

## 2018 EX2 Adventures Blue Crab Bolt Trail Running Series

Race #2 Little Bennett - August 11, 2018

### Age Group Results

#### 5K + Results (Actual Distance 3.7 Miles)

##### 5K - F 19-U

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	87	Bonapace	Anna	12	Boys MD	0:36:02	50
2	99	Durosko	Gwyneth	15	Fairfax VA	0:36:57	41
3	86	Anderson	Sophia	19	Arlington VA	0:48:33	35
4	135	Thompson	Zoë	15	Washington DC	0:55:59	30
	133	Tepper	Claire	8	Rockville MD	DNF	

##### 5K - F 20-29

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	100	Durosko	Heather	29	Arlington VA	0:38:24	50
2	114	Kerrigan	Kayla	29	Silver Spring MD	0:40:41	41
3	138	Ward	Carey	27	Silver Spring MD	0:43:14	35
4	91	Cater	Julie	28	Severn MD	0:43:26	30
5	107	Griswold	Emily	26	Takoma Park MD	0:45:57	26
6	112	Johnson	Shelby	26	Laurel MD	0:46:35	23
7	109	Hansen	Melisa	27	Frederick MD	0:47:47	20

##### 5K - F 30-39

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	88	Buker	Rachel	38	Alexandria VA	0:33:45	50
2	110	Hogan	Kelly	30	McLean VA	0:35:26	41
3	120	Mckenzie	Maureen	33	Arlington VA	0:38:47	35
4	139	Wendel	Corinn	37	Gaithersburg MD	0:39:16	30
5	106	Godoy	Sarah	32	Washington DC	0:39:26	26
6	124	Nichols	Christene	34	Burke VA	0:40:08	23
7	104	Gajdos	Hedvig	33	Baltimore MD	0:42:21	20
8	131	Stover	Amanda	35	Rohrersville MD	0:47:08	17
9	125	O'Donnell	Maria	38	Columbia MD	0:48:52	15
10	132	Street	Crystal	38	Prince Frederick MD	0:51:07	13
11	94	Cretsinger	Kara	31	Edgewater MD	0:51:11	11

##### 5K - F 40-49

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	116	Maze	Kristina	48	Washington DC	0:34:43	50
2	92	Chong	Barbara	47	Boys MD	0:40:49	41

3	118	Mcgary	Meg	46	Washington DC	0:42:12	35
4	121	Miller	Holly	46	Annandale VA	0:42:49	30
5	89	Canelos	Paola	42	Gaithersburg MD	0:42:56	26
6	188	Robinson	Stephanie	44	Arlington VA	0:44:40	23
7	185	Kula	Katie	42	Purcellville VA	0:48:35	20
8	101	Durosko	Shauna	43	Fairfax VA	0:50:13	17
9	126	Pine Pellak	Lisa	42	West Friendship MD	0:51:26	15
10	122	Murdock	Stephanie	49	Washington DC	0:52:08	13
11	96	Doucet	Isabelle	43	Germantown MD	0:52:36	11
11	127	Proctor	Kelly	49	Columbia MD	0:52:36	11
13	113	Joseph	Finiana	46	Hyattsville MD	0:52:43	8
14	183	Trinidad	Katherine	44	Bethesda MD	0:56:03	7
15	134	Tepper	Jennifer	40	Rockville MD	1:05:32	6

#### 5K - F 50-59

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	117	Mccann	Katherine	53	washington DC	0:35:32	50
2	129	Smilek	Angelika	51	Leesburg VA	0:37:27	41
3	97	Dowling	Kate	55	Washington DC	0:39:16	35
4	108	Hajdo	Lisa	52	Ashburn VA	0:42:51	30
5	140	Yenyo	Susan	50	Springfield VA	0:43:11	26
6	123	Murphy	Nancy	50	Arlington VA	0:43:24	23
7	105	Glanz	Liz	51	springfield VA	0:46:33	20
8	136	Tippl	Holli	57	Centreville VA	0:50:10	17
9	128	Slack	Kathy	54	Burtonsville MD	0:51:59	15
10	111	Ibrahim	Azhar	59	Brunswick MD	1:00:34	13

