

XTERRA EX2 Off-Road Triathlon 2016

Solo Results by Age Groups

Pl	Bib# Name	Age	Hometown	Time
Tri Solo - F 20-24 (2)				
		Swim	Bike	Run
	191 Abbie Zislis	21 Washington DC		dnf
		27:23 (1)		
		27:23 (1)	Bike DNF	1:22:25
Tri Solo - F 30-34 (6)				
		Swim	Bike	Run
1	48 Jeanie Denison	33 Baltimore MD		2:34:30
		18:42 (1)	1:36:45 (1)	2:34:30 (1)
		18:42 (1)	1:18:03 (1)	57:45 (3)
2	74 Ashlea Gray	34 Kensington MD		2:49:30
		25:15 (5)	1:52:22 (3)	2:49:30 (2)
		25:15 (5)	1:27:07 (2)	57:08 (2)
3	172 Charleen Secor	33 York PA		2:51:30
		22:24 (2)	1:52:06 (2)	2:51:30 (3)
		22:24 (2)	1:29:42 (3)	59:24 (4)
4	91 Blaire Johnson	30 Blacksburg VA		2:52:12
		24:46 (3)	1:55:45 (4)	2:52:12 (4)
		24:46 (3)	1:30:59 (4)	56:27 (1)
5	95 Meegan Kelly	32 Baltimore MD		3:10:36
		25:25 (6)	2:09:22 (5)	3:10:36 (5)
		25:25 (6)	1:43:57 (5)	1:01:14 (5)
6	90 Marsha Jedlinski	31 Topping VA		3:17:24
		24:54 (4)	2:09:28 (6)	3:17:24 (6)
		24:54 (4)	1:44:34 (6)	1:07:56 (6)
Tri Solo - F 35-39 (12)				
		Swim	Bike	Run
1	93 Courtney Kaup	38 Hinesburg VT		2:16:58
		17:46 (1)	1:32:53 (1)	2:16:58 (1)
		17:46 (1)	1:15:07 (1)	44:05 (1)
2	100 Florence Lamirand	38 Jeffersonton VA		2:34:51
		22:38 (3)	1:49:27 (2)	2:34:51 (2)
		22:38 (3)	1:26:49 (3)	45:24 (2)
3	232 Laurie Johnson	37		2:50:23
		36:51 (9)	1:54:45 (4)	2:50:23 (3)
		36:51 (9)	1:17:54 (2)	55:38 (3)
4	13 Jenn Belch	35 Trexlertown PA		2:58:25
		18:39 (2)	1:52:20 (3)	2:58:25 (4)
		18:39 (2)	1:33:41 (4)	1:06:05 (5)
5	80 Lisa Marie Hettler	35 Boyertown PA		3:02:21
		24:51 (5)	2:03:33 (5)	3:02:21 (5)
		24:51 (5)	1:38:42 (5)	58:48 (4)
6	165 Michelle Rudy	39 Seven Valleys PA		3:16:38
		28:53 (6)	2:10:33 (6)	3:16:38 (6)
		28:53 (6)	1:41:40 (6)	1:06:05 (5)

7	53 Ryan Doda	36 Springfield VA		3:39:50
		22:54 (4)	2:22:38 (7)	3:39:50 (7)
		22:54 (4)	1:59:44 (7)	1:17:12 (8)
8	119 Joanne McCallum	35 Severna Park MD		3:55:39
		30:20 (7)	2:34:40 (8)	3:55:39 (8)
		30:20 (7)	2:04:20 (8)	1:20:59 (9)
9	122 Becky McJonathan	35 Waynesboro PA		4:15:35
		32:06 (8)	3:00:23 (9)	4:15:35 (9)
		32:06 (8)	2:28:17 (9)	1:15:12 (7)

Tri Solo - F 40-44 (2)

		Swim	Bike	Run
1	161 Jessica Rigelman	42 Annapolis MD		2:37:19
		23:58 (1)	1:47:23 (1)	2:37:19 (1)
		23:58 (1)	1:23:25 (1)	49:56 (1)
2	26 Jennifer Cecchi	41 West Chester PA		3:30:28
		26:17 (2)	2:25:50 (2)	3:30:28 (2)
		26:17 (2)	1:59:33 (2)	1:04:38 (2)

Tri Solo - F 45-49 (9)

		Swim	Bike	Run
1	12 Danni Barrett	46 Wayne PA		2:29:11
		20:27 (1)	1:42:42 (1)	2:29:11 (1)
		20:27 (1)	1:22:15 (1)	46:29 (1)
2	59 Janell Emery-Smith	48 Ligonier PA		2:45:45
		20:29 (2)	1:52:19 (2)	2:45:45 (2)
		20:29 (2)	1:31:50 (3)	53:26 (2)
3	18 Jennifer Blandford	46 Elkridge MD		2:45:54
		28:13 (7)	1:52:21 (3)	2:45:54 (3)
		28:13 (7)	1:24:08 (2)	53:33 (3)
4	187 Karin Ward	46 Hinesberg VT		3:03:44
		27:07 (6)	2:08:26 (5)	3:03:44 (4)
		27:07 (6)	1:41:19 (6)	55:18 (4)
5	109 Lisa Mackem	46 Reston VA		3:11:47
		33:20 (8)	2:10:31 (7)	3:11:47 (5)
		33:20 (8)	1:37:11 (4)	1:01:16 (5)
6	85 Cathy Hovis	47 Falls Church VA		3:13:39
		26:51 (5)	2:05:11 (4)	3:13:39 (6)
		26:51 (5)	1:38:20 (5)	1:08:28 (6)
7	8 Melissa Ashby	45 Fairfax Station VA		3:21:29
		26:45 (4)	2:09:30 (6)	3:21:29 (7)
		26:45 (4)	1:42:45 (7)	1:11:59 (7)
	16 Megan Bilodeau	47 Easthampton MA		dnf
		21:44 (3)		
		21:44 (3)		

