

2018 EX2 Adventures Blue Crab Bolt Trail Running Series

Race #2 Little Bennett - August 11, 2018

Overall Results

5K + Results (Actual Distance 3.7 Miles)

Place	Bib #	First Name	Last Name	Age	Age Group	Hometown	Time
1	176	Jefferson	Ruiz	21	M 20-29	Silver Spring MD	0:27:39
2	178	Joseph	Woitach	54	M 50-59	Potomac MD	0:29:27
3	161	Alexander	Hensley	27	M 20-29	San Deigo CA	0:29:32
4	166	Deepak	Kashyap	44	M 40-49	Fairfax VA	0:30:51
5	152	Jack	Cline	47	M 40-49	Gaithersburg MD	0:32:27
6	181	Mark	Billingham	56	M 50-59	Arlington VA	0:32:35
7	175	Paul	Rapavi	60	M 60+	Springfield VA	0:32:44
8	182	David	Majors	31	M 30-39	Arlington VA	0:32:54
9	160	Pete	Hayward	52	M 50-59	Vienna VA	0:32:59
10	168	Joseph	Lowther	57	M 50-59	Vienna VA	0:33:30
11	88	Rachel	Buker	38	F 30-39	Alexandria VA	0:33:45
12	146	Evan	Bonapace	10	M 19-U	Boyds MD	0:34:12
13	145	Charles	Bonapace	50	M 50-59	Boyds MD	0:34:32
14	116	Kristina	Maze	48	F 40-49	Washington DC	0:34:43
15	153	Dave	Conlon	40	M 40-49	Baltimore MD	0:35:02
16	144	Greg	Blatt	36	M 30-39	Baltimore MD	0:35:13
17	162	Jason	Huebner	41	M 40-49	Germantown MD	0:35:24
18	110	Kelly	Hogan	30	F 30-39	McLean VA	0:35:26
19	117	Katherine	Mccann	53	F 50-59	washington DC	0:35:32
20	143	Mukund	Belliappa	53	M 50-59	Washington DC	0:35:39
21	87	Anna	Bonapace	12	F 19-U	Boyds MD	0:36:02
22	155	Craig	Durosoko	48	M 40-49	Fairfax VA	0:36:05
23	99	Gwyneth	Durosoko	15	F 19-U	Fairfax VA	0:36:57
24	180	Scott	Smith	45	M 40-49	Vienna VA	0:37:06
25	129	Angelika	Smilek	51	F 50-59	Leesburg VA	0:37:27
25	156	Chris	Dutton	34	M 30-39	Frederick MD	0:37:27
27	172	Ray	O'Donell	31	M 30-39	Columbia MD	0:37:38
28	184	Erik	Scudder	39	M 30-39	Aldie VA	0:37:55
29	100	Heather	Durosoko	29	F 20-29	Arlington VA	0:38:24
30	169	Charlie	Marsh	29	M 20-29	Germantown MD	0:38:33
31	120	Maureen	Mckenzie	33	F 30-39	Arlington VA	0:38:47
32	97	Kate	Dowling	55	F 50-59	Washington DC	0:39:16
32	139	Corinn	Wendel	37	F 30-39	Gaithersburg MD	0:39:16
34	149	Ralph	Burroughs	60	M 60+	Fairfax VA	0:39:23
35	106	Sarah	Godoy	32	F 30-39	Washington DC	0:39:26

