

## 2018 EX2 Adventures Spring Backyard Burn Trail Running Series

### Race #3 Laurel Hill - April 8, 2018

#### Age Group Results

#### 5 Mile Course (actual distance 5.6miles)

##### 5 Mile F 19-U

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	212	Esme	Damico-Lassman	13	Alexandria VA	0:50:22	50
1	293	Emma	Weaver	14	Manassas VA	0:50:22	50
2	395	Annabelle	O'Keefe	14	Alexandria VA	0:51:51	41
3	220	Emily	Fox	17	Takoma Park MD	0:58:25	35
4	252	Clara	Marks	12	Mclean VA	1:08:19	30

##### 5 Mile F 20-29

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	234	Megan	Hoogland	28	Fairfax VA	0:40:13	50
2	292	Simone	Walter	29	Washington DC	0:50:21	41
3	248	Jessica	Lonsberry	29	Alexandria VA	0:51:51	35
4	285	Lindsey	Swansen	29	Alexandria VA	0:55:59	30
5	228	Emily	Griswold	26	Takoma Park MD	1:06:20	26
6	202	Erika	Anstead	25	Potomac MD	1:12:23	23

##### 5 Mile F 30-39

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	412	Phoebe	Markle	33	Alexandria VA	0:41:56	50
2	205	Rachel	Beckmann	34	Alexandria VA	0:42:58	41
3	282	Dawn	Stevenson	32	Arlington VA	0:44:36	35
4	226	Eden	Gray	37	Arlington VA	0:52:16	30
5	408	Jasmin	Scott	36	Bethesda MD	0:52:56	26
6	239	Gina	Kassem	39	Arlington VA	0:55:00	23
7	210	Katherine	Collins	30	Washington DC	0:57:28	20
8	204	Lauren	Becker	35	Washington DC	0:58:14	17
9	277	Muna	Shikaki	37	Washington DC	0:59:18	15
10	214	Shannon	Desario	37	Fairfax VA	1:00:18	13
11	269	Michelle	Poncetta	36	Washington DC	1:01:10	11
12	406	Brandy	Maes	37	Triangle VA	1:02:02	9
13	242	Bernadette	Lack	37	Stafford VA	1:03:37	8
14	243	Lauren	Laitin	39	Washington DC	1:03:53	7
15	203	Lindsay	Ballard	38	Greenbelt MD	1:03:56	6
16	273	Rebecca	Sayres	37	Arlington VA	1:04:11	5

17	263	Alessandra	Necamp	30	Washington DC	1:04:34	4
18	276	Miquel	Shaw	34	Falls Church VA	1:04:37	3
19	213	Catherine	Decker	34	Springfield VA	1:07:30	2
20	218	Jen	Fiorello	37	Fairfax VA	1:07:51	1
21	254	Kelly	Mccord	36	Fairfax VA	1:08:58	
22	257	Monica	Medina	32	Stafford VA	1:11:31	
23	275	Jessica	Shannon	32	Washington DC	1:14:38	
24	206	Stephanie	Branizor	37	Springfield VA	1:15:02	
25	265	Kat	Ngo	38	Springfield VA	1:15:03	
26	233	Nicole	Hilliard	37	Burke VA	1:19:37	