Tri Solo - F 50-54 (6)

		Swim	Bike	Run
1	19 Elizabeth Bower	51 Catonsville MD		2:53:55
		22:03 (1)	1:51:39 (1)	2:53:55 (1)
		22:03 (1)	1:29:36 (1)	1:02:16 (2)
2	169 Regina Schneider	52 Doylestown PA		3:10:50
		26:49 (3)	2:07:09 (2)	3:10:50 (2)

		26:49 (3)	1:40:20 (2)	1:03:41 (3)
3	92 Cynthia Johnson	54 Washington DC		3:17:59
		27:10 (4)	2:19:58 (4)	3:17:59 (3)
		27:10 (4)	1:52:48 (4)	58:01 (1)
4	107 Tracy Lynott	54 Catonsville MD		3:34:34
		30:11 (5)	2:16:22 (3)	3:34:34 (4)
		30:11 (5)	1:46:11 (3)	1:18:12 (5)
5	71 Karen Good	50 Reisterstown MD		3:35:36
		22:33 (2)	2:20:02 (5)	3:35:36 (5)
		22:33 (2)	1:57:29 (5)	1:15:34 (4)
	178 Ann Snoeyenbos	52 Towson MD		dns

Tri Solo - F 55-59 (1)

		Swim	Bike	Run
1	3 Judy Acosta	56 Annapolis MD		3:38:44
		28:17 (1)	2:13:35 (1)	3:38:44 (1)
		28:17 (1)	1:45:18 (1)	1:25:09 (1)

Tri Solo - F 60+ (1)

		Swim	Bike	Run
1	84 Dale Hollerbach	60 Newtown PA		3:21:33
		25:43 (1)	2:10:28 (1)	3:21:33 (1)
		25:43 (1)	1:44:45 (1)	1:11:05 (1)

Tri Solo - M 15-19 (2)

		Swim	Bike	Run
1	157 John Reed	18 Gibsonsia PA		2:01:24
		15:37 (1)	1:23:20 (1)	2:01:24 (1)
		15:37 (1)	1:07:43 (1)	38:04 (1)
2	128 Johnny Meyerle	14 Monroe CT		2:48:37
		29:04 (2)	1:54:06 (2)	2:48:37 (2)
		29:04 (2)	1:25:02 (2)	54:31 (2)

Tri Solo - M 20-24 (3)

		Swim	Bike	Run
1	28 Nicholas Cicio	24 Aspinwall PA		2:27:41
		23:57 (1)	1:40:05 (1)	2:27:41 (1)
		23:57 (1)	1:16:08 (1)	47:36 (1)
2	86 Daniel Hunt	24 Columbia MD		2:59:06
		24:48 (2)	1:55:02 (2)	2:59:06 (2)
		24:48 (2)	1:30:14 (2)	1:04:04 (2)
	62 Jared Fenton	21 Penn Valley PA		dnf
		25:47 (3)		
		25:47 (3)	Bike DNF	1:22:25

Tri Solo - M 25-29 (7)

		Swim	Bike	Run
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1	186 David Uber	25 Pittsburgh PA	2:08:00
		18:40 (1)	1:26:28 (1)
		18:40 (1)	1:07:48 (2)
			2:08:00 (1)
			41:32 (2)
2	135 Nevin Nelson	27 Alexandria VA	2:14:37
		22:10 (3)	1:34:30 (3)
		22:10 (3)	1:12:20 (3)
			2:14:37 (2)
			40:07 (1)
3	147 Nate Perry	28 Herndon VA	2:15:34
		25:46 (4)	1:30:57 (2)
		25:46 (4)	1:05:11 (1)
			2:15:34 (3)
			44:37 (4)
4	130 Patrick Mohl	26 Baltimore MD	2:23:31
		18:59 (2)	1:39:39 (4)
		18:59 (2)	1:20:40 (4)
			2:23:31 (4)
			43:52 (3)
5	65 Benjamin Fry	29 Silver Spring MD	2:50:39
		27:56 (5)	2:01:08 (5)
		27:56 (5)	1:33:12 (5)
			2:50:39 (5)
			49:31 (5)
6	7 Matthew Allen	26 McLean VA	3:38:41
		31:29 (6)	2:12:37 (6)
		31:29 (6)	1:41:08 (6)
			3:38:41 (6)
			1:26:04 (6)

Tri Solo - M 30-34 (18)

