

XTERRA EX2 Off-Road Triathlon 2015

Solo Results by Age Groups

Pl	Bib#	Name	Age	Hometown	Time
Du Solo - F 30-39					
			Run 1	Bike	Run 2
	718	Rudy, Michelle	39:52 (1)	38 Mechanicsburg PA	dnf
			39:52 (1)	2:40:48 (1)	
				2:00:56 (1)	
Du Solo - M 29-U					
			Run 1	Bike	Run 2
1	724	Steele, Will	23:35 (1)	24 Conowingo MD	2:42:24
			23:35 (1)	1:59:23 (1)	2:42:24 (1)
				1:35:48 (1)	43:01 (1)
Du Solo - M 30-39					
			Run 1	Bike	Run 2
1	708	Dyer, Alan	26:21 (1)	32 Harrisonburg VA	2:31:40
			26:21 (1)	1:45:53 (1)	2:31:40 (1)
				1:19:32 (2)	45:47 (1)
2	723	Spence, Matt	29:52 (3)	34 Catonsville MD	2:40:16
			29:52 (3)	1:47:57 (2)	2:40:16 (2)
				1:18:05 (1)	52:19 (3)
3	727	Yingling, Todd	29:57 (4)	38 Hanover PA	3:01:41
			29:57 (4)	2:09:38 (4)	3:01:41 (3)
				1:39:41 (4)	52:03 (2)
4	714	Mullis, Arthur	33:12 (9)	39 Germantown MD	3:08:01
			33:12 (9)	2:08:49 (3)	3:08:01 (4)
				1:35:37 (3)	59:12 (5)
5	712	Johnson, Paul	29:09 (2)	31 Alexandria VA	3:10:39
			29:09 (2)	2:12:01 (5)	3:10:39 (5)
				1:42:52 (5)	58:38 (4)
6	707	Del Rosario, Erwin	30:58 (6)	39 Ashburn VA	3:21:08
			30:58 (6)	2:17:16 (6)	3:21:08 (6)
				1:46:18 (6)	1:03:52 (8)
7	719	Sargent, Michael	32:58 (8)	31 Annandale VA	3:26:50
			32:58 (8)	2:23:01 (8)	3:26:50 (7)
				1:50:03 (8)	1:03:49 (7)
8	709	Gonzalez, Jose	30:24 (5)	34 Stephens City VA	3:29:07
			30:24 (5)	2:26:39 (10)	3:29:07 (8)
				1:56:15 (10)	1:02:28 (6)
9	701	Barcus, Thomas	33:28 (12)	32 Fairmont WV	3:34:37
			33:28 (12)	2:20:23 (7)	3:34:37 (9)
				1:46:55 (7)	1:14:14 (11)
10	711	Horton, Brandon	33:26 (11)	33 Winchester VA	3:38:47
			33:26 (11)	2:32:18 (11)	3:38:47 (10)
				1:58:52 (11)	1:06:29 (10)
11	717	Roberson, Matthew	33:22 (10)	39 Catonsville MD	3:41:50
			33:22 (10)	2:35:37 (12)	3:41:50 (11)
				2:02:15 (12)	1:06:13 (9)

12	706 Crone, Jesse		31 Williamsport PA	3:50:05
		32:45 (7)	2:25:05 (9)	3:50:05 (12)
		32:45 (7)	1:52:20 (9)	1:25:00 (12)

	716 Rice II, Joseph		38 Cresaptown MD	dnf
		44:36 (13)	3:52:02 (13)	
		44:36 (13)	3:07:26 (13)	

Du Solo - M 40-49

		Run 1	Bike	Run 2	
1	705 Clarke, Jason		44 Hunt Valley MD		2:26:28
		25:53 (1)	1:41:40 (1)	2:26:28 (1)	
		25:53 (1)	1:15:47 (1)	44:48 (1)	
2	721 Shorts, Barry		49 Mechanicsburg PA		3:05:49
		32:29 (3)	2:09:00 (3)	3:05:49 (2)	
		32:29 (3)	1:36:31 (3)	56:49 (3)	
3	726 Waldrop, George		46 Newport News VA		3:06:17
		29:06 (2)	2:15:51 (4)	3:06:17 (3)	
		29:06 (2)	1:46:45 (4)	50:26 (2)	
4	720 Sheets, Joe		41 Morgantown WV		3:11:50
		34:55 (4)	2:04:52 (2)	3:11:50 (4)	
		34:55 (4)	1:29:57 (2)	1:06:58 (4)	