36	147	James	Bruggman	35	M 30-39	Washington VA	0:39:54
37	124	Christene	Nichols	34	F 30-39	Burke VA	0:40:08
38	114	Kayla	Kerrigan	29	F 20-29	Silver Spring MD	0:40:41
39	92	Barbara	Chong	47	F 40-49	Boyd's MD	0:40:49
40	151	Paul	Clavijo	43	M 40-49	Gaithersburg MD	0:41:06
41	98	Ryan	Huttar	32	M 30-39	Haymarket VA	0:41:54
42	118	Meg	McGarry	46	F 40-49	Washington DC	0:42:12
43	104	Hedvig	Gajdos	33	F 30-39	Baltimore MD	0:42:21
44	186	Hollon	Urgese	7	M 19-U	Fairfax Station VA	0:42:25
45	187	Joseph	Urgese	47	M 40-49	Fairfax Station VA	0:42:31
46	121	Holly	Miller	46	F 40-49	Annandale VA	0:42:49
47	108	Lisa	Hajdo	52	F 50-59	Ashburn VA	0:42:51
48	150	Jordan	Cater	28	M 20-29	Severn MD	0:42:54
48	174	Tom	Perlozzo	28	M 20-29	Silver Spring MD	0:42:54
50	89	Paola	Canelos	42	F 40-49	Gaithersburg MD	0:42:56
51	140	Susan	Yenyo	50	F 50-59	Springfield VA	0:43:11
52	138	Carey	Ward	27	F 20-29	Silver Spring MD	0:43:14
53	179	Jai	Yoo	47	M 40-49	Falls Church VA	0:43:18
54	123	Nancy	Murphy	50	F 50-59	Arlington VA	0:43:24
55	91	Julie	Cater	28	F 20-29	Severn MD	0:43:26
56	188	Stephanie	Robinson	44	F 40-49	Arlington VA	0:44:40
57	107	Emily	Griswold	26	F 20-29	Takoma Park MD	0:45:57
58	141	Qassim	Abdullah	63	M 60+	Brunswick MD	0:46:19
59	105	Liz	Glanz	51	F 50-59	springfield VA	0:46:33
60	112	Shelby	Johnson	26	F 20-29	Laurel MD	0:46:35
61	131	Amanda	Stover	35	F 30-39	Rohrersville MD	0:47:08
62	109	Melisa	Hansen	27	F 20-29	Frederick MD	0:47:47
63	86	Sophia	Anderson	19	F 19-U	Arlington VA	0:48:33
63	154	Francis	Donovan	68	M 60+	Chevy Chase MD	0:48:33
65	142	Michael	Anderson	55	M 50-59	Arlington VA	0:48:34
66	185	Katie	Kula	42	F 40-49	Purcellville VA	0:48:35
67	125	Maria	O'Donell	38	F 30-39	Columbia MD	0:48:52
68	136	Holli	Tippl	57	F 50-59	Centreville VA	0:50:10
69	101	Shauna	Durosko	43	F 40-49	Fairfax VA	0:50:13
70	132	Crystal	Street	38	F 30-39	Prince Frederick MD	0:51:07
71	167	Ryan	Kula	43	M 40-49	Purcellville VA	0:51:10
72	94	Kara	Cretsinger	31	F 30-39	Edgewater MD	0:51:11
73	173	Jackson	Pellak	11	M 19-U	West Friendship MD	0:51:13
74	126	Lisa	Pine Pellak	42	F 40-49	West Friendship MD	0:51:26
75	128	Kathy	Slack	54	F 50-59	Burtonsville MD	0:51:59
76	122	Stephanie	Murdock	49	F 40-49	Washington DC	0:52:08
77	96	Isabelle	Doucet	43	F 40-49	Germantown MD	0:52:36

77	127	Kelly	Proctor	49	F 40-49	Columbia MD	0:52:36
79	157	Ryan	Exon	33	M 30-39	Laurel MD	0:52:37
80	113	Finiana	Joseph	46	F 40-49	Hyattsville MD	0:52:43
81	170	Andrew	Mergen	54	M 50-59	Washington DC	0:53:23
82	135	Zoë	Thompson	15	F 19-U	Washington DC	0:55:59
83	183	Katherine	Trinidad	44	F 40-49	Bethesda MD	0:56:03
84	119	Joni	Mckenzie	60	F 60+	York PA	0:56:11
85	159	Rob	Hayes	34	M 30-39	Arlington VA	0:59:33
86	111	Azhar	Ibrahim	59	F 50-59	Brunswick MD	1:00:34
87	134	Jennifer	Tepper	40	F 40-49	Rockville MD	1:05:32
88	177	Tommy	Tepper	51	M 50-59	Rockville MD	1:05:33
DNF	133	Claire	Tepper	8	F 19-U	Rockville MD	DNF

