

EX2 Adventures, LLC

LIABILITY WAIVER

I, (participant name): _____
(print)

1. AS A PARTICIPANT UNDERSTAND AND ACKNOWLEDGE THAT:

- A. Participation in adventure sports races produced by EX2 Adventures, LLC entails known and unanticipated risks which could result in physical or emotional injury, damages or illness including, but not limited to, bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that could cause serious disability to myself, to property or to third parties. I acknowledge that such risk cannot be eliminated without jeopardizing the essential qualities of the activity.
- B. EX2 Adventures, LLC takes reasonable precautions to insure that challenges and activities at Hemlock Overlook Center for Outdoor Education, Fountainhead Regional Park, Bull Run Marina, Wakefield Park, Prince William Forest Park, Rocky Gap State Park, or any and all other activities led, run, or organized by EX2 Adventures, LLC are conducted by qualified personnel in a safe and responsible manner. However, I further understand that these activities involve certain risks, both physical and emotional. I acknowledge and assume the risk of injury and/or disability inherent with being an active participant in adventure sports races produced by EX2 Adventures, LLC.
- C. If applicable, I have disclosed all medical conditions and all physical activity concerns on the attached "MEDICAL/PHYSICAL CONCERNS QUESTIONNAIRE".
- D. These adventure sports races are physically demanding and the potential for injury to myself exists even though safety systems are provided. I agree to assume, and bear the costs of all risks that may be created, directly or indirectly, by any medical condition that I may have.
- E. All of the race activities are strictly voluntary, and it is always the responsibility of the participant to limit his or her participation in any way he or she deems appropriate.
- F. Failure to follow safety instructions may lead to a participant's removal from the race. Discretion is left entirely to EX2 Adventures, LLC directors and staff to determine whether and when removal is appropriate.
- G. Participants may be transported by EX2 Adventures, LLC contracted vehicles to and from activities at various sites.
- H. EX2 Adventures, LLC race staff or contractors may photograph and/or film me. You will not be notified if your photograph or likeness is to be published and/or used for profit.

2. AS A PARTICIPANT, AGREE:

- A. To hold harmless EX2 Adventures, LLC, Hemlock Overlook Center for Outdoor Education, George Mason University, The Commonwealth of Virginia, The Northern Virginia Regional Park Authority, Prince William Forest Park, The National Park Service, Wakefield Park, The Fairfax County Park Authority, Rocky Gap State Park, The State of Maryland, Western Maryland Adventures, USARA, USAT, Team Unlimited and their officers, employees, and agents from any claim, damage, liability, injury, expense or loss, including defense costs and attorney's fees, arising from activities under this agreement.
- B. To authorize EX2 Adventures, LLC to initiate emergency evacuation or treatment in case of serious injury or illness.

By signing this document, I acknowledge that I have read and fully understand this document.

X _____ / /
Participant Signature (Date)

Emergency Contact: _____ Relationship: _____ Phone: _____