#### 5 Mile F 40-49

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	279	Shelese	Smith	45	Alexandria VA	0:52:21	50
2	409	Kathryn	Linehan	46	Arlington VA	0:53:59	41
3	225	Jc	Gibbons	45	Reston VA	0:55:08	35
4	291	Jennifer	Walker	42	Oakton VA	0:56:18	30
5	244	Deanna	Lavanty	45	Leesburg VA	0:57:33	26
6	281	Molly	Steele	41	Lorton VA	0:57:54	23
7	253	Kris	Mccallum	47	Flagstaff AZ	0:59:04	20
8	259	Holly	Miller	46	Springfield VA	0:59:11	17
9	247	Valerie	Lincy	42	Washington DC	0:59:26	15
10	294	Heather	Weaver	49	Bethesda MD	1:00:21	13
11	289	Jocelyn	Urgese	43	Fairfax Station VA	1:01:50	11
12	397	Lisa	Novins	41	Washington DC	1:02:15	9
13	288	Anne	Trotter	42	Chantilly VA	1:02:54	8
14	255	Bonnie	Mccready	49	Arlington VA	1:09:30	7
15	410	Elissa	Plylar	47	Manassas VA	1:14:31	6
16	216	Rachel	Elliff	42	Burke VA	1:14:35	5
17	270	Leslie	Preble	46	Burke VA	1:14:42	4
18	268	Mary	Pickering	49	Arlington VA	1:19:55	3
19	256	Julie	Mcdowell	44	Washington DC	1:20:58	2
20	264	Kathleen	Neumann	43	Springfield VA	1:21:50	1
21	241	Christine	Kim	42	Falls Church VA	1:25:51	
22	251	Marsha	Marcano	43	Lorton VA	1:28:29	
23	208	Kara	Chiles	47	Reston VA	1:29:03	

#### 5 Mile F 50-59

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	272	Eliza	Savage	53	Alexandria VA	0:55:14	50
2	215	Kate	Dowling	54	Washington DC	0:56:10	41
3	298	Pamela	Yao	58	Elkridge MD	0:58:40	35

4	271	Becky	Roed	59	Springfield VA	0:59:48	30
5	231	Linda	Henry	55	Fairfax VA	1:00:49	26
6	211	Mary Beth	Corrigan	56	Alexandria VA	1:01:34	23
7	413	Mary	Sattazahn	53	Arlington VA	1:06:26	20
8	260	Jennifer	Morrison	50	Herndon VA	1:09:39	17
9	235	Lori	Howard	50	Alexandria VA	1:12:39	15
10	295	Jane	Welna	54	Takoma Park MD	1:17:14	13
11	246	Jeannette	Lemieux	57	Gaithersburg MD	1:21:49	11
12	258	Dea	Merchant	50	Fairfax VA	1:23:45	9
13	249	Gretchen	Loss	57	Fairfax Station VA	1:28:04	8

#### 5 Mile F 60+

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	283	Joanne	Studer	60	Spotylvania VA	1:05:17	50

#### 5 Mile M 19-U

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	365	Alexander	Newman	11	Stafford VA	0:54:02	50
2	317	Tobias	Damico-Lassman	9	Alexandria VA	0:54:28	41
3	352	Oscar	Linehan-Siu	14	Arlington VA	0:56:03	35
4	368	Liam	Nicholson	15	Fairfax VA	1:01:21	30
5	300	Max	Bauer	9	Vienna VA	1:10:22	26

#### 5 Mile M 20-29

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	341	Alex	Hinton	26	Washington DC	0:37:57	50
2	315	Joseph	Coyle	29	Washington DC	0:51:58	41
3	400	Nicholas	Wood	29	Alexandria VA	1:05:03	35
	401	Kevin	Righi	28	Reston VA	DNF	

#### 5 Mile M 30-39

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	377	Eric	Reinauer	36	Arlington VA	0:40:53	50
2	359	Brian	Madigan	36	Denver CO	0:42:14	41
3	333	Neil	Gormley	35	Washington DC	0:42:52	35
4	311	Chris	Clements	34	Fairfax VA	0:43:42	30
5	385	Daniel	Syzdek	31	Gaithersburg MD	0:44:04	26
6	405	Asher	Burg	34	Washington DC	0:44:43	23
7	393	David	Wright	34	Washington DC	0:44:44	20
8	367	Josh	Nichols	33	Burke VA	0:46:12	17
9	379	Michael	Silberman	37	Washington DC	0:48:20	15
10	402	Sam	Andriessen	31	Alexandria VA	0:50:21	13