		Swim	Bike	Run
1	9 Kiley Austin-Young	30 Drums PA		2:01:48
		16:34 (1)	1:25:39 (1)	2:01:48 (1)
		16:34 (1)	1:09:05 (2)	36:09 (1)
2	168 Nicola Salese	34 Pompton Plains NJ		2:15:29
		22:20 (5)	1:30:27 (2)	2:15:29 (2)
		22:20 (5)	1:08:07 (1)	45:02 (2)
3	73 Alexander Gray	33 Kensington MD		2:17:20
		20:18 (4)	1:32:10 (4)	2:17:20 (3)
		20:18 (4)	1:11:52 (3)	45:10 (3)
4	146 Jeffrey Peaper	34 Severna Park MD		2:18:59
		18:56 (2)	1:30:55 (3)	2:18:59 (4)
		18:56 (2)	1:11:59 (4)	48:04 (4)
5	104 Gregory Long	32 Washington DC		2:39:43
		19:52 (3)	1:51:28 (5)	2:39:43 (5)
		19:52 (3)	1:31:36 (9)	48:15 (5)
6	185 Ben Townsend	32 Catonsville MD		2:48:55
		27:28 (13)	1:53:25 (6)	2:48:55 (6)
		27:28 (13)	1:25:57 (5)	55:30 (6)
7	61 William Fader	34 Towson MD		2:53:19
		26:12 (10)	1:56:51 (9)	2:53:19 (7)
		26:12 (10)	1:30:39 (8)	56:28 (7)
8	179 Jonathan Stewart	34 Catonsville MD		2:56:03
		25:28 (8)	1:57:25 (10)	2:56:03 (8)
		25:28 (8)	1:31:57 (10)	58:38 (9)
9	98 Stanley LaFrance	34 Manassas Park VA		2:56:23
		26:14 (11)	1:53:31 (8)	2:56:23 (9)
		26:14 (11)	1:27:17 (7)	1:02:52 (11)
10	41 Patrick Crile	33 Falls Church VA		3:09:55
		24:42 (7)	2:07:26 (12)	3:09:55 (10)
		24:42 (7)	1:42:44 (12)	1:02:29 (10)
11	79 Hank Hendrix	30 Little Hocking OH		3:11:55
		26:37 (12)	1:53:26 (7)	3:11:55 (11)
		26:37 (12)	1:26:49 (6)	1:18:29 (12)

12	151 Darwin Ponnusamy	33 Bethesda MD		3:28:43
		24:05 (6)	2:02:34 (11)	3:28:43 (12)
		24:05 (6)	1:38:29 (11)	1:26:09 (13)
13	21 Christopher Brown	31 Derwood MD		3:36:27
		25:32 (9)	2:39:08 (13)	3:36:27 (13)
		25:32 (9)	2:13:36 (13)	57:19 (8)
	87 Jason Imperati	32 Gaithersburg MD		dnf
		32:21 (14)	2:46:50 (14)	
		32:21 (14)	2:14:29 (14)	

Tri Solo - M 35-39 (27)

		Swim	Bike	Run
1	105 Josh Loren	36 Wilmington DE		1:55:06
		18:32 (3)	1:18:24 (1)	1:55:06 (1)
		18:32 (3)	59:52 (1)	36:42 (1)
2	83 T.J. Hoff	37 Haymarket VA		2:06:17
		20:56 (5)	1:26:47 (3)	2:06:17 (2)
		20:56 (5)	1:05:51 (2)	39:30 (2)
3	24 Jesse Buppert	35 Odenton MD		2:07:47
		18:07 (2)	1:24:33 (2)	2:07:47 (3)
		18:07 (2)	1:06:26 (3)	43:14 (3)
4	68 Bill Gensheimer	35 Alexandria VA		2:11:42
		20:57 (6)	1:28:18 (4)	2:11:42 (4)
		20:57 (6)	1:07:21 (4)	43:24 (4)
5	116 Ryan Matheson	39 Yardley PA		2:17:38
		17:12 (1)	1:29:01 (5)	2:17:38 (5)
		17:12 (1)	1:11:49 (5)	48:37 (7)
6	173 Christopher Shaw	38 Lovettsville VA		2:20:10
		21:10 (7)	1:33:44 (6)	2:20:10 (6)
		21:10 (7)	1:12:34 (7)	46:26 (5)
7	149 Casey Phillips	37 Yardley PA		2:25:56
		22:48 (11)	1:34:43 (7)	2:25:56 (7)
		22:48 (11)	1:11:55 (6)	51:13 (11)
8	6 Luke Alexander	35 Sterling VA		2:30:43
		23:40 (14)	1:39:58 (8)	2:30:43 (8)
		23:40 (14)	1:16:18 (8)	50:45 (10)
9	141 Brendan O'Hara	37 Fairfax Station VA		2:33:19
		18:42 (4)	1:44:42 (9)	2:33:19 (9)
		18:42 (4)	1:26:00 (11)	48:37 (7)
10	114 Rick Marion	36 Ellicott City MD		2:34:10
		23:37 (13)	1:45:34 (10)	2:34:10 (10)
		23:37 (13)	1:21:57 (10)	48:36 (6)
11	15 Mauricio Bertrand	36 Clifton VA		2:39:25
		30:04 (22)	1:47:57 (11)	2:39:25 (11)
		30:04 (22)	1:17:53 (9)	51:28 (12)
12	33 Peter Coleman	39 Bethesda MD		2:40:42
		21:27 (8)	1:49:09 (12)	2:40:42 (12)
		21:27 (8)	1:27:42 (12)	51:33 (13)
13	32 Billy Cogar	36 Bowie MD		2:42:35
		25:37 (16)	1:53:30 (14)	2:42:35 (13)
		25:37 (16)	1:27:53 (13)	49:05 (9)
14	160 Matthew Richards	39 Baltimore MD		2:50:15
		25:51 (18)	1:56:56 (17)	2:50:15 (14)
		25:51 (18)	1:31:05 (17)	53:19 (14)