#### 5K - F 60+

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	119	Mckenzie	Joni	60	York PA	0:56:11	50

#### 5K - M 19-U

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	146	Bonapace	Evan	10	Boyds MD	0:34:12	50
2	186	Urgese	Hollon	7	Fairfax Station VA	0:42:25	41
3	173	Pellak	Jackson	11	West Friendship MD	0:51:13	35

#### 5K - M 20-29

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	176	Ruiz	Jefferson	21	Silver Spring MD	0:27:39	50
2	161	Hensley	Alexander	27	San Deigo CA	0:29:32	41

3	169	Marsh	Charlie	29	Germantown MD	0:38:33	35
4	150	Cater	Jordan	28	Severn MD	0:42:54	30
4	174	Perlozzo	Tom	28	Silver Spring MD	0:42:54	30

**5K - M 30-39**

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	182	Majors	David	31	Arlington VA	0:32:54	50
2	144	Blatt	Greg	36	Baltimore MD	0:35:13	41
3	156	Dutton	Chris	34	Frederick MD	0:37:27	35
4	172	O'Donell	Ray	31	Columbia MD	0:37:38	30
5	184	Scudder	Erik	39	Aldie VA	0:37:55	26
6	147	Bruggman	James	35	Washington VA	0:39:54	23
7	98	Huttar	Ryan	32	Haymarket VA	0:41:54	20
8	157	Exon	Ryan	33	Laurel MD	0:52:37	17
9	159	Hayes	Rob	34	Arlington VA	0:59:33	15

**5K - M 40-49**

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	166	Kashyap	Deepak	44	Fairfax VA	0:30:51	50
2	152	Cline	Jack	47	Gaithersburg MD	0:32:27	41
3	153	Conlon	Dave	40	Baltimore MD	0:35:02	35
4	162	Huebner	Jason	41	Germantown MD	0:35:24	30
5	155	Durosko	Craig	48	Fairfax VA	0:36:05	26
6	180	Smith	Scott	45	Vienna VA	0:37:06	23
7	151	Clavijo	Paul	43	Gaithersburg MD	0:41:06	20
8	187	Urgese	Joseph	47	Fairfax Station VA	0:42:31	17
9	179	Yoo	Jai	47	Falls Church VA	0:43:18	15
10	167	Kula	Ryan	43	Purcellville VA	0:51:10	13

**5K - M 50-59**

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	178	Woitach	Joseph	54	Potomac MD	0:29:27	50
2	181	Billinghurst	Mark	56	Arlington VA	0:32:35	41
3	160	Hayward	Pete	52	Vienna VA	0:32:59	35
4	168	Lowther	Joseph	57	Vienna VA	0:33:30	30
5	145	Bonapace	Charles	50	Boys MD	0:34:32	26
6	143	Belliappa	Mukund	53	Washington DC	0:35:39	23
7	142	Anderson	Michael	55	Arlington VA	0:48:34	20
8	170	Mergen	Andrew	54	Washington DC	0:53:23	17
9	177	Tepper	Tommy	51	Rockville MD	1:05:33	15

5K - M 60+							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	175	Rapavi	Paul	60	Springfield VA	0:32:44	50
2	149	Burroughs	Ralph	60	Fairfax VA	0:39:23	41
3	141	Abdullah	Qassim	63	Brunswick MD	0:46:19	35
4	154	Donovan	Francis	68	Chevy Chase MD	0:48:33	30

10K Course							
10K - F 19-U							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	748	Noor	Ameenah	14	Frederick MD	1:09:15	50
2	882	Mills	Patricia	12	Frederick MD	1:11:22	41