11	404	Mike	Brooks	36	Washington DC	0:50:53	11
12	335	Stephen	Gunderson	34	Alexandria VA	0:51:46	9
13	350	Justin	Kurz	33	Falls Church VA	0:52:32	8
14	356	Alex	Lord	32	Alexandria VA	0:55:36	7
15	411	Robert	Padgett	38	Mclean VA	0:56:47	6
16	318	Louis	Drotos	35	Alexandria VA	0:57:20	5
17	330	Peter	Goff	37	Alexandria VA	0:57:41	4
18	331	Pete	Gonyo	39	Bristow VA	0:58:05	3
19	349	Michael	Korte	37	Dumfries VA	0:58:55	2
20	380	Christopher	Sims	35	Lorton VA	1:02:19	1
21	322	Fred	Finch	31	Alexandria VA	1:03:12	
22	390	Aaron	Wesolowski	39	Washington DC	1:04:01	
23	324	Wes	Forster	39	Alexandria VA	1:04:26	
24	326	Jordan	Fuhr	38	Arlington VA	1:08:55	
25	371	Kevin	Palmer	33	Springfield VA	1:10:13	
26	307	Michael	Brown	39	Alexandria VA	1:10:15	
27	301	Andrew	Baumann	30	Silver Spring MD	1:14:39	
28	319	Clint	Echols	37	Bristow VA	1:18:07	
29	347	Kevin	Kato	38	Burke VA	1:26:02	

#### 5 Mile M 40-49

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	384	Jason	Switzer	44	Springfield VA	0:37:59	50
2	396	Peter	Sherry	49	Great Falls VA	0:38:26	41
3	336	Chris	Harnish	43	Richmond VA	0:39:38	35
4	398	Jeffrey	Scofield	47	Dumfries VA	0:43:47	30
5	320	Mike	Feeney	40	Burke VA	0:44:53	26
6	334	Graham	Grove	40	Washington DC	0:45:04	23
7	327	Scott	Fulton	47	Washington DC	0:47:40	20
8	340	Brent	Hill	47	Alexandria VA	0:48:08	17
9	351	Marc	Laitin	44	Washington DC	0:48:59	15
10	403	Kristopher	Hartwell	45	Ft Belvoir VA	0:50:00	13
11	394	T	O'Keefe	48	Alexandria VA	0:50:54	11
12	313	John	Cole	45	Lorton VA	0:52:03	9
13	328	Greg	Garst	47	Haymarket VA	0:52:11	8
14	314	Dan	Combs	46	Vienna VA	0:52:19	7
15	378	Chris	Schneidmiller	46	Arlington VA	0:54:38	6
16	407	Sean	Coleman	47	Washington DC	0:54:55	5
17	321	David	Fick	41	Fairfax VA	0:56:01	4
18	381	David	Siu	43	Arlington VA	0:56:04	3
19	382	Brett	Steele	42	Lorton VA	0:56:07	2
20	312	Bryan	Clickener	41	Fairfax Station VA	0:57:09	1

21	387	Bryan	Weaver	44	West Springfield VA	0:57:52	
22	355	Mike	Long	42	Sterling VA	1:00:59	
23	366	Leonard	Newsom	48	Largo MD	1:02:53	
24	354	Roderick	Little	45	Lansdowne VA	1:02:56	
25	374	Tony	Pisarenkov	44	Alexandria VA	1:05:35	
26	376	David	Ravetti	49	Springfield VA	1:10:32	
27	316	Fidel	Cruz	47	Alexandria VA	1:19:35	