15	171 Erik Scudder	37 Fairfax VA		2:53:28
		23:09 (12)	1:52:08 (13)	2:53:28 (15)
		23:09 (12)	1:28:59 (15)	1:01:20 (18)
16	49 Michael Dierks	38 Falls Church VA		2:57:22
		23:42 (15)	1:55:01 (15)	2:57:22 (16)
		23:42 (15)	1:31:19 (18)	1:02:21 (19)
17	143 Jamie Ouellette	37 Morgantown WV		3:00:24
		29:02 (20)	1:59:42 (18)	3:00:24 (17)
		29:02 (20)	1:30:40 (16)	1:00:42 (17)
18	106 Tim Lui	39 Morris Plains NJ		3:01:28
		27:37 (19)	1:56:11 (16)	3:01:28 (18)
		27:37 (19)	1:28:34 (14)	1:05:17 (21)
19	164 Kevin Roose	36 Stephens City VA		3:12:00
		29:25 (21)	2:09:36 (19)	3:12:00 (19)
		29:25 (21)	1:40:11 (19)	1:02:24 (20)
20	181 Mark Supernaugh	38 Warreton VA		3:20:47
		25:42 (17)	2:26:27 (23)	3:20:47 (20)
		25:42 (17)	2:00:45 (23)	54:20 (15)
21	167 Brent Russell	39 Virginia beach VA		3:21:20
		40:39 (24)	2:24:19 (22)	3:21:20 (21)
		40:39 (24)	1:43:40 (20)	57:01 (16)
22	123 Travis McKenzie	37 Fort Belvoir VA		3:26:59
		22:27 (9)	2:19:23 (20)	3:26:59 (22)
		22:27 (9)	1:56:56 (22)	1:07:36 (22)
23	96 Jeff Koch	39 Levittown PA		3:36:31
		33:42 (23)	2:22:23 (21)	3:36:31 (23)
		33:42 (23)	1:48:41 (21)	1:14:08 (23)
	23 Brian Bucher	38 Harrisburg PA		dnf
		22:30 (10)		
		22:30 (10)	Bike DNF	50:22

Tri Solo - M 40-44 (28)

		Swim	Bike	Run
1	188 Daryl Weaver	43 Lititz PA		1:52:30
		18:14 (1)	1:17:17 (1)	1:52:30 (1)
		18:14 (1)	59:03 (1)	35:13 (1)
2	78 Chris Harnish	42 Richmond VA		2:03:11
		20:21 (2)	1:23:14 (2)	2:03:11 (2)
		20:21 (2)	1:02:53 (2)	39:57 (2)
3	226 Michael Norton	41 Ellicott City MD		2:14:19
		21:30 (5)	1:27:05 (3)	2:14:19 (3)
		21:30 (5)	1:05:35 (3)	47:14 (4)
4	35 Matt Connors	43 Washington DC		2:16:44
		20:50 (4)	1:30:59 (4)	2:16:44 (4)
		20:50 (4)	1:10:09 (4)	45:45 (3)
5	72 Orion Graham	40 Germantown MD		2:34:51
		20:49 (3)	1:42:51 (5)	2:34:51 (5)
		20:49 (3)	1:22:02 (7)	52:00 (6)
6	154 Brett Querry	41 New Market MD		2:35:22
		26:33 (11)	1:44:15 (6)	2:35:22 (6)
		26:33 (11)	1:17:42 (5)	51:07 (5)
7	5 Joseph Adkins	41 Silver Spring MD		2:45:39
		29:16 (14)	1:50:53 (8)	2:45:39 (7)
		29:16 (14)	1:21:37 (6)	54:46 (10)

8	121 Andrew McGrath	42 New Market MD		2:46:54
		29:29 (15)	1:52:16 (9)	2:46:54 (8)
		29:29 (15)	1:22:47 (8)	54:38 (9)
9	111 Pablo Macouzet	41 McLean VA		2:50:10
		24:08 (6)	1:49:02 (7)	2:50:10 (9)
		24:08 (6)	1:24:54 (11)	1:01:08 (13)
10	52 Jonathan Doda	40 Springfield VA		2:50:48
		26:26 (10)	1:58:22 (11)	2:50:48 (10)
		26:26 (10)	1:31:56 (12)	52:26 (8)
11	170 Jay Scott	42 Nottingham PA		2:51:36
		30:48 (19)	1:54:18 (10)	2:51:36 (11)
		30:48 (19)	1:23:30 (9)	57:18 (11)
12	125 Joe McQuade	42 Cumberland MD		3:01:36
		30:06 (18)	2:09:23 (16)	3:01:36 (12)
		30:06 (18)	1:39:17 (16)	52:13 (7)
13	89 Michael Jantz	44 Perry Hall MD		3:05:32
		25:40 (8)	2:03:05 (12)	3:05:32 (13)
		25:40 (8)	1:37:25 (14)	1:02:27 (16)
14	22 Michael Buchakjian	40 Hatboro PA		3:06:42
		32:31 (21)	2:05:24 (13)	3:06:42 (14)
		32:31 (21)	1:32:53 (13)	1:01:18 (14)
15	152 David Porfiris	42 Woodbridge VA		3:08:58
		27:57 (13)	2:05:35 (14)	3:08:58 (15)
		27:57 (13)	1:37:38 (15)	1:03:23 (17)
16	134 Jacob Mullis	40 Germantown MD		3:09:09
		43:13 (22)	2:07:51 (15)	3:09:09 (16)
		43:13 (22)	1:24:38 (10)	1:01:18 (14)
17	175 Pablo Smiraglia	42 Herndon VA		3:16:53
		25:49 (9)	2:09:43 (17)	3:16:53 (17)
		25:49 (9)	1:43:54 (17)	1:07:10 (19)
18	47 Kevin Delaney	44 Holland PA		3:21:56
		25:13 (7)	2:13:35 (18)	3:21:56 (18)
		25:13 (7)	1:48:22 (18)	1:08:21 (20)
19	156 Sal Ranniello	40 Fairless Hills PA		3:23:43
		29:56 (16)	2:20:01 (19)	3:23:43 (19)
		29:56 (16)	1:50:05 (19)	1:03:42 (18)
20	190 Paul Zicuis	42 Doylestown PA		3:27:54
		30:02 (17)	2:28:24 (20)	3:27:54 (20)
		30:02 (17)	1:58:22 (20)	59:30 (12)
21	113 Mike Mantegna	41 Perry Hall MD		4:01:28
		27:04 (12)	2:37:59 (21)	4:01:28 (21)
		27:04 (12)	2:10:55 (21)	1:23:29 (21)
	155 Daniel Quigley	40 Alexandria VA		dnf
		30:59 (20)		
		30:59 (20)		