Du Solo - M 50+

		Run 1	Bike	Run 2	
1	702 Batchlor, Collin		52 Columbia MD		2:47:05
		30:33 (1)	1:52:42 (1)	2:47:05 (1)	
		30:33 (1)	1:22:09 (1)	54:23 (1)	
2	710 Hopkins, Phil		51 Forest Hill MD		3:13:51
		34:05 (2)	2:07:12 (2)	3:13:51 (2)	
		34:05 (2)	1:33:07 (2)	1:06:39 (3)	
3	725 Teifke, Thomas		50 Arlington VA		3:21:51
		35:12 (3)	2:19:18 (3)	3:21:51 (3)	
		35:12 (3)	1:44:06 (3)	1:02:33 (2)	

Tri Solo - F 20-24

		Swim	Bike	Run	
1	245 Hochman, Betsy		21 Lansdale PA		3:23:09
		27:59 (1)	2:24:34 (1)	3:23:09 (1)	
		27:59 (1)	1:56:35 (1)	58:35 (1)	

Tri Solo - F 25-29

		Swim	Bike	Run	
1	112 Barry, Amanda		26 West Mifflin PA		2:55:12
		24:23 (1)	1:55:06 (1)	2:55:12 (1)	
		24:23 (1)	1:30:43 (1)	1:00:06 (1)	
2	338 Weber, Americia		25 Pittsburgh PA		3:34:39
		32:36 (3)	2:31:00 (2)	3:34:39 (2)	
		32:36 (3)	1:58:24 (2)	1:03:39 (2)	
	207 Cole, Emily		29 Gaithersburg MD		dnf
		25:42 (2)	2:52:09 (3)		
		25:42 (2)	2:26:27 (3)		

Tri Solo - F 30-34

		Swim	Bike	Run	
1	220 Dulaney, Karyn		33 Columbia MD		2:38:10

		20:00 (1)	1:50:44 (1)	2:38:10 (1)	
		20:00 (1)	1:30:44 (1)	47:26 (1)	
2	216 Denison, Jeanie		32 Baltimore MD		3:15:09
		20:29 (2)	2:03:25 (2)	3:15:09 (2)	
		20:29 (2)	1:42:56 (2)	1:11:44 (7)	
3	134 Blackwell, Genia		33 Richmond VA		3:22:43
		26:54 (5)	2:22:43 (3)	3:22:43 (3)	
		26:54 (5)	1:55:49 (4)	1:00:00 (2)	
4	305 Reedy, Lindsay		32 Baltimore MD		3:27:50
		31:55 (7)	2:24:36 (4)	3:27:50 (4)	
		31:55 (7)	1:52:41 (3)	1:03:14 (3)	
5	342 Zinalabedini, Aleah		34 Ellicott City MD		3:38:26
		23:14 (3)	2:35:09 (6)	3:38:26 (5)	
		23:14 (3)	2:11:55 (7)	1:03:17 (4)	
6	258 Kelly, Meegan		31 Silver Spring MD		3:41:30
		25:27 (4)	2:33:00 (5)	3:41:30 (6)	
		25:27 (4)	2:07:33 (5)	1:08:30 (6)	
7	376 Fromberg, Laurie		32 Rockville MD		3:46:55
		30:06 (6)	2:38:47 (7)	3:46:55 (7)	
		30:06 (6)	2:08:41 (6)	1:08:08 (5)	

Tri Solo - F 35-39

		Swim	Bike	Run	
1	232 Gayron, Christine		38 Farmingdale NY		3:02:43
		25:25 (5)	2:06:57 (3)	3:02:43 (1)	
		25:25 (5)	1:41:32 (3)	55:46 (1)	
2	255 Johnson, Laurie		36 Centreville VA		3:02:44
		32:28 (6)	2:05:53 (2)	3:02:44 (2)	
		32:28 (6)	1:33:25 (1)	56:51 (2)	
3	260 Kemp, Maggie		38 Urbana MD		3:08:46
		25:09 (4)	2:05:50 (1)	3:08:46 (3)	
		25:09 (4)	1:40:41 (2)	1:02:56 (4)	
4	299 Plusen, Abby		39 Catonsville MD		3:11:21
		22:21 (2)	2:09:45 (4)	3:11:21 (4)	
		22:21 (2)	1:47:24 (4)	1:01:36 (3)	
5	218 Doda, Ryan		35 Springfield VA		3:47:32
		22:44 (3)	2:32:29 (5)	3:47:32 (5)	
		22:44 (3)	2:09:45 (5)	1:15:03 (5)	
	90 Banks, Corrine		36 Ocean City MD		dnf
		22:17 (1)			
		22:17 (1)			

Tri Solo - F 40-44

		Swim	Bike	Run	
1	308 Rigelman, Jessica		41 Annapolis MD		3:01:23
		25:31 (1)	2:06:12 (1)	3:01:23 (1)	
		25:31 (1)	1:40:41 (1)	55:11 (1)	
2	200 Cecchi, Jenifer		40 West Chester PA		3:51:00
		25:49 (2)	2:45:19 (2)	3:51:00 (2)	
		25:49 (2)	2:19:30 (2)	1:05:41 (2)	