#### 5 Mile M 50-59

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	338	Kevin	Hensley	56	Washington DC	0:45:54	50
2	345	Stefan	Johansson	51	Vienna VA	0:48:47	41
3	362	David	Mccready	50	Falls Church VA	0:50:10	35
4	302	Mark	Billinghurst	56	Arlington VA	0:51:10	30
5	325	Robert	Fox	52	Takoma Park MD	0:51:15	26
6	309	Glenn	Buchter	54	Alexandria VA	0:51:19	23
7	332	James	Gormley	58	Ellicott City MD	0:53:14	20
8	304	Ken	Bocam	52	Potomac MD	0:56:08	17
9	308	Tyson	Brown	50	Alexandria VA	0:56:56	15
10	337	Scott	Henry	58	Fairfax VA	1:02:33	13
11	339	Steve	Herman	53	Burke VA	1:05:42	11
12	343	Jim	Howard	57	Alexandria VA	1:05:59	9
13	310	W	Churchill	52	Herndon VA	1:06:33	8
14	399	Phil	Bauer	52	Vienna VA	1:10:23	7
15	305	Darold	Brinley	52	Herndon VA	1:13:31	6
16	364	Andrew	Mergen	54	Washington DC	1:17:23	5
17	357	Bob	Ludwig	55	Washington DC	1:20:12	4
18	353	Ian	Little	57	Reston VA	1:28:47	3

#### 5 Mile M 60+

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	375	Paul	Rapavi	60	Springfield VA	0:47:09	50
2	358	Patrick	Lusk	63	Fairfax VA	0:57:58	41
3	299	Ron	Bardach	60	Vienna VA	1:05:04	35

**10 Mile Course (actual distance 10.1 miles)****10 Mile F 20-29**

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	859	Shannon	Hall	25	Mclean VA	1:30:48	50
2	852	Morgan	Danner	27	Washington DC	1:46:52	41
3	857	Julia	Garza	28	Bethesda MD	1:56:00	35
4	841	Haley	Adducci	24	Alexandria VA	2:09:49	30
5	877	Samantha	Shick	27	Ashburn VA	2:16:45	26
6	870	Victoria	Morales	28	Mechanicsville VA	2:16:49	23

**10 Mile F 30-39**

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	869	Diane	Mogard	37	Springfield VA	1:27:35	50
2	881	Kim	Walker	32	Washington DC	1:30:19	41
3	873	Alison	Perencevich	33	Washington DC	1:31:48	35
4	863	Gloria	Maier	35	Washington DC	1:35:25	30
5	850	Tiffiney	Carney	38	Washington DC	1:37:34	26
6	948	Becky	Myrold	32	Arlington VA	1:39:25	23
7	865	Laurel	Marley	36	Warrenton VA	1:40:12	20
8	846	Sara	Betancurt	30	Washington DC	1:42:43	17
9	861	Kai	Johnson	37	Alexandria VA	1:46:04	15
10	947	Lisa	Kolas	36	Leesburg VA	1:47:57	13
11	946	Katie	Mitchell	35	Leesburg VA	1:49:06	11
12	879	Christina	Stigliani	35	Arlington VA	1:49:31	9
13	856	Syreetta	Fields	31	Fairfax VA	2:02:56	8
14	855	Faith	Dougherty	38	Alexandria VA	2:09:38	7

**10 Mile F 40-49**

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	845	Darcey	Bennett	42	Arlington VA	1:29:53	50
2	862	Amy	Luyster	44	Fairfax Station VA	1:30:09	41
3	860	Melissa	Handrigan	43	Arlington VA	1:33:15	35
4	876	Jennifer	Schick	40	Woodbridge VA	1:39:46	30
5	853	Kara	Defilippi	41	Arlington VA	1:51:04	26
6	878	Monica	Slade	47	Chantilly VA	1:52:55	23
7	849	Stephanie	Brinley	49	Herndon VA	1:55:50	20
8	847	Mary	Beverly	44	Frederick MD	1:57:16	17
9	858	Sarah	Halgas	43	Ashburn VA	1:57:17	15
10	848	Ksenia	Boitsova	47	Silver Spring MD	2:01:08	13
11	872	Diane	Pancoska	46	Silver Spring MD	2:17:07	11
12	871	Danielle	Newman	41	Mclean VA	2:17:11	9

13	851	Mary	Cummins	44	Fairfax VA	2:21:53	8
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**10 Mile F 50-59**

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	880	Katya	Vines	50	Washington DC	2:11:56	50

**10 Mile M 19-U**

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	895	Desmond	Damico-Lassman	11	Alexandria VA	1:46:32	50