10K - F 20-29							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	784	Wright	Lucy	23	Monrovia MD	0:59:35	50
2	781	White	Madeline	22	Washington DC	1:03:15	41
3	750	Parry	Megan	25	Clear Spring MD	1:06:06	35
4	717	Dress	Becky	29	Laurel MD	1:13:10	30
5	726	Gregg	Callie	23	Roanoke VA	1:14:11	26
6	711	Connell	Megan	29	Owings MD	1:22:47	23

10K - F 30-39							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	714	Cousins	Ellen	31	Rockville MD	0:56:09	50
2	720	Forte	Miranda	33	Rockville MD	0:56:49	41
3	710	Coggiano	Brooke	33	Pasadena MD	0:57:23	35
4	757	Robey	Paola Nasser	39	Falls Church VA	0:58:10	30
5	712	Conway	Kim	34	Rockville MD	1:03:40	26
6	763	Siekkinen	Megan	37	Arlington VA	1:05:05	23
7	718	Ezerski	Natasha	35	Montgomery Village M	1:05:30	20
8	703	Barry	Shawna	37	Arlington VA	1:06:58	17
9	765	Spiering	Becki	37	Arlington VA	1:06:59	15
10	761	Sharkey	Julie	30	Washington DC	1:07:47	13
11	708	Chrest	Amy	32	Germantown MD	1:07:54	11
12	746	Mills	Rebecca	38	Frederick MD	1:11:25	9
13	780	White	Lauren	32	Frederick MD	1:11:55	8
14	753	Poncetta	Michelle	36	Washington DC	1:13:12	7
15	742	Mchugh	Kerry	30	Frederick MD	1:13:52	6

16	771	Thomas	Irene	36	Arlington VA	1:14:05	5
17	751	Pelton	Courtnee	36	Gaithersburg MD	1:16:17	4
18	702	Ballard	Lindsay	39	Greenbelt MD	1:17:24	3
19	741	Maus	Emily	31	Washington DC	1:23:24	2
20	740	Mariani	Angela	33	Silver Spring MD	1:23:50	1
21	745	Miceli	Ivory	31	Haymarket VA	1:24:00	
22	724	George	Ashley	33	Dunkirk MD	1:24:01	
23	744	Meeker	Sarah	32	baltimore MD	1:46:06	

10K - F 40-49							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	739	Lobur	Janel	41	Frederick MD	0:53:41	50
2	737	Knight	Sophie	43	Glenn Dale MD	1:01:44	41
3	773	Thompson	Tabatha	43	Washington DC	1:03:37	35
4	715	Davis	Nicole	47	Urbana MD	1:08:03	30
5	764	Slater	Mary	47	Silver Spring MD	1:10:56	26
6	706	Camarote	Robin	43	Falls Church VA	1:11:45	23
7	735	Howe	Emily	43	Ellicott City MD	1:13:49	20
8	728	Hadley	Kerensa	44	Fairfax VA	1:18:49	17
9	754	Rabinovitch	Jane	45	Reston VA	1:20:26	15
10	731	Healander	Caryn	49	Clarksburg MD	1:22:03	13
11	884	Thomas	Theresa	49	Bowie MD	1:25:38	11
12	730	Hayes	Angela	48	Odenton MD	1:25:48	9
13	760	Ryan	Michelle	48	Alexandria VA	1:25:56	8
14	776	Upton	Amy	41	Washington DC	1:27:11	7
15	756	Ridgway	Rachel	47	Ijamsville MD	1:27:52	6
16	768	Stephens	Kristin	40	Washington DC	1:28:08	5
17	733	Hill	Kari	45	Germantown MD	1:29:34	4
17	779	Welch	Stacy	44	Bethesda MD	1:29:34	4
19	762	Shubert	Anne	49	Smithsburg MD	1:34:40	2
20	887	Armstrong	Melissa	48	Fleetwood PA	1:37:03	1
21	723	Gallardo	Devorah	42	Beallsville MD	1:37:26	

