	50

##### F 20-29

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	27	Megan	Hoogland	29	Fairfax VA	0:51:59	50
2	67	Anna	Tupy	29	Washington DC	0:52:15	41
3	153	Wendy	Kanter	27	Ellicott City MD	0:56:00	35
4	142	Mia	Hammersley	25	Washington DC	0:58:05	30
5	7	Julia	Bradshaw	26	Washington DC	1:03:24	26
6	61	Erin	Staver	24	Arlington VA	1:03:27	23
7	72	Jessica	Wong	27	Alexandria VA	1:03:34	20
8	49	Cassandra	Pinaire	25	Arlington VA	1:11:00	17
9	23	Emily	Griswold	26	Takoma Park MD	1:13:01	15
10	12	Sage Sueminn	Cho	27	Arlington VA	1:18:59	13

##### F 30-39

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	19	Miranda	Forte	33	Rockville MD	0:56:29	50
2	55	Jessica	Schmitz	36	Springfield VA	0:56:32	41
3	9	Britni	Burks	33	Stafford VA	0:59:58	35
4	143	Amber	Bell	39	Washington DC	1:00:41	30
5	24	Heather	Hanks	35	Centreville VA	1:01:19	26
6	4	Lauren	Becker	36	Washington DC	1:01:29	23
7	45	Carrie	Nicholson	34	Baltimore MD	1:01:57	20
8	51	Nicki	Post	37	Alexandria VA	1:03:32	17
9	144	Sarah	Nardella	33	Washington DC	1:06:13	15
10	21	Dana	Fullen	35	Manassas VA	1:06:39	13
11	56	Julie	Sharkey	30	Washington DC	1:07:06	11
12	60	Michelle	Stanley	39	Springfield VA	1:08:29	9
13	57	Tiffany-Rose	Sikorski	34	Sterling VA	1:08:50	8
14	36	Tracy	Maese	38	Arlington VA	1:09:04	7
15	50	Esther	Platt	37	Fort Belvoir VA	1:10:13	6
16	31	Carly	Kirk	32	Arlington VA	1:10:19	5
17	37	Gloria	Maier	36	Washington DC	1:10:38	4

18	150	Melody	Liao	31	Washington DC	1:10:45	3
19	38	Lara	Maksymonko	37	Washington DC	1:11:51	2
20	10	Megan	Carney	36	Arlington VA	1:12:39	1
21	42	Rachael	Moxley	31	Alexandria VA	1:13:02	
22	70	Sandi	Warner	39	Arlington VA	1:13:05	
23	41	Megan	Montgomery	34	Annandale VA	1:13:45	
24	32	Bernadette	Lack	38	Stafford VA	1:18:41	
25	26	Nicole	Hilliard	38	Burke VA	1:34:09	

F 40-49							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	156	Erin	Tollini	45	McLean VA	0:58:19	50
2	35	Amy	Luyster	44	Fairfax Station VA	0:58:36	41
3	59	Shelese	Smith	45	Alexandria VA	0:58:59	35
4	34	Valerie	Lincy	43	Washington DC	0:59:21	30
5	154	Mary	Slater	47	Silver Spring MD	1:02:56	26
6	68	Jocelyn	Urgese	44	Fairfax Station VA	1:04:35	23
7	63	Khalilah	Thomas	40	Arlington VA	1:05:55	20
8	66	Anne	Trotter	43	Chantilly VA	1:06:00	17
9	30	Beth	Ingalls	44	Alexandria VA	1:06:27	15
10	40	Ruth	Miller	44	Burke VA	1:06:29	13
11	2	Marcella	Amaya	43	Woodbridge VA	1:07:14	11
12	5	Charlotte	Block	45	Washington DC	1:07:51	9
13	46	Melanie	Parinello	44	Locust Grove VA	1:09:45	8
14	47	Julie	Peasley	43	Springfield VA	1:11:07	7
15	62	Jen	Strohecker	42	Springfield VA	1:11:52	6
16	52	Jane	Rabinovitch	45	Reston VA	1:12:19	5
17	73	Jennifer G	Wylie	42	Alexandria VA	1:13:00	4
18	6	Jen	Boland	42	Arlington VA	1:14:14	3
19	1	Jane	Alonso	44	Washington DC	1:23:58	2
20	16	Ellyn	Dasher	46	Springfield VA	1:24:30	1
21	39	Julie	Mcdowell	45	Washington DC	1:26:59	
22	44	Vicky	Niblett	41	Stafford VA	1:34:09	