Tri Solo - F 45-49

Swim	Bike	Run
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1	111 Barrett, Danni	21:47 (1) 21:47 (1)	45 Wayne PA	1:51:42 (1) 1:29:55 (1)	2:38:06 (1) 46:24 (1)	2:38:06
2	136 Blandford, Jennifer	30:23 (4) 30:23 (4)	45 Elkridge MD	2:01:53 (2) 1:31:30 (2)	2:56:00 (2) 54:07 (2)	2:56:00
3	248 Hoover, Hully	22:07 (3) 22:07 (3)	46 Hollidaysburg PA	2:24:41 (3) 2:02:34 (4)	3:28:32 (3) 1:03:51 (4)	3:28:32
4	271 Mackem, Lisa	33:01 (5) 33:01 (5)	45 Reston VA	2:28:18 (4) 1:55:17 (3)	3:29:29 (4) 1:01:11 (3)	3:29:29
	224 Emery-Smith, Janell	22:04 (2) 22:04 (2)	47 Ligonier PA			dnf

Tri Solo - F 50-54

		Swim	Bike	Run		
1	340 Weston, Shari	29:51 (2) 29:51 (2)	51 New Britain PA	2:47:07 (2) 2:17:16 (2)	3:52:46 (1) 1:05:39 (1)	3:52:46
2	312 Schneider, Regina	30:59 (3) 30:59 (3)	51 Doylestown PA	2:46:03 (1) 2:15:04 (1)	4:05:17 (2) 1:19:14 (2)	4:05:17
	322 Snoeyenbos, Ann	27:38 (1) 27:38 (1)	51 Towson MD	Bike Incomplete	1:42:38	dnf

Tri Solo - F 55-59

		Swim	Bike	Run		
1	20 Acosta, Judy	29:45 (1) 29:45 (1)	55 Annapolis MD	2:40:31 (1) 2:10:46 (1)	4:22:46 (1) 1:42:15 (1)	4:22:46

Tri Solo - M 15-19

		Swim	Bike	Run		
1	373 Ghalayini, Zack	20:22 (2) 20:22 (2)	18 Fairfax Station VA	1:29:49 (1) 1:09:27 (1)	2:09:32 (1) 39:43 (1)	2:09:32
2	197 Carrigg, Ben	16:58 (1) 16:58 (1)	16 Leonardtown MD	2:09:26 (3) 1:52:28 (3)	2:58:28 (2) 49:02 (2)	2:58:28
3	374 Papanicolas, Tyler	25:31 (3) 25:31 (3)	15 Fairfax VA	2:03:59 (2) 1:38:28 (2)	3:14:15 (3) 1:10:16 (3)	3:14:15

Tri Solo - M 20-24

		Swim	Bike	Run		
1	329 Uber, David	24:46 (5) 24:46 (5)	24 Pittsburgh PA	1:44:41 (1) 1:19:55 (1)	2:33:10 (1) 48:29 (4)	2:33:10

2	341 Wrenn, Nathan	19:28 (2) 19:28 (2)	23 Virginia Beach VA	1:48:10 (2) 1:28:42 (3)	2:34:30 (2) 46:20 (1)	2:34:30
3	213 Dansey, Ian	28:17 (7) 28:17 (7)	24 Washington DC	1:53:30 (3) 1:25:13 (2)	2:40:28 (3) 46:58 (2)	2:40:28
4	227 Farrell, Patrick	20:32 (3) 20:32 (3)	24 Hoboken NJ	1:55:43 (4) 1:35:11 (4)	2:49:08 (4) 53:25 (7)	2:49:08
5	311 Rupp, Bryce	25:42 (6) 25:42 (6)	23 McKeesport PA	2:07:52 (7) 1:42:10 (7)	2:55:06 (5) 47:14 (3)	2:55:06
6	202 Cicio, Nicolas	24:03 (4) 24:03 (4)	23 Acme PA	2:01:04 (5) 1:37:01 (5)	2:57:06 (6) 56:02 (8)	2:57:06
7	242 Hart, Nathan	17:36 (1) 17:36 (1)	23 Arlington VA	2:05:32 (6) 1:47:56 (8)	2:57:26 (7) 51:54 (6)	2:57:26
8	319 Sisto, Samuel	30:12 (8) 30:12 (8)	23 Washington DC	2:10:33 (8) 1:40:21 (6)	3:02:14 (8) 51:41 (5)	3:02:14
	150 Booth, Haley	33:10 (9) 33:10 (9)	24 Glen Burnie MD	Bike Incomplete	1:09:40	dnf