10K - F 50-59							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	770	Taylor	Ruth	50	Frederick MD	0:57:17	50
2	755	Rappaport	Jackson	52	Washington DC	0:58:12	41
3	775	Turbe	Laura	50	Silver Spring MD	1:03:42	35
4	701	Bachmann	Monika	52	Upper Marlboro MD	1:04:38	30
5	722	Gager	Dee	53	New Market MD	1:08:42	26
6	734	Horstmann	Laurie	58	Centreville VA	1:12:31	23
7	785	Yao	Pamela	58	Ellicott city MD	1:13:49	20

8	772	Thomas	Jennifer	50	Washington DC	1:14:50	17
9	721	Frazier	Shellie	50	Keedysville MD	1:22:32	15
10	707	Chen	Hai	52	Elkridge MD	1:27:38	13
11	736	Jamsa	Julie	53	Gaithersburg MD	1:31:32	11
12	752	Piorkowski	Carla	56	Frederick MD	1:34:40	9

10K - F 60+							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	743	Mcmackin	Kathleen	63	Millersville MD	1:32:40	50
2	729	Hanson	Kathleen	64	Annapolis MD	1:47:50	41

10K - M 19-U							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	825	Hajdo	Peter	18	Ashburn VA	0:44:57	50
2	881	Zygmunt	Ian	18	Winchester VA	1:11:09	41

10K - M 20-29							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	815	Fogel	Nicholas	28	Washington DC	0:40:18	50
2	888	MacFarlane	Colin	28	Arlington VA	0:46:39	41
3	802	Cassi	Matt	29	Washington DC	0:49:43	35
4	880	Watson	Patrick	24	Baltimore MD	0:54:47	30
5	816	Foret	Ryan	26	Takoma Park MD	0:55:30	26
6	851	Myers	Sam	27	Clear Spring MD	1:06:06	23
7	821	Gonzales	Kenneth	24	Takoma Park MD	1:06:34	20
8	875	Torres	Jorge	24	Silver Spring MD	1:12:32	17
9	820	Gitter	Rj	24	baltimore MD	1:12:53	15
10	813	Elisio	Nicholas	27	Mount airy MD	1:22:47	13

10K - M 30-39							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	873	Thomas	Benn	38	Arlington VA	0:43:27	50
2	810	Doherty	Brian	34	Washington DC	0:44:09	41
3	808	Desjardins	Amos	36	Alexandria VA	0:44:19	35
4	794	Bowen	Ryan	32	Rockville MD	0:46:20	30
5	814	Fleming	Brian	35	Ellicott City MD	0:46:36	26
6	834	Johnson	Doug	33	Great falls VA	0:47:12	23
7	876	Trumbull	Michael	36	Monrovia MD	0:49:26	20
8	858	Poulin	Brian	30	Washington DC	0:51:40	17
9	840	Mccarthy	Thomas	39	Warrenton VA	0:56:16	15
10	853	Nichols	Josh	33	Burke VA	0:56:40	13

11	872	Sunseri	Nicholas	36	Arlington VA	0:57:42	11
12	828	Henderson	Jason	38	Fairfax VA	0:58:21	9
13	843	Mckenzie	Brian	33	Arlington VA	1:01:12	8
14	866	Schoo	Corey	33	Frederick MD	1:01:17	7
15	857	Poblete	Mark	32	Oakton VA	1:01:46	6
16	879	Vu	Michael	35	Alexandria VA	1:02:05	5
17	831	Ionadi	Michael	34	Pittsburgh PA	1:03:02	4
18	859	Rathmanner	Michael	34	Washington DC	1:03:35	3
19	871	Southers	Jordan	32	Frederick MD	1:05:52	2
20	836	King	Brent	37	Reston VA	1:06:25	1
21	826	Hale	Lucas	34	Frederick MD	1:09:30	
22	855	Pelton	Dan	38	gaithersburg MD	1:14:38	
23	845	Michel	Nicholas	32	Mililani HI	1:17:47	
24	795	Branstetter	Ross	37	Silver Spring MD	1:24:41	