F 50-59							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	20	Anita	Freres	53	Vienna VA	0:58:48	50
2	74	Pamela	Yao	58	Ellicott City MD	0:59:24	41
3	54	Eliza	Savage	53	Alexandria VA	0:59:32	35
4	28	Laurie	Horstmann	58	centreville VA	1:03:53	30
5	53	Michelle	Ramsdell	51	Burke VA	1:04:19	26
6	75	Susan	Yenyo	50	Springfield VA	1:06:37	23

7	13	Mary Beth	Corrigan	57	Alexandria VA	1:07:01	20
8	48	Mary	Pickering	50	Arlington VA	1:14:57	17
9	29	Lori	Howard	51	Alexandria VA	1:17:18	15
10	64	Holli	Tippl	57	Centreville VA	1:22:17	13
11	18	Claudia	Escribano	57	Sterling VA	1:22:56	11

F 60+							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	17	Karin	Edison	60	Vienna VA	1:22:56	50

M 19-U							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	90	Desmond	Damico-Lassman	11	Alexandria VA	0:59:03	50
2	91	Tobias	Damico-Lassman	10	Alexandria VA	1:04:07	41
2	115	Alexander	Newman	11	Stafford VA	1:04:07	41
3	93	Cael	Ferland	13	Chantilly VA	1:04:15	35
4	119	Mason	Omiatek	13	Alexandria VA	1:06:31	30
5	108	Aydan	Maese	8	Arlington VA	1:07:35	26
6	109	Mateo	Maese	6	Arlington VA	1:09:02	23

M 20-29							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	88	David	Cowan	26	Arlington VA	0:54:03	50
2	96	Ryan	Foret	26	Takoma Park MD	1:00:15	41
3	89	Gage	Dabin	22	Lorton VA	1:09:35	35

M 30-39							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	111	David	Magida	32	Washington DC	0:45:44	50
2	146	Adam	Borbidge	39	South Riding VA	0:50:47	41
3	78	Kevin	Belanger	33	Washington DC	0:51:08	35
4	85	Matthew	Cleveland	30	Potomac Falls VA	0:52:21	30
5	152	Joseph	Pelz	33	McLean VA	0:53:39	26
6	114	Gareth	Morgan	37	Washington DC	0:54:42	23
7	124	Christopher	Raub	36	Bethesda MD	0:55:43	20
8	130	Chris	Stenersen	31	Arlington VA	0:56:08	17
9	133	Ryan	Stronczer	34	Arlington VA	0:56:26	15
10	116	Josh	Nichols	34	Burke VA	0:56:57	13
11	148	William	Wiemers	37	Kensington MD	0:57:35	11
12	110	Christopher	Magee	39	Manassas VA	0:58:21	9
13	145	Marshall	Barksdale	39	Washington DC	0:59:15	8

14	112	David	Majors	31	Arlington VA	1:00:26	7
15	86	Brandon	Cogswell	39	Arlington VA	1:01:03	6
16	140	Scott	Wright	38	South Riding VA	1:01:05	5
17	113	George	Manson	36	Alexandria VA	1:01:47	4
18	151	David	Giambarresi	33	Arlington VA	1:02:04	3
19	121	Robert	Padgett	38	McLean VA	1:02:48	2
20	157	Ran	Magalong	31	Fairfax VA	1:03:55	1

M 40-49							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	137	James	Wagner	45	Washington DC	0:54:42	50
2	117	Chris	Noland	46	Sterling VA	0:54:43	41
3	139	Todd	Whaley	47	Alexandria VA	0:54:50	35
4	94	Jay	Ferland	48	Chantilly VA	0:55:02	30
5	100	Alistair	Hastings	41	Reston VA	0:55:29	26
6	147	Josh	Will	41	Woodbridge VA	0:57:05	23
7	101	Brent	Hill	48	Alexandria VA	0:57:14	20
8	158	Peter	Grayson	41	Chevy Chase MD	0:57:58	17
9	155	Jake	Phillips	41	Chevy Chase MD	0:57:59	15
10	136	Michael	Vega	40	Ashburn VA	0:58:09	13
11	135	Stephen	Thompson	45	Washington DC	0:58:44	11
12	131	Aaron	Stetter	40	Washington DC	0:58:45	9
13	76	David	Baggett	48	Woodbridge VA	0:58:52	8
14	105	Doug	Kuckelman	40	Potomac MD	0:59:14	7
14	128	David	Shove-Brown	45	Potomac MD	0:59:14	7
15	99	Graham	Grove	41	Washington DC	0:59:41	6
16	97	Todd	Gobeille	47	Herndon VA	1:00:28	5
17	98	Noah	Goodman	41	Vienna VA	1:00:59	4
18	126	Matthew	Ringier	43	Vienna CA	1:06:31	3
19	120	Robert	Omiatek	44	Alexandria VA	1:06:32	2
20	82	Daniel	Carlson	44	Alexandria VA	1:07:38	1
21	95	David	Fick	42	Fairfax VA	1:08:19	
22	84	Stephen	Clermont	47	Burke VA	1:11:50	
23	138	Heath	Wells	49	Alexandria VA	1:12:58	
24	83	Robert	Chapell	46	Alexandria VA	1:17:55	
25	125	David	Ravetti	49	Springfield VA	1:21:06	
DNF	127	Jimmy	Ross	41	Alexandria VA		DNF