Tri Solo - M 45-49 (28)

		Swim	Bike	Run
1	11 Cameron Barrett	45 Wayne PA		2:05:27
		18:19 (4)	1:24:08 (1)	2:05:27 (1)
		18:19 (4)	1:05:49 (1)	41:19 (1)
2	63 Jim Fisher	47 Midlothian VA		2:09:55
		16:56 (2)	1:25:40 (2)	2:09:55 (2)
		16:56 (2)	1:08:44 (2)	44:15 (4)

3	43 Paul Cutler	49 Washington DC		2:14:53
		22:25 (12)	1:31:23 (5)	2:14:53 (3)
		22:25 (12)	1:08:58 (4)	43:30 (2)
4	54 Jason Dolbeck	47 Crofton MD		2:15:21
		18:48 (5)	1:31:24 (6)	2:15:21 (4)
		18:48 (5)	1:12:36 (6)	43:57 (3)
5	97 Vince LaFashia	45 Newark DE		2:17:14
		18:04 (3)	1:26:52 (3)	2:17:14 (5)
		18:04 (3)	1:08:48 (3)	50:22 (9)
6	183 Robert Toedter	46 Bay Shore NY		2:18:53
		16:29 (1)	1:29:19 (4)	2:18:53 (6)
		16:29 (1)	1:12:50 (9)	49:34 (7)
7	2 Anthony Accardo	47 Washington Crossing		2:19:25
		20:43 (8)	1:33:29 (8)	2:19:25 (7)
		20:43 (8)	1:12:46 (8)	45:56 (6)
8	99 David Lambert	47 Philadelphia PA		2:19:38
		22:31 (13)	1:35:07 (9)	2:19:38 (8)
		22:31 (13)	1:12:36 (6)	44:31 (5)
9	127 John Meyerle	47 Monroe CT		2:22:55
		21:07 (10)	1:32:41 (7)	2:22:55 (9)
		21:07 (10)	1:11:34 (5)	50:14 (8)
10	94 Tad Kelley	48 Catonsville MD		2:28:14
		24:00 (14)	1:37:15 (10)	2:28:14 (10)
		24:00 (14)	1:13:15 (10)	50:59 (10)
11	60 Carl Erickson	45 Fairfax VA		2:37:27
		25:43 (17)	1:44:47 (12)	2:37:27 (11)
		25:43 (17)	1:19:04 (11)	52:40 (11)
12	176 Cameron Smith	46 Montgomery Village M		2:40:03
		20:29 (7)	1:39:56 (11)	2:40:03 (12)
		20:29 (7)	1:19:27 (12)	1:00:07 (16)
13	144 David Pace	45 Dunn Loring VA		2:44:58
		29:09 (22)	1:49:05 (16)	2:44:58 (13)
		29:09 (22)	1:19:56 (13)	55:53 (12)
14	227 John Paulson	48 Germantown MD		2:48:13
		27:01 (18)	1:48:52 (13)	2:48:13 (14)
		27:01 (18)	1:21:51 (14)	59:21 (15)
15	131 Chad Molter	46 Vienna VA		2:52:15
		27:59 (20)	1:54:01 (18)	2:52:15 (15)
		27:59 (20)	1:26:02 (16)	58:14 (14)
16	158 Robert Reid	45 Ellicott City MD		2:54:14
		24:58 (15)	1:51:42 (17)	2:54:14 (16)
		24:58 (15)	1:26:44 (18)	1:02:32 (18)
17	81 Brian Hisson	45 Greencastle PA		2:58:36
		22:18 (11)	1:48:59 (14)	2:58:36 (17)
		22:18 (11)	1:26:41 (17)	1:09:37 (22)
18	126 Kenneth Meyer	48 Darnestown MD		3:00:17
		27:07 (19)	2:04:09 (21)	3:00:17 (18)
		27:07 (19)	1:37:02 (21)	56:08 (13)
19	69 Thomas Gera	45 Keyser WV		3:03:15
		28:12 (21)	2:02:44 (20)	3:03:15 (19)
		28:12 (21)	1:34:32 (20)	1:00:31 (17)
20	180 Todd Stubbe	46 Parkersburg WV		3:16:48
		31:11 (25)	2:08:47 (22)	3:16:48 (20)
		31:11 (25)	1:37:36 (22)	1:08:01 (21)
21	142 T OKeefe	46 Alexandria VA		3:18:12
		30:26 (24)	2:15:36 (23)	3:18:12 (21)

		30:26 (24)	1:45:10 (23)	1:02:36 (19)
22	51 Jason Disch	49 Leesburg VA		3:18:50
		29:47 (23)	1:56:46 (19)	3:18:50 (22)
		29:47 (23)	1:26:59 (19)	1:22:04 (23)
23	150 Shawn Phillips	48 Woodbridge VA		3:20:12
		21:01 (9)	2:15:43 (24)	3:20:12 (23)
		21:01 (9)	1:54:42 (24)	1:04:29 (20)
	20 Douglas Brede	47 Charlottesville VA		dnf
		20:23 (6)	2:46:06 (25)	
		20:23 (6)	2:25:43 (25)	
	145 Dion Parenti	48 Allentown PA		dnf
		25:12 (16)	1:49:00 (15)	
		25:12 (16)	1:23:48 (15)	