10K Results

Place	Bib #	First Name	Last Name	Age	Age Group	Hometown	Time
1	815	Nicholas	Fogel	28	M 20-29	Washington DC	0:40:18
2	885	David	Storper	45	M 40-49	Bethesda MD	0:42:45
3	873	Benn	Thomas	38	M 30-39	Arlington VA	0:43:27
4	867	Peter	Sherry	49	M 40-49	Great Falls VA	0:44:06
5	810	Brian	Doherty	34	M 30-39	Washington DC	0:44:09
6	808	Amos	Desjardins	36	M 30-39	Alexandria VA	0:44:19
7	825	Peter	Hajdo	18	M 19-U	Ashburn VA	0:44:57
8	794	Ryan	Bowen	32	M 30-39	Rockville MD	0:46:20
9	814	Brian	Fleming	35	M 30-39	Ellicott City MD	0:46:36
10	847	James	Mills	41	M 40-49	Frederick MD	0:46:38
11	888	Colin	MacFarlane	28	M 20-29	Arlington VA	0:46:39
12	834	Doug	Johnson	33	M 30-39	Great falls VA	0:47:12
13	806	Ze	Dagher	40	M 40-49	Falls Church VA	0:47:42
14	789	Chris	Bailey	43	M 40-49	keedysville MD	0:48:26
15	812	Anthony	Duricy	44	M 40-49	Arlington VA	0:49:00
16	793	Rob	Bowen	54	M 50-59	Oak Hill VA	0:49:07
17	876	Michael	Trumbull	36	M 30-39	Monrovia MD	0:49:26
18	862	Christopher	Robinson	44	M 40-49	Arlington VA	0:49:32
19	802	Matt	Cassi	29	M 20-29	Washington DC	0:49:43
20	788	Bram	Arrington	44	M 40-49	Ellicott City MD	0:50:23
21	858	Brian	Poulin	30	M 30-39	Washington DC	0:51:40
22	869	Jan	Smilek	51	M 50-59	Leesburg VA	0:51:47
23	886	Robert	Parry	53	M 50-59		0:52:10
24	827	Richard	Hanno	55	M 50-59	Bowie MD	0:52:14
25	824	Brian	Hain	40	M 40-49	College Park MD	0:52:38
26	878	Rodney	Vieira	50	M 50-59	Chevy Chase MD	0:52:41
27	739	Janel	Lobur	41	F 40-49	Frederick MD	0:53:41
28	829	Kevin	Hensley	56	M 50-59	Washington DC	0:54:13
29	880	Patrick	Watson	24	M 20-29	Baltimore MD	0:54:47
30	816	Ryan	Foret	26	M 20-29	Takoma Park MD	0:55:30
31	714	Ellen	Cousins	31	F 30-39	Rockville MD	0:56:09
32	840	Thomas	Mccarthy	39	M 30-39	Warrenton VA	0:56:16
33	805	Billy	Clem	49	M 40-49	Frederick MD	0:56:25
34	853	Josh	Nichols	33	M 30-39	Burke VA	0:56:40
35	720	Miranda	Forte	33	F 30-39	Rockville MD	0:56:49
36	770	Ruth	Taylor	50	F 50-59	Frederick MD	0:57:17
36	849	Timothy	Morgan	67	M 60+	Damascus MD	0:57:17
38	710	Brooke	Coggiano	33	F 30-39	Pasadena MD	0:57:23
39	868	David	Shove-Brown	45	M 40-49	Potomac MD	0:57:31
40	872	Nicholas	Sunseri	36	M 30-39	Arlington VA	0:57:42