10K - M 40-49							
Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	885	Storper	David	45	Bethesda MD	0:42:45	50
2	867	Sherry	Peter	49	Great Falls VA	0:44:06	41
3	847	Mills	James	41	Frederick MD	0:46:38	35
4	806	Dagher	Ze	40	Falls Church VA	0:47:42	30
5	789	Bailey	Chris	43	keedysville MD	0:48:26	26
6	812	Duricy	Anthony	44	Arlington VA	0:49:00	23
7	862	Robinson	Christopher	44	Arlington VA	0:49:32	20
8	788	Arrington	Bram	44	Ellicott City MD	0:50:23	17
9	824	Hain	Brian	40	College Park MD	0:52:38	15
10	805	Clem	Billy	49	Frederick MD	0:56:25	13
11	868	Shove-Brown	David	45	Potomac MD	0:57:31	11
12	874	Thompson	Stephen	45	Washington DC	0:57:56	9
13	841	Mcdevitt	Sean	45	Springfield VA	0:59:48	8
14	804	Choy	Ed	42	Germantown MD	1:00:29	7
15	798	Camarote	Brian	45	Falls Church VA	1:03:39	6
16	864	Ryan	Shaun	48	McLean VA	1:04:29	5
17	807	Dee	J	46	Annandale VA	1:08:29	4
18	861	Revilla	Alonso	47	Springfield VA	1:09:28	3
19	839	Luong	Quan	46	Fairfax Station VA	1:09:39	2
20	860	Rawson	Patrick	42	Olney MD	1:11:27	1
21	800	Carbis	Tim	49	Frederick MD	1:12:48	
22	842	Mcglathlin	John	44	Rockville MD	1:14:23	
23	889	Belinkie	Michael	42	Arlington VA	1:18:11	
24	877	Upton	James	42	Washington DC	1:22:00	

**10K - M 50-59**

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	793	Bowen	Rob	54	Oak Hill VA	0:49:07	50
2	869	Smilek	Jan	51	Leesburg VA	0:51:47	41
3	886	Parry	Robert	53		0:52:10	35
4	827	Hanno	Richard	55	Bowie MD	0:52:14	30
5	878	Vieira	Rodney	50	Chevy Chase MD	0:52:41	26
6	829	Hensley	Kevin	56	Washington DC	0:54:13	23
7	809	Didonato	Robert	56	Woodstock MD	0:59:10	20
8	883	Thomas	Dan	56	Bowie MD	1:00:08	17
9	797	Buchter	Glenn	54	Alexandria VA	1:03:32	15
10	865	Saulsbury	Bo	54	Rockville MD	1:05:09	13
11	863	Robinson	Mark	58	Vienna VA	1:07:09	11
12	819	Gitter	Jonathan	57	Baltimore MD	1:09:54	9
13	870	Smith	Clifford	50	Dunkirk MD	1:16:34	8
14	832	Jamsa	Greg	53	Gaithersburg MD	1:16:47	7
15	786	Adachi	Taro	55	Baltimore MD	1:23:55	6

**10K - M 60+**

Place	Bib #	Last Name	First Name	Age	Hometown	Time	R2 Points
1	849	Morgan	Timothy	67	Damascus MD	0:57:17	50
2	854	Okeefe	Tim	65	Middletown MD	0:59:12	41
3	844	Mckenzie	Scott	60	York PA	1:00:36	35
4	818	Gilman	Bradley	60	Vienna VA	1:03:44	30
5	823	Gregory	Art	74	Frederick MD	1:05:37	26
6	787	Allaway	Graham	62	Darnestown MD	1:08:41	23
7	846	Miles	Stephen	60	Hagerstown MD	1:19:20	20
8	817	Frankenheim	Jerry	75	Germantown MD	1:20:44	17
9	801	Carey	Mike	62	Spencerville MD	1:21:30	15
10	838	Leffler	Fredric	63	Columbia MD	1:27:46	13
11	837	Ladue	George	61	New Market MD	1:35:45	11
	890	Porzel	Walt	69	Falls Church VA	DNF	