Tri Solo - M 25-29

		Swim	Bike	Run		
1	81 Aubuchon, Scott	19:12 (1) 19:12 (1)	29 Washington DC	1:34:57 (1) 1:15:45 (1)	2:16:17 (1) 41:20 (1)	2:16:17
2	96 Baron, Jay	28:15 (3) 28:15 (3)	29 Wilmington DE	2:11:39 (2) 1:43:24 (2)	3:06:24 (2) 54:45 (2)	3:06:24
3	317 Semrud, Erik	20:02 (2) 20:02 (2)	29 Lexington Park MD	2:29:39 (3) 2:09:37 (3)	3:37:28 (3) 1:07:49 (3)	3:37:28

Tri Solo - M 30-34

		Swim	Bike	Run		
1	339 Welch, Michael	18:50 (1) 18:50 (1)	33 Bear DE	1:29:46 (2) 1:10:56 (2)	2:06:59 (1) 37:13 (1)	2:06:59
2	132 Bittinger, Zach	19:18 (2) 19:18 (2)	33 Frostburg MD	1:25:12 (1) 1:05:54 (1)	2:11:07 (2) 45:55 (4)	2:11:07
3	285 Miller, Jason	27:28 (9) 27:28 (9)	30 West Mifflin PA	1:43:09 (5) 1:15:41 (3)	2:25:51 (3) 42:42 (2)	2:25:51
4	66 Alkire, Bobby	21:54 (5) 21:54 (5)	30 Midlothian MD	1:38:17 (3) 1:16:23 (4)	2:25:59 (4) 47:42 (5)	2:25:59
5	304 Reedy, Anthony	25:40 (7)	33 Baltimore MD	1:42:44 (4)	2:31:26 (5)	2:31:26

		25:40 (7)	1:17:04 (5)	48:42 (6)	
6	235 Gray, Alexander		32 Kensington MD		2:33:13
		20:00 (3)	1:47:46 (6)	2:33:13 (6)	
		20:00 (3)	1:27:46 (6)	45:27 (3)	
7	309 Rosenblum, Kevin		33 Richmond VA		2:45:12
		21:36 (4)	1:53:14 (7)	2:45:12 (7)	
		21:36 (4)	1:31:38 (7)	51:58 (7)	
8	268 Lehman, Karl		34 Newville PA		3:05:22
		29:37 (10)	2:13:18 (9)	3:05:22 (8)	
		29:37 (10)	1:43:41 (8)	52:04 (8)	
9	226 Evans, Brian		30 California MD		3:07:09
		24:24 (6)	2:14:24 (10)	3:07:09 (9)	
		24:24 (6)	1:50:00 (11)	52:45 (9)	
10	237 Greenwell, James		30 Lexington Park MD		3:12:13
		26:56 (8)	2:14:45 (11)	3:12:13 (10)	
		26:56 (8)	1:47:49 (10)	57:28 (10)	
11	288 Moyer, Nathan		31 Cheltenham MD		3:19:02
		29:41 (11)	2:13:36 (9)	3:19:02 (11)	
		29:41 (11)	1:43:55 (9)	1:05:26 (11)	
	284 Medoff, Eric		34 Arlington VA		dnf
		29:47 (12)			
		29:47 (12)	Bike Incomplete	1:01:56	

Tri Solo - M 35-39

		Swim	Bike	Run	
1	91 Banks, Iain		38 Bowie MD		2:07:45
		18:51 (1)	1:29:03 (1)	2:07:45 (1)	
		18:51 (1)	1:10:12 (1)	38:42 (1)	
2	249 Horn, Bob		39 Atlantic Highlands N		2:13:48
		21:15 (5)	1:33:12 (2)	2:13:48 (2)	
		21:15 (5)	1:11:57 (2)	40:36 (5)	
3	204 Clark, Derek		35 Mt. Morris PA		2:18:29
		22:53 (9)	1:39:09 (4)	2:18:29 (3)	
		22:53 (9)	1:16:16 (3)	39:20 (3)	
4	259 Kelman, Erin		38 Germantown MD		2:18:49
		22:20 (6)	1:39:59 (5)	2:18:49 (4)	
		22:20 (6)	1:17:39 (5)	38:50 (2)	
5	246 Hoff, T.J.		36 Haymarket VA		2:22:11
		24:25 (12)	1:41:37 (7)	2:22:11 (5)	
		24:25 (12)	1:17:12 (4)	40:34 (4)	
6	290 Nessler, Kris		36 Bethesda MD		2:26:39
		18:55 (2)	1:41:11 (6)	2:26:39 (6)	
		18:55 (2)	1:22:16 (9)	45:28 (7)	
7	334 Vransy, Chad		39 Westminster MD		2:27:32
		22:22 (7)	1:42:24 (8)	2:27:32 (7)	
		22:22 (7)	1:20:02 (8)	45:08 (6)	
8	263 Klemann, Mark		38 Savona NY		2:32:16
		19:20 (3)	1:38:16 (3)	2:32:16 (8)	
		19:20 (3)	1:18:56 (6)	54:00 (10)	
9	297 Phillips, Casey		36 Yardley PA		2:34:03
		24:43 (13)	1:44:00 (9)	2:34:03 (9)	
		24:43 (13)	1:19:17 (7)	50:03 (9)	