41	874	Stephen	Thompson	45	M 40-49	Washington DC	0:57:56
42	757	Paola Nasser	Robey	39	F 30-39	Falls Church VA	0:58:10
43	755	Jackson	Rappaport	52	F 50-59	Washington DC	0:58:12
44	828	Jason	Henderson	38	M 30-39	Fairfax VA	0:58:21
45	809	Robert	Didonato	56	M 50-59	Woodstock MD	0:59:10
46	854	Tim	Okeefe	65	M 60+	Middletown MD	0:59:12
47	784	Lucy	Wright	23	F 20-29	Monrovia MD	0:59:35
48	841	Sean	Mcdevitt	45	M 40-49	Springfield VA	0:59:48
49	883	Dan	Thomas	56	M 50-59	Bowie MD	1:00:08
50	804	Ed	Choy	42	M 40-49	Germantown MD	1:00:29
51	844	Scott	Mckenzie	60	M 60+	York PA	1:00:36
52	843	Brian	Mckenzie	33	M 30-39	Arlington VA	1:01:12
53	866	Corey	Schoo	33	M 30-39	Frederick MD	1:01:17
54	737	Sophie	Knight	43	F 40-49	Glenn Dale MD	1:01:44
55	857	Mark	Poblete	32	M 30-39	Oakton VA	1:01:46
56	879	Michael	Vu	35	M 30-39	Alexandria VA	1:02:05
57	831	Michael	Ionadi	34	M 30-39	Pittsburgh PA	1:03:02
58	781	Madeline	White	22	F 20-29	Washington DC	1:03:15
59	797	Glenn	Buchter	54	M 50-59	Alexandria VA	1:03:32
60	859	Michael	Rathmanner	34	M 30-39	Washington DC	1:03:35
61	773	Tabatha	Thompson	43	F 40-49	Washington DC	1:03:37
62	798	Brian	Camarote	45	M 40-49	Falls Church VA	1:03:39
63	712	Kim	Conway	34	F 30-39	Rockville MD	1:03:40
64	775	Laura	Turbe	50	F 50-59	Silver Spring MD	1:03:42
65	818	Bradley	Gilman	60	M 60+	Vienna VA	1:03:44
66	864	Shaun	Ryan	48	M 40-49	McLean VA	1:04:29
67	701	Monika	Bachmann	52	F 50-59	Upper Marlboro MD	1:04:38
68	763	Megan	Siekkinen	37	F 30-39	Arlington VA	1:05:05
69	865	Bo	Saulsbury	54	M 50-59	Rockville MD	1:05:09
70	718	Natasha	Ezerski	35	F 30-39	Montgomery Village MD	1:05:30
71	823	Art	Gregory	74	M 60+	Frederick MD	1:05:37
72	871	Jordan	Southers	32	M 30-39	Frederick MD	1:05:52
73	750	Megan	Parry	25	F 20-29	Clear Spring MD	1:06:06
73	851	Sam	Myers	27	M 20-29	Clear Spring MD	1:06:06
75	836	Brent	King	37	M 30-39	Reston VA	1:06:25
76	821	Kenneth	Gonzales	24	M 20-29	Takoma Park MD	1:06:34
77	703	Shawna	Barry	37	F 30-39	Arlington VA	1:06:58
78	765	Becki	Spiering	37	F 30-39	Arlington VA	1:06:59
79	863	Mark	Robinson	58	M 50-59	Vienna VA	1:07:09
80	761	Julie	Sharkey	30	F 30-39	Washington DC	1:07:47
81	708	Amy	Chrest	32	F 30-39	Germantown MD	1:07:54
82	715	Nicole	Davis	47	F 40-49	Urbana MD	1:08:03

83	807	J	Dee	46	M 40-49	Annandale VA	1:08:29
84	787	Graham	Allaway	62	M 60+	Darnestown MD	1:08:41
85	722	Dee	Gager	53	F 50-59	New Market MD	1:08:42
86	748	Ameenah	Noor	14	F 19-U	Frederick MD	1:09:15
87	861	Alonso	Revilla	47	M 40-49	Springfield VA	1:09:28
88	826	Lucas	Hale	34	M 30-39	Frederick MD	1:09:30
89	839	Quan	Luong	46	M 40-49	Fairfax Station VA	1:09:39
90	819	Jonathan	Gitter	57	M 50-59	Baltimore MD	1:09:54
91	764	Mary	Slater	47	F 40-49	Silver Spring MD	1:10:56
92	881	Ian	Zygmunt	18	M 19-U	Winchester VA	1:11:09
93	882	Patricia	Mills	12	F 19-U	Frederick MD	1:11:22
94	746	Rebecca	Mills	38	F 30-39	Frederick MD	1:11:25
95	860	Patrick	Rawson	42	M 40-49	Olney MD	1:11:27
96	706	Robin	Camarote	43	F 40-49	Falls Church VA	1:11:45
97	780	Lauren	White	32	F 30-39	Frederick MD	1:11:55
98	734	Laurie	Horstmann	58	F 50-59	Centreville VA	1:12:31
99	875	Jorge	Torres	24	M 20-29	Silver Spring MD	1:12:32
100	800	Tim	Carbis	49	M 40-49	Frederick MD	1:12:48
101	820	Rj	Gitter	24	M 20-29	baltimore MD	1:12:53
102	717	Becky	Dress	29	F 20-29	Laurel MD	1:13:10
103	753	Michelle	Poncetta	36	F 30-39	Washington DC	1:13:12
104	735	Emily	Howe	43	F 40-49	Ellicott City MD	1:13:49
104	785	Pamela	Yao	58	F 50-59	Ellicott city MD	1:13:49
106	742	Kerry	Mchugh	30	F 30-39	Frederick MD	1:13:52
107	771	Irene	Thomas	36	F 30-39	Arlington VA	1:14:05
108	726	Callie	Gregg	23	F 20-29	Roanoke VA	1:14:11
109	842	John	Mcglathlin	44	M 40-49	Rockville MD	1:14:23
110	855	Dan	Pelton	38	M 30-39	gaithersburg MD	1:14:38
111	772	Jennifer	Thomas	50	F 50-59	Washington DC	1:14:50
112	751	Courtnee	Pelton	36	F 30-39	Gaithersburg MD	1:16:17
113	870	Clifford	Smith	50	M 50-59	Dunkirk MD	1:16:34
114	832	Greg	Jamsa	53	M 50-59	Gaithersburg MD	1:16:47
115	702	Lindsay	Ballard	39	F 30-39	Greenbelt MD	1:17:24
116	845	Nicholas	Michel	32	M 30-39	Mililani HI	1:17:47
117	889	Michael	Belinkie	42	M 40-49	Arlington VA	1:18:11
118	728	Kerensa	Hadley	44	F 40-49	Fairfax VA	1:18:49
119	846	Stephen	Miles	60	M 60+	Hagerstown MD	1:19:20
120	754	Jane	Rabinovitch	45	F 40-49	Reston VA	1:20:26
121	817	Jerry	Frankenheim	75	M 60+	Germantown MD	1:20:44
122	801	Mike	Carey	62	M 60+	Spencerville MD	1:21:30
123	877	James	Upton	42	M 40-49	Washington DC	1:22:00
124	731	Caryn	Healander	49	F 40-49	Clarksburg MD	1:22:03