M 50-59							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	129	Jan	Smilek	51	Leesburg VA	0:54:30	50
2	132	Richard	Stevens	55	Crownsville MD	0:54:46	41

3	87	Tyrone	Cook	52	Alexandria VA	0:58:28	35
4	149	Harald	Scheirich	51	Washington DC	0:58:43	30
5	92	Robert	Devito	59	Centreville VA	0:58:57	26
6	103	Stefan	Johansson	51	Vienna VA	1:01:36	23
7	134	Thomas	Teifke	53	Arlington VA	1:02:34	20
8	122	Steve	Ramsdell	52	Burke VA	1:03:01	17
9	141	Garry	Young	55	Arlington VA	1:04:27	15
10	79	Ken	Bocam	52	Potomac MD	1:08:09	13
11	102	Jim	Howard	57	Alexandria VA	1:10:52	11
12	104	Tim	Kirkner	56	Rockville MD	1:13:38	9

M 60+							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	123	Paul	Rapavi	61	Springfield VA	0:58:03	50
2	107	Patrick	Lusk	64	Fairfax VA	0:59:12	41
3	77	Ronald	Bardach	60	Vienna VA	1:02:06	35

10 Mile Results (Actual Distance 10.1 Miles)							
F 20-29							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	505	Erika	Burns	26	Arlington VA	1:42:00	50
2	520	Ellie	Moran	29	Reston VA	1:59:19	41
3	523	Liz	Saccoccia	26	Washington DC	2:03:24	35

F 30-39							
Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	531	Jessica	Yurcheshen	31	Washington DC	1:36:38	50
2	507	Carolyn	Clark	32	Falls Church VA	1:38:08	41
3	522	Nicole	Raspa	37	Washington DC	1:51:22	35
4	510	Syreetta	Fields	32	Fairfax VA	1:51:28	30
5	603	Alexandra	Gloria	30	Alexandria	1:52:20	26
6	593	Rebecca	Reesman	31	Arlington VA	1:56:07	23
7	511	Megan	Gandee	32	Lorton VA	2:02:11	20
8	530	Katherine	Wunderink	39	Baltimore MD	2:07:28	17
9	525	Natasha	Schuh-Nuhfer	38	Sterling VA	2:14:54	15
10	519	Ivory	Miceli	31	Haymarket VA	2:21:37	13
11	515	Joelle	Jansen	36	Alexandria VA	2:46:23	11
DNF	502	Sara	Betancurt	30	Arlington VA	1:01:54	DNF
DNF	506	Caitlin	Chazen	36	Washington DC	1:06:02	DNF
DNF	528	Irene	Thomas	36	Washington DC	1:15:18	DNF

DNF	594	Elissa	Rupley	31	Arlington VA	1:19:14	DNF
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#### F 40-49

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	501	Darcey	Bennett	43	Arlington VA	1:45:57	50
2	529	Tabatha	Thompson	44	Washington DC	1:50:24	41
3	512	Melissa	Handrigan	44	Arlington VA	1:50:44	35
4	524	Jennifer	Schick	41	Woodbridge VA	1:54:31	30
5	513	Kathleen	Hinman	46	Alexandria VA	2:00:31	26
6	504	Stephanie	Brinley	49	Herndon VA	2:07:53	23
7	516	Myriah	Jordan	40	Arlington VA	2:30:04	20
8	521	Diane	Pancoska	46	Silver Spring MD	2:36:19	17
DNF	503	Ksenia	Boitsova	48	Silver Spring MD	1:07:21	DNF

#### F 50-59

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	509	Kimberly	Ferland	51	Chantilly VA	2:09:08	50

#### M 20-29

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	596	Wouter	Zwart	28	Tucson AZ	1:19:01	50
2	536	Neil	Brown	28	Silver Spring MD	1:33:37	41
3	549	Patrick	Fogerty	26	Arlington VA	1:43:18	35
4	563	Georges	Labaki	29	Alexandria VA	1:57:12	30