10	318 Shaw, Christopher	22:32 (8) 22:32 (8)	37 Lovettsville VA	1:46:19 (10) 1:23:47 (10)	2:36:21 (10) 50:02 (8)	2:36:21
11	310 Rowe, Chris	23:37 (11) 23:37 (11)	39 Silver Spring MD	1:50:37 (11) 1:27:00 (11)	2:46:10 (11) 55:33 (13)	2:46:10
12	253 Jakovics, Marty	23:35 (10) 23:35 (10)	38 Parkville MD	1:53:43 (12) 1:30:08 (12)	2:48:11 (12) 54:28 (12)	2:48:11
13	294 Ouellette, Jamie	28:19 (15) 28:19 (15)	36 Morgantown WV	2:04:11 (14) 1:35:52 (13)	2:58:15 (13) 54:04 (11)	2:58:15
14	337 Webb, Jeff	19:56 (4) 19:56 (4)	37 Daniels WV	1:56:49 (13) 1:36:53 (14)	3:03:57 (14) 1:07:08 (16)	3:03:57
15	210 Cooley, John Paul	35:28 (16) 35:28 (16)	37 Stafford VA	2:13:55 (15) 1:38:27 (15)	3:13:05 (15) 59:10 (14)	3:13:05
16	275 Marion, Rick	25:19 (14) 25:19 (14)	35 Ellicott City MD	2:23:26 (16) 1:58:07 (16)	3:25:59 (16) 1:02:33 (15)	3:25:59
17	333 VanLeuven, Simon	37:39 (17) 37:39 (17)	37 Glen Burnie MD	2:57:03 (17) 2:19:24 (17)	4:12:45 (17) 1:15:42 (17)	4:12:45
	313 Schueler, Joseph		38 Forest Hill MD			dnf
		Swim Incomplete		1:12:49	49:02	

Tri Solo - M 40-44

		Swim	Bike	Run	
1	336 Weaver, Daryl	20:31 (3) 20:31 (3)	42 Lititz PA 1:25:25 (1) 1:04:54 (1)	2:01:58 (1) 36:33 (1)	2:01:58
2	240 Harnish, Chris	22:03 (4) 22:03 (4)	41 Richmond VA 1:32:24 (3) 1:10:21 (2)	2:12:57 (2) 40:33 (2)	2:12:57
3	99 Barrett, Cameron	19:59 (2) 19:59 (2)	44 Wayne PA 1:31:29 (2) 1:11:30 (3)	2:13:27 (3) 41:58 (3)	2:13:27
4	219 Duba, Johan	16:40 (1) 16:40 (1)	41 Herndon VA 1:34:24 (4) 1:17:44 (5)	2:18:13 (4) 43:49 (4)	2:18:13
5	283 McQuay, Gary	24:01 (6) 24:01 (6)	43 Lexington Park MD 1:39:27 (5) 1:15:26 (4)	2:28:26 (5) 48:59 (6)	2:28:26
6	229 Fulton, Scott	24:10 (8) 24:10 (8)	44 Washington DC 1:45:36 (7) 1:21:26 (7)	2:36:52 (6) 51:16 (7)	2:36:52
7	277 Marvin, Drew		43 Fairfax VA		2:37:49