Tri Solo - M 50-54 (17)

		Swim	Bike	Run
1	39 Darren Cox	50 Toano VA		2:03:28
		19:17 (2)	1:21:07 (1)	2:03:28 (1)
		19:17 (2)	1:01:50 (1)	42:21 (4)
2	189 Dennis Yonkin	53 Lewisburg PA		2:16:11
		22:35 (5)	1:34:32 (4)	2:16:11 (2)
		22:35 (5)	1:11:57 (2)	41:39 (2)
3	138 David Norman	54 Woodbridge VA		2:20:48
		24:52 (11)	1:38:28 (7)	2:20:48 (3)
		24:52 (11)	1:13:36 (4)	42:20 (3)
4	184 Geo Toomey	51 Bethel Park PA		2:21:03
		23:51 (8)	1:40:12 (8)	2:21:03 (4)
		23:51 (8)	1:16:21 (9)	40:51 (1)
5	44 John de Leon	53 Columbia MD		2:22:15
		24:41 (10)	1:37:02 (6)	2:22:15 (5)
		24:41 (10)	1:12:21 (3)	45:13 (5)
6	231 Scott Perschke	54 Glen Rock PA		2:23:46
		19:50 (3)	1:34:02 (3)	2:23:46 (6)
		19:50 (3)	1:14:12 (6)	49:44 (6)
7	136 Tucker Newberry	53 Oakton VA		2:25:23
		17:53 (1)	1:32:01 (2)	2:25:23 (7)
		17:53 (1)	1:14:08 (5)	53:22 (11)
8	108 Frederick Mackem	53 Reston VA		2:28:32
		20:44 (4)	1:36:07 (5)	2:28:32 (8)
		20:44 (4)	1:15:23 (7)	52:25 (9)
9	75 Pete Gray	51 Finksburg MD		2:32:40
		26:23 (13)	1:42:35 (9)	2:32:40 (9)
		26:23 (13)	1:16:12 (8)	50:05 (7)
10	55 Marty Dunnington	52 Cumberland MD		2:37:48
		22:55 (6)	1:46:07 (12)	2:37:48 (10)
		22:55 (6)	1:23:12 (12)	51:41 (8)
11	110 Thomas MacLellan	50 Ellicott City MD		2:38:49
		27:01 (16)	1:44:40 (10)	2:38:49 (11)
		27:01 (16)	1:17:39 (10)	54:09 (12)
12	14 Michael Bender	53 Alexandria VA		2:39:18
		26:39 (14)	1:46:04 (11)	2:39:18 (12)
		26:39 (14)	1:19:25 (11)	53:14 (10)
13	29 Curtis Cillo	54 Fairfax VA		2:52:31
		23:42 (7)	1:49:23 (13)	2:52:31 (13)

		23:42 (7)	1:25:41 (14)	1:03:08 (15)
14	34 Robert Conley	52 Vienna VA		2:52:48
		27:55 (17)	1:55:25 (15)	2:52:48 (14)
		27:55 (17)	1:27:30 (15)	57:23 (13)
15	129 Alan Miller	53 Reston VA		3:01:02
		26:41 (15)	1:50:33 (14)	3:01:02 (15)
		26:41 (15)	1:23:52 (13)	1:10:29 (17)
16	57 Oliver Edwards	54 Silver Spring MD		3:01:26
		25:44 (12)	1:57:59 (16)	3:01:26 (16)
		25:44 (12)	1:32:15 (16)	1:03:27 (16)
17	163 David Robinson	52 Germantown MD		3:09:24
		24:21 (9)	2:07:51 (17)	3:09:24 (17)
		24:21 (9)	1:43:30 (17)	1:01:33 (14)

Tri Solo - M 55-59 (15)

		Swim	Bike	Run
1	115 Jean-Paul Martin	56 Oakton VA		2:08:40
		18:56 (1)	1:25:56 (1)	2:08:40 (1)
		18:56 (1)	1:07:00 (1)	42:44 (1)
2	101 Mark Lander	55 Vienna VA		2:26:38
		22:31 (6)	1:37:01 (3)	2:26:38 (2)
		22:31 (6)	1:14:30 (2)	49:37 (2)
3	120 Rob McCoy	59 Fairmont WV		2:29:27
		19:23 (2)	1:34:30 (2)	2:29:27 (3)
		19:23 (2)	1:15:07 (3)	54:57 (6)
4	124 Bruce McLaughlin	59 Royersford PA		2:36:21
		23:07 (7)	1:42:38 (4)	2:36:21 (4)
		23:07 (7)	1:19:31 (5)	53:43 (4)
5	102 Jim LeVerne	58 Jericho NY		2:41:02
		26:43 (10)	1:46:30 (6)	2:41:02 (5)
		26:43 (10)	1:19:47 (6)	54:32 (5)
6	10 Norman Balchunas	55 Alexandria VA		2:44:23
		19:24 (3)	1:50:43 (7)	2:44:23 (6)
		19:24 (3)	1:31:19 (10)	53:40 (3)
7	182 Glenn Thomas	56 Washington DC		2:46:32
		23:11 (8)	1:50:56 (8)	2:46:32 (7)
		23:11 (8)	1:27:45 (7)	55:36 (7)
8	140 John O'Dwyer	59 McLean VA		2:50:55
		22:22 (5)	1:51:57 (9)	2:50:55 (8)
		22:22 (5)	1:29:35 (8)	58:58 (9)
9	66 Charles Fitcher	57 Millersville PA		2:53:56
		27:13 (11)	1:45:58 (5)	2:53:56 (9)
		27:13 (11)	1:18:45 (4)	1:07:58 (11)
10	70 Bradley Gilman	58 Vienna VA		2:54:24
		25:05 (9)	1:56:55 (11)	2:54:24 (10)
		25:05 (9)	1:31:50 (11)	57:29 (8)
11	50 Tom Dillon	59 Yardley PA		3:10:11
		20:34 (4)	1:56:39 (10)	3:10:11 (11)
		20:34 (4)	1:36:05 (13)	1:13:32 (12)
12	174 Charles Shoemaker	57 Columbia MD		3:23:51
		34:51 (14)	2:17:41 (14)	3:23:51 (12)
		34:51 (14)	1:42:50 (14)	1:06:10 (10)
13	58 Greg Elmer	58 Phoenix MD		3:25:42
		29:26 (13)	2:04:28 (13)	3:25:42 (13)