#### M 30-39

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	587	Benn	Thomas	39	Arlington VA	1:23:07	50
2	571	Ryan	Moore	33	Alexandria VA	1:26:09	41
3	582	Michael	Smith	35	Springfield VA	1:27:39	35
4	546	Michael	Faber	36	Alexandria VA	1:31:10	30
5	544	Samuel	Druetzler	32	Manassas VA	1:34:34	26
6	532	Sam	Batkins	36	Springfield VA	1:36:36	23
7	564	Yi-Ting	Liu	36	Richmond VA	1:37:30	20
8	533	Kevin	Beatty	36	Stafford VA	1:38:10	17
9	542	Ben	Clark	34	Falls Church VA	1:38:16	15
10	569	Thomas	Mccarthy	39	Warrenton VA	1:43:10	13
11	541	Jonas	Claes	33	Alexandria VA	1:43:56	11
12	591	Will	Warner	37	Arlington VA	1:46:14	9
13	579	Dan	Schwartz	33	Springfield VA	1:47:29	8
14	570	Joseph	Minta	34	Alexandria VA	1:48:05	7

15	580	George	Scott	32	Alexandria VA	1:48:21	6
16	545	David	Duran	39	Bristow VA	1:51:01	5
17	538	Chris	Canter	39	Arlington VA	1:56:12	4
18	575	Joseph	Perez	38	Takoma Park MD	1:56:51	3
19	552	Charles	Gandee	34	Lorton VA	2:02:11	2
20	586	Brian	Teufel	39	Haymarket VA	2:08:27	1
DNF	576	Will	Ramsey	32	Alexandria VA	1:06:02	DNF

#### M 40-49

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	543	Brady	Dehoust	43	Reston VA	1:23:33	50
2	568	James	Magee	40	Springfield VA	1:26:24	41
3	551	Peter	French	41	Arlington VA	1:29:39	35
4	556	Danny	Hayes	42	Washington DC	1:32:56	30
5	602	Ryan	Anderson	45	Stafford VA	1:38:31	26
6	574	Keith	Nelson	43	Vienna VA	1:40:03	23
7	547	Adrian	Farquhar	43	Vienna VA	1:41:54	20
8	588	Michael	Tollini	41	McLean VA	1:41:58	17
9	584	Mike	Staconis	44	Arlington VA	1:43:08	15
10	560	Luke	Jones	40	Baltimore MD	1:45:54	13
11	600	Bruce	Benson	49	Woodbridge VA	1:47:26	11
12	592	Bill	Watts	41	Washington DC	1:54:48	9
13	573	Andres	Nazario	44	Arlington VA	1:59:26	8
14	559	Kevin	Jones	43	Arlington VA	2:16:00	7
15	553	Brian	Geary	42	Arlington VA	2:21:44	6
DNF	572	Jay	Mulkerin	49	Gainesville VA	1:07:08	DNF

#### M 50-59

Place	Bib #	First name	Last Name	Age	Hometown	Time	R1 Points
1	595	Brian	Schmidt	50	Leesburg VA	1:24:54	50
2	598	Jorge	Rios	52	Vienna VA	1:36:59	41
3	557	Kevin	Hensley	56	Washington DC	1:37:11	35
4	566	Peter	Lynn	53	Annandale VA	1:39:11	30
5	583	Don	Soranno	50	Fort Belvoir VA	1:39:17	26
6	578	Steve	Rowles	50	King George VA	1:43:07	23
7	540	Leon	Chichester	53	Oak Hill VA	1:44:05	20
8	599	Kirk	Poulsen	55	Lake Ridge VA	1:46:05	17
9	581	Paul	Seehafer	59	Garrisonville VA	1:47:32	15
10	577	Mark	Robinson	58	Vienna VA	1:51:35	13
11	561	Gregory	Keim	57	Fairfax VA	1:52:04	11
12	597	Richard	Hutson	53	Lorton VA	1:57:19	9

**M 60+**

<b>Place</b>	<b>Bib #</b>	<b>First name</b>	<b>Last Name</b>	<b>Age</b>	<b>Hometown</b>	<b>Time</b>	<b>R1 Points</b>
1	589	Jari	Tuomala	60	Washington DC	1:53:18	50
2	562	Gary	Knipling	74	Mason Neck VA	2:10:03	41
3	539	Mike	Carey	62	Spencerville MD	2:11:51	35

Note: 10 mile DNF runners ran single lap 5.7 mile course. Course marking error resulted in some lead 5 and 10 mile runners going off course temporarily.