125	721	Shellie	Frazier	50	F 50-59	Keedysville MD	1:22:32
126	711	Megan	Connell	29	F 20-29	Owings MD	1:22:47
126	813	Nicholas	Elisio	27	M 20-29	Mount airy MD	1:22:47
128	741	Emily	Maus	31	F 30-39	Washington DC	1:23:24
129	740	Angela	Mariani	33	F 30-39	Silver Spring MD	1:23:50
130	786	Taro	Adachi	55	M 50-59	Baltimore MD	1:23:55
131	745	Ivory	Miceli	31	F 30-39	Haymarket VA	1:24:00
132	724	Ashley	George	33	F 30-39	Dunkirk MD	1:24:01
133	795	Ross	Branstetter	37	M 30-39	Silver Spring MD	1:24:41
134	884	Theresa	Thomas	49	F 40-49	Bowie MD	1:25:38
135	730	Angela	Hayes	48	F 40-49	Odenton MD	1:25:48
136	760	Michelle	Ryan	48	F 40-49	Alexandria VA	1:25:56
137	776	Amy	Upton	41	F 40-49	Washington DC	1:27:11
138	707	Hai	Chen	52	F 50-59	Elkridge MD	1:27:38
139	838	Fredric	Leffler	63	M 60+	Columbia MD	1:27:46
140	756	Rachel	Ridgway	47	F 40-49	Ijamsville MD	1:27:52
141	768	Kristin	Stephens	40	F 40-49	Washington DC	1:28:08
142	733	Kari	Hill	45	F 40-49	Germantown MD	1:29:34
142	779	Stacy	Welch	44	F 40-49	Bethesda MD	1:29:34
144	736	Julie	Jamsa	53	F 50-59	Gaithersburg MD	1:31:32
145	743	Kathleen	Mcmackin	63	F 60+	Millersville MD	1:32:40
146	752	Carla	Piorkowski	56	F 50-59	Frederick MD	1:34:40
146	762	Anne	Shubert	49	F 40-49	Smithsburg MD	1:34:40
148	837	George	Ladue	61	M 60+	New Market MD	1:35:45
149	887	Melissa	Armstrong	48	F 40-49	Fleetwood PA	1:37:03
150	723	Devorah	Gallardo	42	F 40-49	Beallsville MD	1:37:26
151	744	Sarah	Meeker	32	F 30-39	baltimore MD	1:46:06
152	729	Kathleen	Hanson	64	F 60+	Annapolis MD	1:47:50
DNF	890	Walt	Porzel	69	M 60+	Falls Church VA	DNF