	29:26 (13)	1:35:02 (12)	1:21:14 (13)
64 Mitchell Franklin	57 Germantown MD		dnf
	27:20 (12)	1:57:01 (12)	
	27:20 (12)	1:29:41 (9)	

Tri Solo - M 60-64 (7)

		Swim	Bike	Run
1	77 Bruce Halpin	60 Ashburn VA		2:43:27
		25:41 (2)	1:56:29 (2)	2:43:27 (1)
		25:41 (2)	1:30:48 (2)	46:58 (1)
2	4 Kevin Adams	60 Bethesda MD		3:00:06
		27:41 (4)	1:54:46 (1)	3:00:06 (2)
		27:41 (4)	1:27:05 (1)	1:05:20 (5)
3	56 Nelson Durham	64 Yardley PA		3:03:47
		24:15 (1)	2:07:01 (3)	3:03:47 (3)
		24:15 (1)	1:42:46 (5)	56:46 (2)
4	118 Michael Matyas	61 Arlington VA		3:12:15
		26:24 (3)	2:07:03 (4)	3:12:15 (4)
		26:24 (3)	1:40:39 (4)	1:05:12 (3)
5	112 Dave Magill	61 Potomac MD		3:16:42
		33:24 (5)	2:11:27 (5)	3:16:42 (5)
		33:24 (5)	1:38:03 (3)	1:05:15 (4)
6	159 Bob Richard	60 Clifton VA		3:25:56
		33:42 (6)	2:17:39 (6)	3:25:56 (6)
		33:42 (6)	1:43:57 (6)	1:08:17 (6)
	166 Dave Ruff	63 Hagerstown MD		dnf

Tri Solo - M 65+ (4)

		Swim	Bike	Run
1	133 Don Morrison	66 West Brandywine PA		2:36:32
		25:06 (1)	1:46:51 (1)	2:36:32 (1)
		25:06 (1)	1:21:45 (1)	49:41 (1)
2	31 Russell Clark	65 Scotia NY		2:44:04
		26:59 (2)	1:48:54 (2)	2:44:04 (2)
		26:59 (2)	1:21:55 (2)	55:10 (2)
3	30 Jim Clark	66 North Haven CT		2:59:56
		30:24 (3)	2:01:32 (3)	2:59:56 (3)
		30:24 (3)	1:31:08 (4)	58:24 (3)
4	228 Charlie Redmond	67 Buck Hill Falls PA		3:07:39
		33:22 (4)	2:03:35 (4)	3:07:39 (4)
		33:22 (4)	1:30:13 (3)	1:04:04 (4)

Du Solo - F 30-39 (4)

		Run1	Bike	Run2
1	741 Catherine Denny	31 Alexandria VA		2:45:59
		26:05 (1)	1:59:22 (1)	2:45:59 (1)
		26:05 (1)	1:33:17 (2)	46:37 (1)
2	768 Ting Zhang	32 Ellicott City MD		2:57:34
		33:37 (2)	1:59:32 (2)	2:57:34 (2)
		33:37 (2)	1:25:55 (1)	58:02 (2)

3	755 Caitrin Martin	34 Bethesda MD		3:14:40
		33:40 (3)	2:13:28 (3)	3:14:40 (3)
		33:40 (3)	1:39:48 (3)	1:01:12 (3)
4	766 Jennifer White	36 Laurel MD		3:33:39
		38:18 (4)	2:24:45 (4)	3:33:39 (4)
		38:18 (4)	1:46:27 (4)	1:08:54 (4)

Du Solo - F 50+ (2)

		Run1	Bike	Run2
1	743 Evelyn Egizi	58 Silver Spring MD		3:25:45
		36:24 (2)	2:17:20 (1)	3:25:45 (1)
		36:24 (2)	1:40:56 (1)	1:08:25 (2)
2	756 Jennifer McDivitt	50 Catonsville MD		3:45:48
		33:51 (1)	2:42:22 (2)	3:45:48 (2)
		33:51 (1)	2:08:31 (2)	1:03:26 (1)

Du Solo - M 29-U (4)

		Run1	Bike	Run2
1	745 William Espinal	19 Springdale MD		2:55:21
		27:16 (1)	2:08:24 (2)	2:55:21 (1)
		27:16 (1)	1:41:08 (2)	46:57 (1)
2	763 David Torgersen	20 Annandale VA		3:17:46
		32:51 (2)	2:07:16 (1)	3:17:46 (2)
		32:51 (2)	1:34:25 (1)	1:10:30 (2)
3	704 Joshua Boehlke	29 Ellicott City MD		3:59:14
		37:43 (3)	2:47:36 (3)	3:59:14 (3)
		37:43 (3)	2:09:53 (3)	1:11:38 (3)
	746 Miguel Espinal-herrera	20 Springdale MD		dnf
		42:01 (4)		
		42:01 (4)		