		24:02 (7)	1:44:26 (6)	2:37:49 (7)	
		24:02 (7)	1:20:24 (6)	53:23 (8)	
8	301 Querry, Brett		40 New Market MD		2:38:44
		25:41 (12)	1:49:51 (8)	2:38:44 (8)	
		25:41 (12)	1:24:10 (8)	48:53 (5)	
9	281 McGrath, Andrew		41 New Market MD		2:54:36
		29:13 (19)	2:00:51 (10)	2:54:36 (9)	
		29:13 (19)	1:31:38 (10)	53:45 (9)	
10	331 Valentine, Don		44 Ligonier PA		2:54:59
		22:24 (5)	1:52:05 (9)	2:54:59 (10)	
		22:24 (5)	1:29:41 (9)	1:02:54 (14)	
11	225 Erickson, Carl		44 Fairfax VA		3:04:36
		26:43 (14)	2:00:54 (11)	3:04:36 (11)	
		26:43 (14)	1:34:11 (12)	1:03:42 (16)	
12	323 Staconis, Michael		41 Arlington VA		3:09:30
		34:04 (21)	2:13:21 (16)	3:09:30 (12)	
		34:04 (21)	1:39:17 (14)	56:09 (10)	
13	194 Bunton, Brad		44 Fairfax VA		3:10:38
		28:47 (18)	2:11:59 (14)	3:10:38 (13)	
		28:47 (18)	1:43:12 (15)	58:39 (11)	
14	256 Kates, Zachary		41 Sterling VA		3:22:11
		25:25 (11)	2:12:54 (15)	3:22:11 (14)	
		25:25 (11)	1:47:29 (18)	1:09:17 (18)	
15	307 Reid, Robert		44 Ellicott City MD		3:23:03
		25:12 (10)	2:11:37 (13)	3:23:03 (15)	
		25:12 (10)	1:46:25 (17)	1:11:26 (20)	
16	72 Allen, Stefan		40 Catonsville MD		3:24:00
		35:50 (23)	2:21:52 (18)	3:24:00 (16)	
		35:50 (23)	1:46:02 (16)	1:02:08 (13)	
17	273 Mah, Jason		42 Catonsville MD		3:24:54
		53:27 (24)	2:25:48 (20)	3:24:54 (17)	
		53:27 (24)	1:32:21 (11)	59:06 (12)	
18	274 Malay, Mark		42 Lebanon OR		3:29:58
		27:38 (16)	2:19:24 (17)	3:29:58 (18)	
		27:38 (16)	1:51:46 (19)	1:10:34 (19)	
19	215 Delaney, Kevin		43 Holland PA		3:34:00
		26:50 (15)	2:30:28 (21)	3:34:00 (19)	
		26:50 (15)	2:03:38 (22)	1:03:32 (14)	
20	254 Johnson, Eric		40 Riva MD		3:42:28
		26:24 (13)	2:25:46 (19)	3:42:28 (20)	
		26:24 (13)	1:59:22 (20)	1:16:42 (22)	
21	262 Kinnee, Kevin		40 New market MD		3:49:16
		31:20 (20)	2:33:33 (22)	3:49:16 (21)	
		31:20 (20)	2:02:13 (21)	1:15:43 (21)	
22	211 Cooper, Ryan		42 Baltimore MD		3:53:25
		35:43 (22)	2:45:22 (23)	3:53:25 (22)	
		35:43 (22)	2:09:39 (23)	1:08:03 (17)	
	193 Broen, Fredrik		44 Annapolis MD		dnf
		28:14 (17)	2:06:27 (12)		
		28:14 (17)	1:38:13 (13)		
	320 Smiraglia, Pablo		41 Herndon VA		dnf

24:49 (9)
 24:49 (9) Incomplete Bike 53:33

Tri Solo - M 45-49

		Swim	Bike	Run	
1	228 Fisher, Jim	17:37 (1) 17:37 (1)	46 Midlothian VA 1:30:19 (1) 1:12:42 (1)	2:10:29 (1) 40:10 (1)	2:10:29
2	234 Gordon, Karl	24:05 (12) 24:05 (12)	48 Richmond VA 1:37:11 (2) 1:13:06 (2)	2:21:31 (2) 44:20 (3)	2:21:31
3	315 Schumann, Keith	19:07 (2) 19:07 (2)	45 Williamsburg VA 1:38:25 (3) 1:19:18 (4)	2:22:37 (3) 44:12 (2)	2:22:37
4	152 Brede, Douglas	21:30 (5) 21:30 (5)	46 Charlottesville VA 1:40:08 (4) 1:18:38 (3)	2:29:30 (4) 49:22 (6)	2:29:30
5	217 Dixon, John	20:44 (4) 20:44 (4)	46 Henrico VA 1:41:09 (5) 1:20:25 (5)	2:33:06 (5) 51:57 (7)	2:33:06
6	18 Accardo, Anthony	22:45 (8) 22:45 (8)	46 Washington Crossing 1:48:21 (7) 1:25:36 (8)	2:37:12 (6) 48:51 (5)	2:37:12
7	250 Hull, Matthew	23:57 (10) 23:57 (10)	45 Jefferson MD 1:46:15 (6) 1:22:18 (6)	2:40:47 (7) 54:32 (12)	2:40:47
8	289 Neal, Andrew	33:22 (20) 33:22 (20)	46 New Market MD 1:56:06 (13) 1:22:44 (7)	2:43:24 (8) 47:18 (4)	2:43:24
9	286 Molter, Chad	21:44 (7) 21:44 (7)	45 Vienna VA 1:52:14 (10) 1:30:30 (13)	2:45:29 (9) 53:15 (9)	2:45:29
10	296 Paulson, John	24:37 (14) 24:37 (14)	47 Germantown MD 1:50:24 (9) 1:25:47 (9)	2:45:34 (10) 55:10 (13)	2:45:34
11	257 Kelley, Tad	24:15 (13) 24:15 (13)	47 Catonsville MD 1:53:10 (12) 1:28:55 (12)	2:46:02 (11) 52:52 (8)	2:46:02
12	321 Smith, Cameron	23:48 (9) 23:48 (9)	45 Montgomery Village M 1:52:31 (11) 1:28:43 (11)	2:48:58 (12) 56:27 (14)	2:48:58
13	222 Dyke, Dave	24:00 (11) 24:00 (11)	45 Bel Air MD 1:50:18 (8) 1:26:18 (10)	2:54:51 (13) 1:04:33 (18)	2:54:51
14	199 Carroll, James	27:11 (18) 27:11 (18)	45 Newark DE 2:05:16 (15) 1:38:05 (15)	2:58:33 (14) 53:17 (10)	2:58:33
15	208 Collins, Christopher	26:00 (16) 26:00 (16)	47 New Market MD 2:02:00 (14) 1:36:00 (14)	2:59:40 (15) 57:40 (16)	2:59:40

