Backyard Burn

Trail Running Series (Spring)
2010 Registration Form

Mar. 7	Mar. 14	Mar. 28	Apr. 11
Wakefield Park	*Hemlock Overlook*	*Fountainhead Regional Park*	*Prince William Forest Park*

Name: |__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|

City: |__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|

Address: |__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|

State: |__|__| **Zip:** |__|__|__|__|__| - |__|__|__|__|

E-mail: (mandatory to email race confirmation) |__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|__|

Phone (Day): |__|__|__| - |__|__|__|__|__|__|__|

Gender: (circle) F / M

T-Shirt Size: (circle) S M L XL

Date of Birth: ___/___/______

Age: ________

Phone (Evening): |__|__|__| - |__|__|__|__|__|__|__|

Age Group: (check) *(age group determined by your age on the first day of series - 3/7/2010)*
___ 29 and Under ___ 30-39 ___ 40-49 ___ 50+

Distance: (check)
___ 5 Mi. ___ 10 Mi.

Entry Fees:

Series (4 races) - 5 mile
Early: $110* Regular: $120** Race Day: $130
_____ Series

Individual Races - 5 mile (check all that apply)
Early: $30* Regular: $35** Race Day: $45
___Race 1 on 3/7/10 at Wakefield Park
___Race 2 on 3/14/10 at Hemlock Overlook
___Race 3 on 3/28/10 at Fountainhead Regional Park
___Race 4 on 4/11/10 at Prince William Forest Park

Series (4 races) - 10 mile
Early: $125* Regular: $135** Race Day: $145
_____ Series

Individual Races - 10 mile (check all that apply)
Early: $35* Regular: $40** Race Day: $50
___Race 1 on 3/7/10 at Wakefield Park
___Race 2 on 3/14/10 at Hemlock Overlook
___Race 3 on 3/28/10 at Fountainhead Regional Park
___Race 4 on 4/11/10 at Prince William Forest Park

Total Amount Enclosed:

$_______________

*Early registrations must be postmarked by 1/7/10 for race #1 and the series, by 1/14/10 for race #2, by 1/28/10 for race #3, and by 2/11/10 for race #4.

**Regular registrations must be postmarked 7 days before race. On-line Registration at Active.com will remain open until 3 days before race.

We must receive registrations at least 10 days before the event to guarantee a t-shirt in your specified size. In an attempt to predict racer participation, we will order additional t-shirts. However, those registering within 10 days of the event will receive t-shirts while supplies last.

If we run out of t-shirts, you can choose one from our vintage stock.

Mail Registration Form and check for full payment to:
(make check payable to EX2 Adventures)
EX2 Adventures
ATTN: Backyard Burn (Spring)
4450 Rivanna Lane, MB# 3719
Fairfax, VA 22030-4441

Racers may compete in only one age group. Registration is on a first come, first served basis. Space is limited to 300-450 competitors, depending on the park. All competitors receive a confirmation email once officially registered in the series. For more information visit: www.ex2adventures.com, email info@ex2adventures.com or call (571) 251-6034