Du Solo - M 30-39 (7)

		Run1	Bike	Run2
1	759 Greg Saylor	35 Frederick MD		2:07:03
		23:16 (1)	1:28:23 (1)	2:07:03 (1)
		23:16 (1)	1:05:07 (1)	38:40 (1)
2	753 Erin Kelman	39 Germantown MD		2:15:23
		25:45 (2)	1:36:29 (3)	2:15:23 (2)
		25:45 (2)	1:10:44 (3)	38:54 (2)
3	742 Alan Dyer	33 Harrisonburg VA		2:18:27
		26:32 (4)	1:32:34 (2)	2:18:27 (3)
		26:32 (4)	1:06:02 (2)	45:53 (3)
4	713 Ryan Bowen	31 Rockville MD		2:30:08
		26:20 (3)	1:42:16 (4)	2:30:08 (4)
		26:20 (3)	1:15:56 (4)	47:52 (4)
5	750 Paul Johnson	32 Lorton VA		2:47:52
		28:05 (5)	1:50:29 (5)	2:47:52 (5)
		28:05 (5)	1:22:24 (5)	57:23 (5)
6	749 John Jedlinski	32 Topping VA		3:05:24
		30:19 (6)	2:04:07 (6)	3:05:24 (6)
		30:19 (6)	1:33:48 (6)	1:01:17 (6)

7	703 Thomas Barcus	33 Fairmont WV		3:24:08
		33:54 (7)	2:14:58 (7)	3:24:08 (7)
		33:54 (7)	1:41:04 (7)	1:09:10 (7)

Du Solo - M 40-49 (14)

		Run1	Bike	Run2
1	779 Patrick Bosley	42 Westminster MD		2:22:06
		25:48 (3)	1:36:28 (1)	2:22:06 (1)
		25:48 (3)	1:10:40 (1)	45:38 (3)
2	722 Jason Clarke	45 Hunt Valley MD		2:27:37
		25:35 (2)	1:42:57 (4)	2:27:37 (2)
		25:35 (2)	1:17:22 (5)	44:40 (2)
3	747 Brad Hinton	40 Berryville VA		2:30:18
		25:01 (1)	1:49:44 (7)	2:30:18 (3)
		25:01 (1)	1:24:43 (7)	40:34 (1)
4	754 Brian Lancaster	43 Germantown MD		2:35:39
		28:09 (5)	1:42:54 (3)	2:35:39 (4)
		28:09 (5)	1:14:45 (3)	52:45 (5)
5	738 Chris Danaceau	49 Rockville MD		2:41:46
		30:37 (10)	1:47:28 (5)	2:41:46 (5)
		30:37 (10)	1:16:51 (4)	54:18 (7)
6	765 Vashek Vancura	46 Lorton VA		2:44:35
		28:49 (6)	1:41:53 (2)	2:44:35 (6)
		28:49 (6)	1:13:04 (2)	1:02:42 (11)
7	762 Jason Stewart	40 Morgantown WV		2:44:45
		30:39 (11)	1:48:46 (6)	2:44:45 (7)
		30:39 (11)	1:18:07 (6)	55:59 (9)
8	764 Gregory Torgersen	48 Annandale VA		2:47:50
		29:33 (8)	1:54:25 (8)	2:47:50 (8)
		29:33 (8)	1:24:52 (8)	53:25 (6)
9	740 Erwin Del Rosario	40 Ashburn VA		2:50:13
		29:12 (7)	1:54:27 (9)	2:50:13 (9)
		29:12 (7)	1:25:15 (9)	55:46 (8)
10	715 Matt Bowling	48 New windsor MD		2:55:32
		29:43 (9)	1:56:00 (10)	2:55:32 (10)
		29:43 (9)	1:26:17 (10)	59:32 (10)
11	751 Greg Jones	47 Kingwood WV		2:56:24
		27:54 (4)	2:06:29 (11)	2:56:24 (11)
		27:54 (4)	1:38:35 (11)	49:55 (4)
12	744 Miguel Espinal	41 Springdale MD		3:47:59
		34:52 (12)	2:42:17 (12)	3:47:59 (12)
		34:52 (12)	2:07:25 (12)	1:05:42 (12)

Du Solo - M 50+ (6)

		Run1	Bike	Run2
1	748 George Hollerbach	61 Newtown PA		2:42:00
		31:38 (2)	1:48:54 (1)	2:42:00 (1)
		31:38 (2)	1:17:16 (1)	53:06 (1)
2	778 Brad Burns			2:58:47
		35:19 (6)	1:56:45 (2)	2:58:47 (2)
		35:19 (6)	1:21:26 (2)	1:02:02 (3)
3	761 Barry Shorts	50 Seven Valleys PA		3:01:19
		31:54 (3)	2:02:00 (5)	3:01:19 (3)

		31:54 (3)	1:30:06 (5)	59:19 (2)
4	752 Gregory Keim	56 Fairfax VA		3:02:43
		33:45 (5)	1:58:46 (3)	3:02:43 (4)
		33:45 (5)	1:25:01 (3)	1:03:57 (4)
5	757 Barry Nobles	50 Falls Church VA		3:05:57
		31:57 (4)	2:01:50 (4)	3:05:57 (5)
		31:57 (4)	1:29:53 (4)	1:04:07 (5)
6	767 Yueqing Xie	51 Clarksburg MD		3:07:53
		30:13 (1)	2:03:44 (6)	3:07:53 (6)
		30:13 (1)	1:33:31 (6)	1:04:09 (6)