16	230 Gardner, Michael	24:42 (15) 24:42 (15)	47 Burke VA	2:11:45 (16) 1:47:03 (16)	3:11:00 (16) 59:15 (17)	3:11:00
17	198 Carrigg, Dan	26:52 (17) 26:52 (17)	49 Leonardtown MD	2:24:37 (18) 1:57:45 (18)	3:18:10 (17) 53:33 (11)	3:18:10
18	327 Talbott, Jay	21:33 (6) 21:33 (6)	49 Silver Spring MD	2:21:06 (17) 1:59:33 (19)	3:18:16 (18) 57:10 (15)	3:18:16
19	332 VandenHeuvel, Paul	36:20 (21) 36:20 (21)	48 Frederick MD	2:32:50 (19) 1:56:30 (17)	3:46:32 (19) 1:13:42 (20)	3:46:32
20	326 Stubbe, Todd	33:04 (19) 33:04 (19)	45 Parkersburg WV	3:00:28 (20) 2:27:24 (20)	4:12:13 (20) 1:11:45 (19)	4:12:13
	264 Klemann, Michael	19:33 (3) 19:33 (3)	46 Annapolis MD			dnf

Tri Solo - M 50-54

		Swim	Bike	Run		
1	291 Newberry, Tucker	18:37 (1) 18:37 (1)	52 Oakton VA	1:39:16 (1) 1:20:39 (2)	2:29:13 (1) 49:57 (5)	2:29:13
2	293 Norton, Tad	25:23 (10) 25:23 (10)	50 Canandaigua NY	1:42:38 (2) 1:17:15 (1)	2:29:32 (2) 46:54 (3)	2:29:32
3	298 Phillips, David	23:49 (6) 23:49 (6)	53 Arlington VA	1:47:29 (4) 1:23:40 (5)	2:31:14 (3) 43:45 (2)	2:31:14
4	377 Toomey, Geo	24:21 (7) 24:21 (7)	50 Bethel Park PA	1:51:02 (6) 1:26:41 (7)	2:33:49 (4) 42:47 (1)	2:33:49
5	214 de Leon, John	24:42 (8) 24:42 (8)	52 Columbia MD	1:46:29 (3) 1:21:47 (4)	2:38:00 (5) 51:31 (8)	2:38:00
6	236 Gray, Pete	25:57 (11) 25:57 (11)	50 Finksburg MD	1:51:31 (7) 1:25:34 (6)	2:38:54 (6) 47:23 (4)	2:38:54
7	266 Lander, Mark	23:18 (4) 23:18 (4)	54 Vienna VA	1:52:54 (8) 1:29:36 (8)	2:45:24 (7) 52:30 (9)	2:45:24
8	279 Mayr, Ingo	27:26 (14) 27:26 (14)	52 Rockville MD	1:49:10 (5) 1:21:44 (3)	2:48:25 (8) 59:15 (13)	2:48:25
9	223 Edwards, Oliver	25:06 (9) 25:06 (9)	53 Silver Spring MD	2:04:36 (11) 1:39:30 (12)	2:55:17 (9) 50:41 (6)	2:55:17
10	126 Bender, Mike	27:06 (13) 27:06 (13)	52 Alexandria VA	2:01:09 (9) 1:34:03 (9)	2:55:38 (10) 54:29 (10)	2:55:38