**10 Mile M 20-29**

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	892	Matt	Cassi	29	Washington DC	1:19:17	50
2	887	Neil	Brown	27	Rockville MD	1:21:15	41
3	885	Cameron	Billinghurst	24	Arlington VA	1:26:51	35
4	883	Austin	Bailey	29	Bethesda MD	1:28:55	30
5	939	Bradley	Smith	26	Centreville VA	1:46:15	26

**10 Mile M 30-39**

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	943	David	Magida	31	Washington DC	1:05:51	50
2	929	James	Pearce	38	Rockville MD	1:06:35	41
3	897	Samuel	Druetzler	32	Manassas VA	1:11:52	35
4	937	Travis	Rudge	38	Centreville VA	1:12:58	30
5	902	Jason	Gilmore	36	Washington DC	1:14:21	26
6	886	James	Brennan	39	Fairfax VA	1:17:17	23
7	903	Matt	Greytak	35	Herndon VA	1:20:08	20
8	919	Lance	Mogard	33	Springfield VA	1:23:27	17
9	949	Mike	Hammond	33	Annapolis MD	1:27:16	15
10	911	Iacob	Koch-Weser	35	Washington DC	1:28:22	13
11	921	Loay	Naji	37	Centreville VA	1:33:46	11
12	927	Josh	Parker	39	Martinsburg WV	1:34:39	9
13	900	Michael	Gill	30	Washington DC	1:35:46	8
14	917	Michael	Lynch	39	Arlington VA	1:36:07	7
15	928	Moises	Paulino	31	Alexandria VA	1:36:13	6
16	936	Nicholas	Rotteveel	35	Springfield VA	1:38:12	5
17	920	John	Mooney	33	Alexandria VA	1:38:19	4
18	893	Brendan	Connor	32	Washington DC	2:07:10	3

**10 Mile M 40-49**

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	944	Keith	Freeburn	44	Centerville VA	1:13:36	50

2	899	Jonathan	Ferguson	41	Bethesda MD	1:15:46	41
3	930	Andrew	Pugh	48	Washington DC	1:16:21	35
4	904	Lenny	Headley	41	Spotsylvania VA	1:30:01	30
5	888	Aaron	Brundage	44	Reston VA	1:36:46	26
6	913	Kent	Lassman	43	Alexandria VA	1:37:14	23
7	933	Alonso	Revilla	47	Springfield VA	1:40:23	20
8	945	William	Pott	40	Arlington VA	1:44:22	17
9	912	Edward	Labelle	48	Fredericksburg VA	1:53:57	15
10	940	Kyle	Stuckey	48	Martinsburg WV	2:10:41	13

### 10 Mile M 50-59

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	923	Gregory	Noonan	52	Washington DC	1:16:58	50
2	882	Pedro	Acosta	51	Springfield VA	1:19:29	41
3	914	Bruce	Lemieux	52	Gaithersburg MD	1:21:26	35
4	941	Patrick	Sullivan	51	Vienna VA	1:28:25	30
5	950	Chris	Hunter	52	Mclean VA	1:29:38	26
6	922	Barry	Nobles	51	Falls Church VA	1:32:41	23
7	918	Eric	Meister	51	Ashburn VA	1:33:04	20
8	910	Gregory	Keim	57	Fairfax VA	1:37:48	17
9	890	William	Burdett	52	Chantilly VA	1:46:41	15
10	905	David	Henderson	59	Alexandria VA	1:47:10	13
11	908	David	Janas	51	Springfield VA	1:49:33	11
12	924	Nicolas	Nouvel	52	Springfield VA	1:52:49	9
13	942	Garry	Young	55	Arlington VA	1:54:33	8

### 10 Mile M 60+

Place	Bib #	First Name	Last Name	Age	Hometown	Time	R3 Points
1	901	Bradley	Gilman	60	Vienna VA	1:45:54	50
2	891	Mike	Carey	62	Spencerville MD	2:10:52	41