11	247 Homick, Michael	31:16 (18) 31:16 (18)	53 Huntingtown MD	2:06:30 (13) 1:35:14 (10)	2:57:42 (11) 51:12 (7)	2:57:42
12	270 Mackem, Frederick	21:32 (2) 21:32 (2)	52 Reston VA	2:10:09 (15) 1:48:37 (16)	3:06:00 (12) 55:51 (12)	3:06:00
13	41 Adams, Russ	26:36 (12) 26:36 (12)	53 Springfield VA	2:03:30 (10) 1:36:54 (11)	3:07:54 (13) 1:04:24 (16)	3:07:54
14	196 Carney, Jerry	30:10 (16) 30:10 (16)	52 Hollidaysburg PA	2:19:49 (17) 1:49:39 (18)	3:14:56 (14) 55:07 (11)	3:14:56
15	243 Hayes, Chris	22:46 (3) 22:46 (3)	50 Athens OH	2:09:48 (14) 1:47:02 (15)	3:20:02 (15) 1:10:14 (17)	3:20:02
16	314 Schumacher, John	27:29 (14) 27:29 (14)	51 Baltimore MD	2:16:30 (16) 1:49:01 (17)	3:20:25 (16) 1:03:55 (15)	3:20:25
17	203 Cillo, Curtis	23:46 (5) 23:46 (5)	53 Fairfax VA	2:05:05 (12) 1:41:19 (13)	3:23:52 (17) 1:18:47 (19)	3:23:52
18	269 Leonard, James	34:31 (19) 34:31 (10)	53 Frederick MD	2:21:19 (18) 1:46:48 (14)	3:31:57 (18) 1:10:38 (18)	3:31:57
19	292 Newman, John	30:25 (17) 30:25 (17)	52 Stafford VA	2:42:24 (19) 2:11:59 (19)	3:45:22 (19) 1:02:58 (14)	3:45:22
	155 Bretz, Jack		50 Lebanon PA			dnf
		Incomplete swim	1:38:15		57:49	

Tri Solo - M 55-59

		Swim	Bike	Run	
1	276 Martin, Jean-Paul	20:13 (1) 20:13 (1)	55 Oakton VA 1:32:25 (1) 1:12:12 (1)	2:15:26 (1) 43:01 (1)	2:15:26
2	261 King, John	23:16 (3) 23:16 (3)	57 Shelburne VT 1:44:47 (2) 1:21:31 (2)	2:32:42 (2) 47:55 (2)	2:32:42
3	88 Baird, Joey	26:09 (8) 26:09 (8)	56 Arlington VA 1:52:27 (4) 1:26:18 (4)	2:45:04 (3) 52:37 (4)	2:45:04
4	280 McCoy, Rob	22:28 (2) 22:28 (2)	58 Fairmont WV 1:46:31 (3) 1:24:03 (3)	2:46:44 (4) 1:00:13 (6)	2:46:44
5	238 Halpin, Bruce	27:23 (9) 27:23 (9)	59 Ashburn VA 2:09:50 (8) 1:42:27 (8)	2:59:08 (5) 49:18 (3)	2:59:08
6	212 Danna, Guy	23:55 (4)	57 Abingdon MD 1:57:02 (6)	3:06:04 (6)	3:06:04

		23:55 (4)	1:33:07 (6)	1:09:02 (8)	
7	282 McLaughlin, Bruce		58 Royersford PA		3:08:22
		25:40 (7)	2:05:25 (7)	3:08:22 (7)	
		25:40 (7)	1:39:45 (7)	1:02:57 (7)	
8	267 Laughery, William		56 Marietta OH		3:09:14
		25:11 (6)	1:56:59 (5)	3:09:14 (8)	
		25:11 (6)	1:31:48 (5)	1:12:15 (10)	
9	233 Gilman, Bradley		57 Vienna VA		3:15:22
		30:47 (11)	2:15:40 (9)	3:15:22 (9)	
		30:47 (11)	1:44:53 (9)	59:42 (5)	
10	239 Hampton, John		58 Dundalk MD		3:31:25
		28:14 (10)	2:19:17 (10)	3:31:25 (10)	
		28:14 (10)	1:51:03 (10)	1:12:08 (9)	
	252 Jagodits, Thomas		55 Poollesville MD		dnf
		25:03 (5)			
		25:03 (5)			

Tri Solo - M 60-64

		Swim	Bike	Run	
1	221 Dunham, Nelson		63 Yardley PA		3:20:58
		27:57 (2)	2:20:03 (2)	3:20:58 (1)	
		27:57 (2)	1:52:06 (2)	1:00:55 (1)	
2	278 Matyas, Michael		60 Arlington VA		3:23:11
		26:28 (1)	2:18:50 (1)	3:23:11 (2)	
		26:28 (1)	1:52:22 (3)	1:04:21 (2)	
3	272 Magill, Dave		60 Potomac MD		3:30:54
		30:27 (3)	2:20:30 (3)	3:30:54 (3)	
		30:27 (3)	1:50:03 (1)	1:10:24 (3)	

Tri Solo - M 65+

		Swim	Bike	Run	
1	205 Clark, Jim		65 North Haven CT		3:04:26
		27:51 (1)	2:04:48 (1)	3:04:26 (1)	
		27:51 (1)	1:36:57 (1)	59:38 (1)	
2	201 Christie, Stuart		69 Dedham MA		3:32:11
		28:18 (2)	2:14:53 (2)	3:32:11 (2)	
		28:18 (2)	1:46:35 (2)	1:17:18 (2)	